

# NETWORK IN AGING

OF WESTERN NEW YORK, INC  
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Network in Aging  
of Western New York, Inc.

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# "A Knight at the Castle"

Please join us for a "knight" at the castle...and help the Network in Aging celebrate 37 years! Please join in as we say Happy New Year and commemorate 37 years of serving the WNY senior community. The evening will include hors d'oeuvres and one drink ticket, with cash bar.

**Cost: \$30**

Includes hors d'oeuvres and drink ticket  
Cash bar will be available

**Tonawanda Castle**  
69 Delaware Street  
Tonawanda, NY 14150

**Tuesday, January 23<sup>th</sup>, 2018**  
6:00 PM to 8:00 PM

Register online at [www.networkinaging.org](http://www.networkinaging.org) by  
Thursday, January 11th

If you have any questions, please contact Lisa Boron at:  
[lisaboro@buffalo.edu](mailto:lisaboro@buffalo.edu) or (716) 829-3712



Our honorary charity will be WNY Heroes, Inc. which assists disabled and needy war Veterans and Service Members, their dependents, and the widows and children of deceased veterans.

Donations of Walmart or Tops gift cards will be graciously accepted at the event to help support WNY veterans.

This event is sponsored by:



Desserts provided by:





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## Network in Aging of Western New York, Inc.

### OFFICERS

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**Kristin Surdej, LMSW, CMC**  
*Laping, Surdej Associates, LLC*

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#### V.P. Network with the Network Events

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*Park Creek Senior Living*

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**Angie Blackley**  
*The Dale Association*

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**Sharon Plant**  
*People Inc.*

#### Past President

**Dot Swift**  
*Schofield Residence & Home Health Care*

#### Founding President

**Dr. Evan Calkins**

### BOARD MEMBERS

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*Allwel*

# 37<sup>TH</sup> ANNUAL MEETING

NOVEMBER 2ND, 2017



Dr. Will Miller



Program of Excellence award - Silver Pride Project



Student poster session winners



Basket raffle committee



Dr. & Mrs. Evan Calkins (Founder)



Dr. Evan Calkin's Meritorious Service Award - Leilani Pelletier



Leilani Pelletier with Dr. Calkins



2017 Board of Directors

## THANK YOU AGAIN TO ALL SPONSORS OF THE 37<sup>TH</sup> ANNUAL MEETING

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## Network in Aging of Western New York, Inc.

### Don't miss out on taking advantage of your MEMBERSHIP BENEFITS!

- Submit an article in our quarterly newsletter
- Host a Network with the Network event or co-sponsor an event
- Submit a business card size ad in the newsletter

Call Lisa Boron at 829-3712  
or email [lisaboro@buffalo.edu](mailto:lisaboro@buffalo.edu)  
for more information

### LOOKING TO GET INVOLVED ?

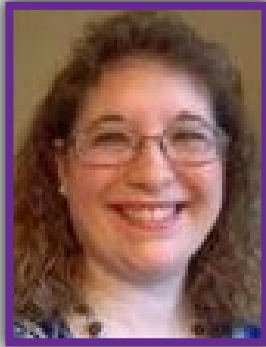


Interested in meeting new people, writing, proofreading, or dabble in social media?! Think about joining the communications committee!! We met every second Tuesday of the month! Next scheduled meeting is February 13th.

Check out page 4 for more details

# PRESIDENT'S MESSAGE

KRISTIN SURDEJ



I write this message to the membership as we enter a new year, 2018.

We celebrated Fall in the month of October together in Niagara County with host Lockport Presbyterian Home and co-hosts Accessible Home Solutions, Hearts & Hands, Preventative Diagnostics and R.J. Financial Associates. The theme was October fallfest with local fall treats, including cider.

Mount Calvary Pine Lawn Cemetery was the host along with co-hosts Dietrich Funeral Home, Laping, Surdej Associates and Sitters On Standby in November for the Network with the

Network. The theme was giving thanks and highlighted our veterans by collecting donations to ship overseas and making cards to distribute at the VA hospital.

Thank you to Juniper Glen for hosting December's Network with the Network event along with Allegra, Center for Elder Law & Justice and Clear Captions. The mood was festive with some attendees decked out in ugly holiday sweaters. The entertainment by Sax Man Slim added to the festivities. We had the unique opportunity to view the new Alzheimer's Special Care Center just prior to opening its doors to the first residents.

