

Celebrating 40th Anniversary

July-Sept 2021



Est. 1981

Network in Aging
of Western New York, Inc.

IN THIS ISSUE

- Team Scavenger Hunt 1
- Outside Tailgate Party 1
- Upcoming Events 1
- "Painting With A Twist" was a Great Virtual Paint Night! 2
- President's Message 3
- Welcome Member Agency 3
- Committee Info 4
- Welcome New Members 6
- ConnectLife Blood Donor Drive 7
- Upcoming Events 9
- Accomplishments and recognitions 10
- ECMC Driver Evaluation Program 10
- Alzheimer's Association 10
- Benefits for Members 12
- Platinum Members 12-13
- Share Your Story with Facebook! 16
- Erie County Senior Services 18
- 2021 Hospice & Palliative Care Buffalo Summer Affair 19
- Positions Available 20-21
- April, May, and June LIFE LESSONS . 22-23

SPONSOR ARTICLES

- Pfalzgraf Beinhauer Gear Harris Schuller LLP 5
- Glenwell/Depaul 6
- Amherst Center for Senior Services 7
- Connect55+ 8
- Elderwood 9
- Alzheimer's Association WNY Chapter 10
- Absolut Care of Aurora Park 11
- PDI Health 14
- Aging Well Care Management, LLC 15
- Senior Wishes 16
- Touching Hearts at Home 17
- Mount Calvary Cemetery, Inc. 18

Join us for our first post-COVID outdoor event!
It's time to see everyone face-to-face again!
REGISTRATION IS NOW OPEN!!!



"FIND-ally" an outside Networking Event!

TEAM SCAVENGER HUNT

Around the Clarence Town Park

10405 Main Street • Clarence, NY 14031

(Meet at the large shelter) – can't miss it!

Tuesday, July 20th • 5:00pm – 7:00pm

Starts promptly at 5:30pm

Cost is FREE



Need camera, dress in picnic/casual attire and have fun! (Work together with your team). Come on over to the shelter even if you just want to mingle with everyone! Rain or Shine (we have a reserved shelter)

BYOB (water provided).

Tailgate Party



Save The Date!

OUTSIDE TAILGATE PARTY

Weinberg Campus Park

2700 North Forest Road • Getzville, NY 14068

Thursday, August 26th • 5:00pm – 7:00pm

Contests, prizes & food! (Bring your own favorite tailgating game)

WORKSHOP

Alcoholism: Disease of Generations – Recognizing, Treatment & Support



For more details, see page 9.

Tuesday, September 14
2:00pm – 4:00pm
Main-Transit Fire Hall

40TH ANNIVERSARY ANNUAL CONFERENCE



"Celebrating Aging in 2021"

November 4, 2021
8:00am – 2:00pm
The Grapevine Banquets



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Network in Aging
of Western New York, Inc.

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The Dale Association

V.P. — Community Relations

Pamela Pace

Amazing Home Care

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Sharon Plant

People Inc.

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Suzanne Desfosses-Gilliam

Touching Hearts at Home

Past President

Kristin Surdej, LMSW, CMC

Laping, Surdej Associates LLC

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Stephanie Mruzek

*Solstice Senior Living
at East Amherst*

Sue Nawojski

Tennyson Court

Jane Nogowski

Park Creek Senior Living

Darlene Polak

Briarwood Manor

April Romanowski

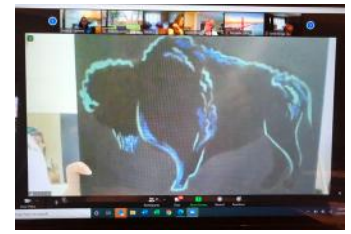
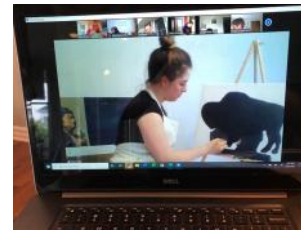
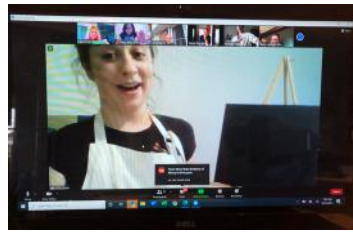
Lawley Insurance

Dot Swift

Elderwood Health Plan

Paula Venne

Walsh Duffield Companies, Inc.



“PAINTING WITH A TWIST” Virtual Paint Night

Virtual paint night hosted by “Painting with a Twist” – West Seneca, led by artist Suzie! It was an exciting night as we painted our own “Buffaloogy” from the comfort of our own home!

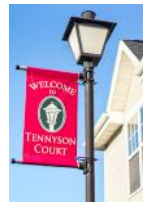
A big thank you goes out to our 4 sponsors that supported this fun event!



Glenwell, a DePaul Senior Living Community, is proud to be a sponsor of the Network In Aging’s virtual Painting With A Twist event. Offering assisted living and memory care for seniors who are looking to move into a community, Glenwell is located at 2248 Old Union Road in Cheektowaga. Glenwell provides a supportive and caring environment with personal care services that promote independence and dignity. Call (716) 608-7000 for more information or to schedule a tour to come and see why Glenwell is the next best thing to your own home.



Tennyson Court is one of the premiere communities here in WNY. For 20 years Tennyson has been providing outstanding, compassionate care to the residents they serve. Tennyson offers Assisted Living, Memory Care and enhanced care options. For more information, call Sue Nawojski at (716) 632-9496.



The Olear Team – M J Peterson Real Estate – Michael Olear, MSW and Licensed Broker has been specializing in helping elders and their caregivers with planning, preparing and selling their real estate for over 20 years. His team of professionals serves all of Erie and Niagara Counties. They combine social work and business practices to reduce client stress, economize effort and maximize profit. Olear was named Realtor Associate of the Year by his colleagues last year.



Family Choice
OF NEW YORK

Family Choice of NY – A proud sponsor of *Painting With A Twist*, Family Choice of New York has been serving Western New York since 2005 and is dedicated to providing comprehensive clinical and care management programs to individuals who are medically vulnerable and/or have multiple chronic conditions. Independent Health’s Medicare Family Choice HMO I-SNP is a Special Needs Plan for permanent residents of participating skilled nursing and assisted living/adult care facilities. Independent Health’s Assure Advantage HMO C-SNP is a Special Needs Plan for individuals in the community who are diagnosed with both Diabetes and a form of Chronic/Congestive Heart Failure. Independent Health’s Care Partners Program provides short term in home Social Work Care Management. Please call Family Choice of New York at (716) 668-7051 for more information and check out our website www.familychoiceny.com.



PLATINUM MEMBERS!

Don't forget to take advantage of your promotional email blast! Emailed to the entire membership!



Take advantage of your MEMBERSHIP BENEFITS today!

- Submit an article in our quarterly newsletter
- Submit a business card size ad in the newsletter

Looking for ARTICLE AND AD SUBMISSIONS for the Oct-Dec 2021 edition!

Email Lisa Boron at lisa@networkinaging.org to reserve your article.

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PRESIDENT'S MESSAGE ANGIE CRAWSHAW



Welcome Back!

Summer is here and so are the in-person and outside Network in Aging events.

It's been a long time since we were able to meet in person and feel safe doing so. Our organization and membership are strong and it's time to start meeting in person whenever we can while still following CDC guidelines. Several committees have already met in a hybrid manner including the Board of Directors meetings. Summer is the perfect time to break out of our cocoons and start mingling again.

Committees are gearing up to offer events this summer breaking out of the realm of Zoom whenever possible. The Networking Committee has plans for several upcoming events to be held in person outdoors including a scavenger hunt in July at Clarence Park, and a tailgate party in August at Weinberg Campus. A September event is still in the works.