The Strategic Planning Committee has completed all planned sessions and added one additional session to wrap up some loose ends before the end of the year. Dopkins & Company had been excellent partners with the Network in this endeavor. A special thank you to Ralph Jeswald and Sarah Hedges, our facilitators. A presentation to the full board of the work completed by the Strategic Planning Committee is scheduled for January and the board will likely vote on implementation of suggestions of the Strategic Planning Committee at our March full board meeting. Once approved we can move forward on implementation. This is where the board, committee members and you are key. We will be looking for members, those new and those longstanding to step up and take ownership of the work to carry out the strategic plan over the next three years. I will share more exciting details with you in the next newsletter.

I look forward to the new year, everything in store for the Network and seeing everyone at the January Social. Best wishes for a happy and healthy new year!

## THE NETWORK WELCOMES ITS NEWEST MEMBER AGENCIES

WE WELCOME FIVE NEW MEMBER AGENCIES!

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## MAKE THE MOST OF YOUR NETWORK MEMBERSHIP BY JOINING A COMMITTEE TODAY

### COMMITTEE CO-CHAIRS & MEETING INFORMATION

Please be sure to verify meeting date, time and location as there are occasional changes!

The Network has four working committees and ad hoc committees as needed. Please contact our committee chairs directly if you'd like to join a committee, or if you want more information.

#### COMMUNICATIONS COMMITTEE

Establishes and directs the Network's print and online communications with its members and the public. The committee meets monthly on the second Tuesday; next meeting February 13th at 9am at Panera Bread, 1593 Niagara Falls Blvd, near Consumers Square in Amherst.

##### CHAIR

Pamela Pace (ppace@centershealthcare.org) (716) 863-9035

#### EDUCATION COMMITTEE

Plans and carries out educational programs on aging related issues and develops seminars on matters of public policy affecting older persons. This committee meets the second Thursday of each month at 8:45 AM at Meals on Wheels for WNY, Inc., 100 James E. Casey Drive, Buffalo.

##### CO-CHAIRS

Angie Blackley (angie.blackley@daleassociation.com) (716) 433-1886  
Maria Schenk (maria.schenk@univerahealthcare.com) (716) 860-9015

#### MEMBERSHIP COMMITTEE

Reviews and recommends changes in membership dues and benefits; coordinates ongoing membership recruitment efforts. This committee meets the fourth Thursday of each month at 8:00 AM at Panera Bread, 1593 Niagara Falls Blvd, near Consumers Square in Amherst. There are NO committee meetings in August or December.

##### CO-CHAIRS

Jane Nogowski (jnogowski@park-creek.com) (716) 632-3000  
Larry Raines (lraines@caringtransitions.com) (716) 553-4538

#### SPECIAL EVENTS COMMITTEE

Plans social functions and fundraising events for the Network in Aging. This committee meets the fourth Tuesday each month at 8:30AM at Heathwood 815 Hopkins Road, Williamsville, NY 14221. There is NO July, December and January meetings.

##### CO-CHAIRS

Sharon Plant (splant@peopleinc.org) (716) 817-7419  
Suzanne Desfosses-Gilliam (sdg@touchinghearts.com) (716) 898-8566

#### NOMINATING COMMITTEE

This Committee solicits and accepts nominations for positions on the Network in Aging Board of Directors and presents a slate of officers and directors to the membership for their consideration. Meetings are scheduled as needed.

##### CO-CHAIRS

Anne Binga, LMSW (annebinga@gmail.com) (716) 209-0999  
Kashia Brosius (kbrosius@peregrineslanding.com) (716) 893-3000



# PEOPLE INC

## Support for Seniors and their Caregivers

### Senior Companion Program *Now accepting volunteers*

Assists seniors who have difficulty with daily living tasks so they can retain their dignity and independence. Both seniors receiving help and their Companions are 55 or older, living in Erie County and meet income eligibility requirements.

716.768.2381

### Senior Outreach Program

*Available in Kenmore, Grand Island, North Buffalo, Tonawanda (city and town) and West Buffalo*

Provides case management services to seniors age 60 and up who need support to continue living in their homes. Seniors and their caregivers receive a variety of assistance while living in their homes.