The Education Committee has also been busy looking to offer events in person. In September "Alcoholism: Disease of Generations-Recognizing, Treatment & Support" will be the topic of this pertinent workshop. The committee also has been working diligently on the celebration of the Network's 40th Anniversary Annual Meeting to be held in person at the Grapevine Banquet Facility on Thursday, November 4th. The format this year has changed and more concentration will be put on networking with members.

The Nominating Committee is looking to fill 4 vacancies that will be open on the board by years end. This is a good time for members to step up and volunteer to serve the organization.

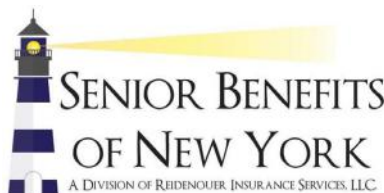
Committees are always looking for individuals who want to make a difference and connect with other members. Check out the NIA website for committee info and contact information as well as any of the above events planned this summer. More information coming soon for 2021 nominations for the Dr. Evan Calkins Award for Meritorious Service and Program of Excellence awards.

I look forward to seeing you in person and can attest that I can't wait to join you at the future events planned.

"Stick with the people who pull the magic out of you and not the madness."

-Angie Crawshaw – Network in Aging President

WELCOME NEW MEMBER AGENCY



Welcome to Senior Benefits of New York, where our focus is on helping our clients through a highly effective Prescription Assistance Drug Program, life insurance, Medicare Supplement, Medicare Advantage, and Part D Prescription Drug Plans. We are committed to providing you with highly personalized service.



MAKE THE MOST OF YOUR NETWORK MEMBERSHIP BY JOINING A COMMITTEE TODAY

ALL MEETINGS VIA ZOOM OR HYBRID at this time

COMMITTEE CO-CHAIRS & MEETING INFORMATION

Please be sure to verify meeting date, time and location as there are occasional changes!

COMMUNICATIONS COMMITTEE

Establishes and directs the Network's print and online communications with its members and the public. Meetings are on the second Tuesday of the month at 10:00am. NEW LOCATION TBD.

CO-CHAIRS

Pamela Pace (pamela@amazinghc.com) (716) 863-9035
Paula Venne (pvenne@walshduffield.com) (716) 270-9662

EDUCATION COMMITTEE

Plans and carries out educational programs/workshops on aging related issues, along with planning and preparation for the annual meeting. Meetings are on the second Thursday of each month at 9:00am at Brothers of Mercy Senior Apartments.

CO-CHAIRS

Mary Baty (baty@brothersofmercy.org) (716) 544-4720
Mike Ford (mford@broadwayhcwny.com) (716) 864-9544

MEMBERSHIP COMMITTEE

Reviews and recommends changes in membership dues and benefits; coordinates ongoing membership recruitment efforts. Meetings are on the fourth Thursday of each month at 8:00am. Meetings currently via Zoom only. No meetings in August and December.

CO-CHAIRS

Jane Nogowski (jnogowski@park-creek.com) (716) 632-3000
Dot Swift (dswift@elderwood.com) (716) 807-9708

NETWORKING COMMITTEE

Plans and carries out member-to-member functions, including Network with the Network events. Meetings are on the first Thursday of each month at 8:30am. Meetings currently hybrid. Locations vary. Please contact one of the co-chairs for info.

CO-CHAIRS

Stephanie Mruzec (eastamherstdsm@solsticeseniorliving.com) (716) 688-7880
Nancy Maira (nlmaira@verizon.net) (317) 727-7532

SPECIAL EVENTS COMMITTEE

Plans social functions for the Network, including the January Social, Taste of the Network and annual meeting venue. Meetings are on the fourth Tuesday each month at 8:30am. Locations vary, so contact Co-Chairs for more info. No meetings in January, July and December.

CO-CHAIRS

Sharon Plant (splant@people-inc.org) (716) 817-9229
Suzanne Desfosses-Gilliam (sdg@touchinghearts.com) (716) 898-8566

NOMINATING COMMITTEE

This committee solicits and accepts nominations for positions on the Network in Aging Board of Directors and presents a slate of officers and directors to the membership for their consideration.

CO-CHAIRS

Kashia Brosius (kbrosius@absolutcare.com) (716) 652-1560
April Romanowski (aromanowski@lawleyinsurance.com) (716) 572-6397

PFALZGRAF BEINHAUER GREAR HARRIS SCHULLER LLP

New Power of Attorney Law

New York State's New Power of Attorney law became effective on June 13, 2021. The changes are intended to make the Power of Attorney easier to use and clarify the power and obligations of an Agent.

1. Existing Powers of Attorney documents remain effective.
2. **The changes took effect on June 13, 2021.** Documents executed by the Principal on June 13, 2021 or after must follow the new statutory form. A Power of Attorney document that was executed by the Principal prior to June 12, 2021 (even though signed by the Agent after that date) will be valid.
3. Potential recipients of gifts made through a Power of Attorney are not eligible to serve as witnesses to the execution of the Power of Attorney document.
4. A refusal to honor a power of attorney must be made, in writing, to the Principal and the Agent within 10 business days of presentation. The document must provide specific reasons for the refusal.
5. If a proceeding is brought to compel the acceptance of a statutory short-form power of attorney, the court can award damages including reasonable attorney's fees.
6. The total basic statutory gifting amount is increased from \$500 per year to \$5,000 per year.
7. The separate statutory gift rider will not be required for new Power of Attorney documents.
8. The record-keeping requirement for Agents has been clarified. An Agent must keep a record (i.e. ledger) of all transactions conducted for the Principal or keep all receipts of payments and transactions conducted for the Principal.
9. The Agent will be considered a personal representative for the purpose of health care financial matters. Health care providers and health plans must provide the Agent with information needed to determine the legitimacy and accuracy of charges for health-related expenses and benefits.

If you have any questions about the above material, or wish to speak to an attorney, please contact Pfalzgraf Beinhauer Grear Harris Schuller LLP at (716) 204-1055.

Pfalzgraf Beinhauer Grear Harris Schuller LLP is located at 455 Cayuga Road, Suite 600, Buffalo, New York 14225. 🌸



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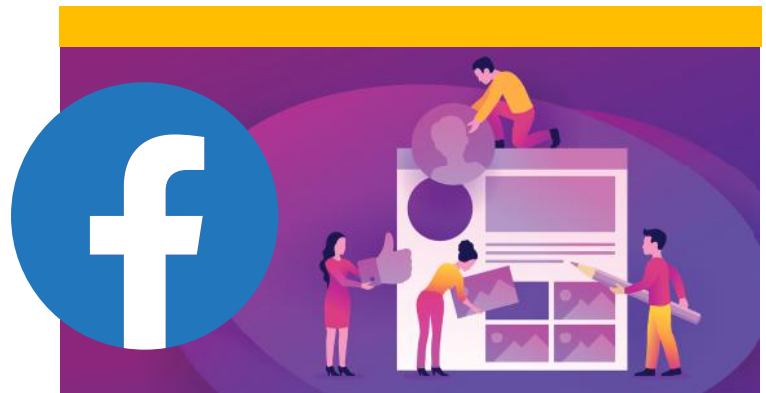
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Did you know?

Did you know that you can submit your own event directly on our website? All events will also be added to Facebook. Under EVENTS on home page, select **SUBMIT YOUR EVENT.** 🌸

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Independent Health is a Medicare Advantage organization with a Medicare contract offering HMO, HMO-SNP, HMO-POS and PPO plans. Enrollment in Independent Health depends on contract renewal.
 H3362_C8020_M Accepted 12142020

*Data according to satisfaction survey January-June 2020.