716.768.2357

### Making a Difference in a Senior's Life

People Inc. Senior Services provide many benefits for older adults as well as their caregivers. Two of the programs that professionals in the senior services field may find beneficial for their clients or their own family include People Inc.'s Senior Companion and Senior Outreach Programs:

The People Inc. Senior Companion Program assists older adults, 55 and up and living in Erie County, who need assistance with daily living tasks. Companion volunteers assist participating seniors with grocery shopping, going for walks, light cooking and housekeeping, while providing a break for caregivers. The program is in need of additional compassionate volunteers, who are also age 55 or over, live in Erie County and meet income guidelines. They receive training and earn a stipend, mileage and meal reimbursement. Volunteers receive rewarding experiences and seniors can remain independent in their familiar surroundings. To learn

more or suggest to someone you know to volunteer, call 716-768-2381.

Through the People Inc. Senior Outreach Program, case management services are provided to seniors 60 years or older who live at home to provide the necessary support to age in place. The program is available to seniors who live in Kenmore, Grand Island, North Buffalo, Tonawanda (city and town) and West Buffalo. Seniors enrolled will gain access to appropriate services, including: Adult day care, caregiver resources, food stamps, health insurance /Medicaid, housekeeping and home care services. Spanish speaking staff are available. For more information for a senior you assist, call 716-768-2357.

People Inc. values the community's growing senior population. Through affordable apartments, outreach, healthcare and a day program that helps individuals with memory loss, the agency is committed to encouraging older adults to get the most out of life, overcome challenges and achieve independence. 🌸

# BROOKDALE SENIOR LIVING SOLUTIONS



### Brookdale's 2018 Optimum Life Continuing Education Series Announced

For several years, Brookdale Senior Living, Inc. has offered free, one-hour-long presentations for healthcare professionals in need of 1.0 credit of continuing education. The Optimum Life Continuing Education Series has proven to be a huge success and many local professionals have been able to keep current by attending Brookdale's programs each month. Credits are awarded to nurses, social workers, case managers and

nursing home administrators, yet other professionals in the field of aging find the programs pertinent to their business.

Based on feedback from participants, Brookdale has created more flexibility and convenience by removing the live sessions and instead, providing pre-recorded sessions. These sessions still qualify for 1.0 CEU as each topic expires at the end of the month. The biggest improvement to the series is the ability to present the entire program at your place of business. Several WNY Brookdale locations will still have the scheduled sessions on site as well.

Topics for 2018 include leadership in healthcare, safety and inclusion for LGBT elders, ethics and confidentiality, and technology trends in senior living, just to name a few. For details and a full list of topics, please call Katie Burzynski at (716) 874-3200 or email [KBurzynski@brookdale.com](mailto:KBurzynski@brookdale.com). 🌸



# CLEAR CAPTIONS

Did you know that more than 48 million Americans have some form of hearing loss? For them, something as routine yet vitally important as talking on the phone can become difficult and even distressing. It doesn't have to be this way.

### Get the whole conversation.

Rather than ask callers to repeat what they've said or, worse yet, take a chance on missing or misunderstanding important information (such as appointment details, prescription instructions, and so on), you can elect to see every word! A captioning phone with ClearCaptions™ service makes sure you can hear and SEE what callers are saying. It's a near real-time display of what is being said, easy to read, easy to use, and even easy to save and review at a



later date. The good news is that you can maintain confidence and independence in using the phone—every time, any time.

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### Never miss a word!

If you or someone you know with hearing loss could benefit from a captioning phone, reach out to Douglas Braun now at 716-381-7624. It's fast, it's easy and it keeps you connected. See for yourself. 🌸

## SAGE MANAGEMENT CORPORATION OF WESTERN NEW YORK

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Sage Management Corporation of Western New York offers subsidized rents to qualified applicants. Eligible applicants must be 62 years of age or older or disabled of any age. The rent, including utilities, paid by each resident will not exceed 30% of their gross monthly income.

Each apartment is carpeted throughout in neutral colors with the exception of the kitchen and bathroom that are finished in vinyl for easy cleanup. The bathroom is specifically designed to accommodate the elderly with safety features such as grab bars. Additional safety features include "emergency" pull cords located in

the bathroom and bedroom that enable the residents to summon help from a 24 hour emergency response system.