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GLENWELL/DEPAUL

Engaging Seniors with Technology at Glenwell/Depaul

Technology is making it possible for residents at Glenwell to take a virtual trip to the petting zoo, the casino, as well as enjoy trivia, sing-alongs and much more. Thanks to a grant from the Mother Cabrini Health Foundation, the DePaul Senior Living Community in Cheektowaga is leaping into the 21st century in new and engaging seniors in exciting new ways!



Pictured top row, Angeline Cruver uses Eversound wireless headphones to watch YouTube videos of her favorite singer, Beth Williams, while Josef Poslinski enjoys some traditional Polish folk music. Eversound wireless headphones are assisting DePaul residents in hearing and focus during conversations with staff and other residents, in viewing programming on TV, and during FaceTime calls with family and friends.

Pictured bottom left, Paul Armbruster plays casino games using iN2L technology. A person-centered engagement technology, iN2L offers content-driven engagement, cognitive and physical exercise and therapy, education, reminiscing, memory support and more to DePaul residents. Using a touch screen system, residents are participating in exercise classes, sing-alongs, happy hour trivia, and games including Family Feud.

Pictured bottom right, Eileen Finnigan takes a trip to the petting zoo using Rendevar virtual reality headsets. Rendevar technology is allowing DePaul residents to check off bucket list items and engage with the world in ways they never thought possible including hot air balloon rides to destinations including the Bahamas and the Florida Keys to viewing the Northern Lights, all from the comfort of their home. 🌸

For more information about Glenwell, please contact Administrator Tina Hagen or Marketing Director Stacy Jasinski at (716) 608-7000. Tina can also be reached at thagen@depaul.org and Stacy can be reached at sjasinski@depaul.org.



Welcome!

WELCOME NEW BOARD MEMBER



Mary Baty

Executive Director of the Brothers of Mercy Senior Apartments; an independent living community on the Brothers of Mercy Wellness Campus providing continuum of care.

WELCOME NEW INDIVIDUAL MEMBERS

Karen Bunker

Secure Sleep

David Nannen

Catholic Medical Partners

Tina Sonker

Catholic Medical Partners

AMHERST CENTER FOR SENIOR SERVICES

The Amherst Center for Senior Services POST PANDEMIC

The COVID-19 pandemic led to a change in the way we live our daily lives and the way we do business. In March 2020 the Center temporarily closed its doors to members in response to New York State Health Guidelines. Staff of the Center worked diligently to maintain communication with members through emails and social media.

The Center Program Department quickly adapted to providing services to our membership through virtual means. A few Zoom classes and programs were added initially and then grew to approximately 40 per month. The Center now offers virtual, hybrid and in-person classes and programs. We have even placed ourselves in neighborhood parks and outdoor establishments.

Social isolation was a concern for us and the effects it would have on our membership. Many isolated alone and even lost loved ones. This caused anxiety and depression. In response, the Center added more social caseworkers to the staff that will offer an increased amount of wellness support through mindfulness programs, support groups and outreach services.

We saw several hundred members on a daily basis pre pandemic-Now we touch even more. Our membership changed quite a bit this year. We have found they are more resilient, technical savvy and eager for more! 🌸



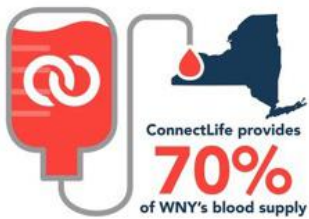
NETWORK IN AGING
OF WESTERN NEW YORK, INC
EST. 1981

Private Group for Members ONLY

Haven't joined our MEMBERS ONLY Facebook group yet? Here's what you're missing. . .

- Connect directly with fellow NIA members to share resources and expand your referral network
- Pose questions, ask for recommendations, announce events
- Post job openings at your organization
- Engage in discussions and polls about senior care in WNY
- Share your ideas for making Network in Aging even better!

This page can only be viewed by your fellow NIA members – not the general public. If you belong to, or are associated with, a member agency, just search <https://www.facebook.com/groups/niamembers> and request to join. Make the most of your membership!

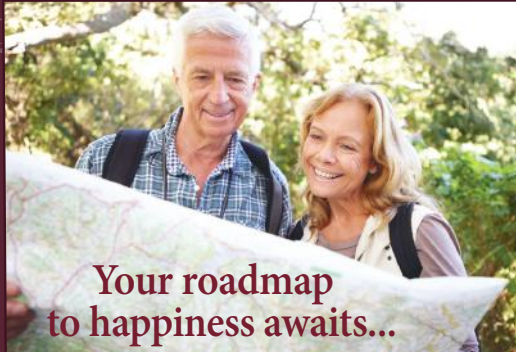


If not you - who?

The #1 reason people say they haven't given blood is because they were never asked. Well here is our ask.

Become a ConnectLife blood donor today – visit ConnectLifeGiveBlood.org or call (716) 529-4270 to make an appt. Walk-ins welcome, too. 🌸

One of our fun, happy and active lifestyle communities is right around the corner!



Your roadmap to happiness awaits...



Events, programs & activities to enhance your entire well-being



Pet-friendly & Smoke-Free! • Call Us Today

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Connect55+
Wheatfield West
3959 Forest Parkway
Wheatfield, NY
716-693-8439

Connect55+
Orchard Park
100 Weiss Ave.
Orchard Park, NY
716-771-1439

www.connect55.com

CONNECT55+

Calamar Rebrands Active Adult 55+ Communities Across the U.S.

Calamar Inc., a nationally recognized owner and operator of Active Adult senior living communities, is announcing it has rebranding its portfolio of 55+ independent active living communities.

Effective February 1, 2021, Calamar's national portfolio of active living communities, and those currently under development, were rebranded to Connect55+. The existing portfolio of forty 55+ independent living communities will offer an extended and more comprehensive active lifestyle program. As a leader in Active Adult, utilizing its proprietary Connect55+ onsite program, Connect55+ was created to focus on wellness through innovative activities designed to improve one's mind, body and soul. Using the Connect55+ program, it has become a hallmark of which it is the cornerstone for the ongoing brand and namesake.

A new Connect55.com webpage was launched as part of the rebranding initiative. The new website prominently features Calamar's 55+ active living communities with information on its community locations, both existing as well as the new active focused communities under development in 12 states. Locally, in WNY region there is Connect55+ Wheatfield West, Connect55+ Wheatfield East, and Connect55+ Orchard Park.

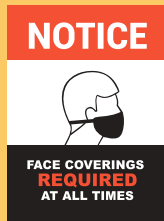
Now celebrating its 30th anniversary, Calamar has built a reputation on customer service and lifestyle innovation. The company has always maintained the highest regard for the 55+ community and is proud to offer a cutting-edge, active living program that will allow its residents to live life to the fullest. Throughout its growth, Calamar has become one of the biggest disruptors in the senior housing industry, but providing an affordable housing option across the United States. 🌸



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STATE WIDE

New York StateWide Senior Action Council, Inc

Bethann Nelson

NYS SMP Director

4255 Harlem Rd.

Office: 716-844-8885

Amherst, NY 14226

Fax: 716-271-1333

beth@nysenior.org

www.nysenior.org

ELDERWOOD

Assisted Living & Medicaid

Do you have a resident or loved one who cannot afford the costs of assisted living? Did you know that New York State Medicaid enables residents to live in an assisted living facility at a significantly lower rate than traditional private pay rates? New York State offers various types of Medicaid, including one that can be used in assisted living. "Medicaid is a health insurance plan for New Yorkers who cannot afford medical care. You may be eligible for Medicaid if you receive Supplemental Security Income (SSI) or meet certain income, resource, age, or disability requirements." (1)