Common areas of each location include a main entry way/lobby where the mailboxes and intercom system are located. There is a coin operated laundry room on each floor, a community room, public restroom, office as well as a vertical lift to provide accessibility to the second floor units.

Services such as shopping, medical, entertainment and educational facilities are located within the general vicinity. Additional services available include a fire station, police station, hospital and several churches. 🌸





## PRESBYTERIAN VILLAGE AT NORTH CHURCH



Sometimes something is so big, so grand, so exciting, that you cannot wait to share! That is how we feel at Presbyterian Senior Care of WNY about our renovations at our Independent Living Community Presbyterian Village at North Church in Williamsville, NY. And we offer an open invitation for you to come see! We've updated the décor, the lighting and our community rooms. We've created libraries, games rooms and intimate conversation areas. Our new cozy furniture highlights the feeling of home, and we've worked

hard to bring the beautiful gardens and grounds we have outside to the indoors with our artwork. Our residents are enjoying their new kitchenette areas in the community rooms, perfect for gathering for appetizers with friends. And we are certain to be warming up by the new fireplaces when the snow begins to fall.

If you'd like to come see us please call Brandi Mullen, Administrator, at 716-631-3430 or email her at [bmullen@pscwny.org](mailto:bmullen@pscwny.org). 🌸

## THE DALE ASSOCIATION



### The Dale Association: A Collaborative Connection

You've probably run across this scenario: You get a call about an elderly resident who has a specific need (i.e. transportation to a medical appointment, or a simple request for information). So you visit with the client. Then little by little you uncover a growing list of concerns and needs. At The Dale Association our senior support staff sees this on a daily basis. People are often reluctant to ask for all the help they truly need. During initial meetings with participants, our staff gathers information by asking open-ended questions and making observations of their surroundings. This clues us into the immediate, and sometimes longer term needs.

The Dale Association's supportive senior service coordinators and our geriatric community mental health nurse work collaboratively with one another in order to fully meet the needs of older adults in Niagara County - short term and long term. Participants in one Dale program can frequently benefit from the services of another Dale program. When appropriate - and always with a client's permission, we enroll professionals

from other related service agencies. We find that our participants also benefit from and appreciate the social and supportive environment of our Lockport Senior Centre. At our Centre, where everyone is welcome, we see new and old connections formed, renewed interest in activities, expressions of joy and newfound feelings of overall wellness.

The Dale Association is often the first step in a person's journey to seek a solution to a problem. We're proud that we can bridge the gap for 36,000+ adults each year. Meeting immediate needs is incredibly important. But it doesn't stop there. Empowering adults to live their best life - however each individual defines it - is the ultimate goal. Since 1951, The Dale Association staff has been honored to be a part of so many lives - in good times, and bad.

The Dale Association proudly provides: Supportive Services for Older Adults; Mental Health Counseling for Adults; Caregiver Support; Intergenerational Programs; Enrichment; Travel and Volunteerism. **For information on how we can help someone you care about, please call: 716-433-1886, or visit: [www.daleassociation.com](http://www.daleassociation.com).** 🌸



## COMMUNITY CONCERN

### Community Concern of WNY Acquires Hamburg Counseling Services Inc.

Community Concern of WNY announces that it is acquiring Hamburg Counseling Services to ensure increased access to much needed mental health and senior care management services in Southern Erie County. An Erie County analysis shows that between 45% and 92% of the population in Southern Erie County have unmet mental health needs.

Three foundations are supporting this acquisition because of the demonstrated need for increased access to mental health services and their confidence in Community Concern. The Peter and Elizabeth C. Tower Foundation, the Ralph Wilson Foundation and the Health Foundation for Western and Central New York awarded \$185,000 to support the expanded

services offered by Community Concern.

Under Community Concern's guidance, the Hamburg site will expand the scope and scale of evidence-based behavioral health and senior care management services," stated Jerry Bartone, Chief Executive Officer. "The acquisition will expand adolescent behavioral health services, offer a growing menu of services to vulnerable seniors and their caregivers, and provide fully integrated care coordination services to Medicaid recipients through its Health Home in Hamburg."

Michael Davern, Community Concern's Board chair stated that this decision is very consistent with Community Concern's direction and rapid growth, and provides integrated services to the people of Southern Erie County while increasing client access through multiple locations. 🌸

## THE BROTHERS OF MERCY



### Russell J. Salvatore Outpatient Rehab Clinic at the Brothers of Mercy Opens this Fall

The Brothers of Mercy is proud to announce the opening of its new state-of-the-art Outpatient Rehabilitation Center. This 2,600 square foot expansion will satisfy a high demand from those who have been treated inpatient and want to return for outpatient services. In addition, we will now offer those outpatient rehab services to the community and individuals seeking physical, occupational or speech/language therapy. Rehabilitation services are available for those recovering from, among other things, hip and knee replacements, strokes, orthopedic surgeries, cardiac conditions, motor vehicle accidents and sports injuries. Therapy programs incorporate the latest techniques, the appropriate equipment and practice with everyday tasks. Starting this Fall, we will be offering Outpatient Rehab Services to the general public. This means you will be able to come in for rehab without being admitted as a patient.

At the Brothers of Mercy our exclusive Homeward Bound Program is designed to achieve optimal results,

return patients to their maximum level of normal activity possible and help patients return home quickly, safely, and as soon as possible. To learn more about the new state-of-the-art Outpatient Rehabilitation Center at the Brothers of Mercy call 716-759-7664 or visit our website at [brothersofmercy.org](http://brothersofmercy.org)





# MEMBER ADS



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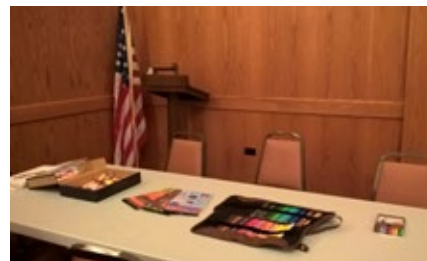
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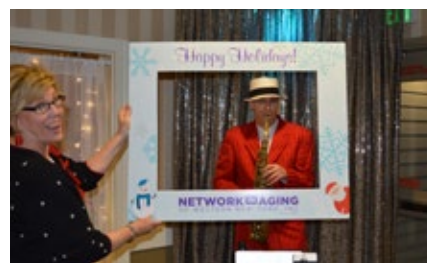
# NETWORK WITH THE NETWORK

MOUNT CALVARY PINE LAWN CHAPEL ■ NOVEMBER 8, 2017



# NETWORK WITH THE NETWORK

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# PLATINUM MEMBER AGENCIES

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View a portfolio of our work at [www.surdej.com](http://www.surdej.com)





## January Social

JANUARY 23, 2018

THANK YOU TO THE FOLLOWING SPONSORS FOR THEIR CONTRIBUTION IN SUPPORT OF THE JANUARY SOCIAL.

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The Network in Aging of Western New York, Inc. is a non-profit, voluntary corporation, which brings together individuals and organizations involved in aging and long-term care. Our diverse membership includes educators, health and social service professionals, community leaders, government agencies and area businesses. Our mission is "to help our members enhance their efforts to improve the quality of life for older persons and their families by providing them with opportunities for resource exchange, professional development and stimulation of interdisciplinary collaboration."

For more information about the Network in Aging of Western New York, Inc., call Lisa Boron, Network in Aging Coordinator, at 716-829-3712 or for more information about the Network in Aging, you can go online to [www.NetworkInAging.org](http://www.NetworkInAging.org)

## **NETWORK SPONSORED CALENDAR OF EVENTS**

For more information, go to [www.NetworkInAging.org](http://www.NetworkInAging.org)  
or call the Network office: 716-829-3712

**JANUARY 23, 2018**

**JANUARY SOCIAL**

**6:00-8:00PM**

Tonawanda Castle  
69 Delaware Street  
Tonawanda, NY 14150

**2018 NETWORK WITH THE NETWORK EVENTS**

**Coming soon, check event calendar.**

---

**\*\*\* 2018 MEMBERSHIP RENEWALS - DUE JANUARY 31ST \*\*\***  
(PAY ONLINE OR MAIL IN CHECK TO NETWORK ADDRESS)