Certain assisted living facilities have a specific number of "beds" that fall under the Medicaid license. Some communities accept "Medicaid Pending," while others require applicants to have a year or two of private pay funds before being admitted. While every facility differs in what they offer, New York State sets the rate each year for the cost of care and the maximum amount a resident can keep while living in assisted living. Medicaid does not make it free to live in assisted living, but rather reduces the costs significantly, from around \$4,000-\$6,000 per month to the state-set rate. For 2021, the New York State-set rate is \$1,278 per month in assisted living. This typically includes all care a resident receives. The most a resident can keep in monthly income is \$1,488 per month, which equates to \$210 per month in personal needs allowance after paying their Medicaid rent. (2) Anything above that would result in a spend-down. There are several organizations that can help you apply for Medicaid, let you know if you qualify, and

assist with navigating the system as it can be confusing and difficult.



Elderwood has five assisted living facilities in Western New York that accept Medicaid. To learn more or inquire about referrals, admissions or tours, please reach out to the facility directly. 🌸

Elderwood Assisted Living at Tonawanda

111 Ensminger Rd., Tonawanda, NY 14150
(716) 871-1814

Elderwood Assisted Living at Cheektowaga

229 Bennett Rd., Cheektowaga, NY 14227
(716) 681-8631

Elderwood Assisted Living at Hamburg

76 Buffalo St., Hamburg, NY 14075
(716) 649-7676

Elderwood Assisted Living at West Seneca

580 Orchard Park Rd., West Seneca, NY 14224
(716) 677-4242

Elderwood Assisted Living at Wheatfield

2600 Niagara Falls Blvd., Wheatfield, NY 14304
(716) 731-2200

(1) NYS DOH https://www.health.ny.gov/health_care/medicaid/program/longterm/

(2) NYS DOH https://www.health.ny.gov/facilities/adult_care/dear_administrator_letters/docs/dal_20-26_cola_adjustment.pdf



WORKSHOP

Alcoholism: Disease of Generations – Recognizing, Treatment & Support



Tuesday, September 14
2:00pm - 4:00pm
Main-Transit Fire Hall

UB Institute on Addiction, Dr. Kenneth Leonard, PhD
AA Professional Community Committee, Ryan J. Lucinski, Partner, Hodgson Russ LLP
Kinship Program (Center for Elder Law & Justice), Sarah B. Hedden, Esq., MSW

More details to follow.

40TH ANNIVERSARY ANNUAL CONFERENCE



“Celebrating Aging in 2021”

November 4, 2021
8:00am - 2:00pm

The Grapevine Banquets

333 Dick Road, Depew, NY 14043

(CDC guidelines will be followed)

- More information to come regarding the redesigned and new format
- In lieu of vendor tables, opportunities for more member-to-member networking
- Sponsorships Available! Basket Raffle!

ACCOMPLISHMENTS & RECOGNITION!

Becky Littler, RN, BSN, CNO Earns Excellence in Healthcare Award We are excited to share that Rebecca Littler, Elderwood's Chief Nursing Officer, has been honored by Business First as a recipient of one of the publication's third annual Excellence in Health Care awards. The awards honor high-achieving and hard-working professionals in the Western New York health care industry.



A panel of industry experts chose 18 winners from among 116 nominations. The winners include physicians, nurses, administrators, board members, advocates and researchers – all people whose work has improved the way the health system works in Western New York hospitals, senior care facilities, homecare agencies, labs, clinics, nonprofits and other health facilities.

“Becky has always been a tremendous asset to Elderwood, and her leadership, dedication, and clinical expertise have been invaluable throughout the pandemic. Becky’s practical, patient-centered approach helped Elderwood’s administrators and clinical staffs make quick decisions rooted in both clinical knowledge and best-available data in a constantly evolving situation. Her calm, compassionate demeanor embodies the absolute best the nursing profession strives to be,” said Julia McMillen, president.

“It is truly an honor to recognize this group who has done so much for our community over the last 12 months,” said John Tebeau, publisher of Buffalo Business First. “This group of honorees has gone above and beyond the call of duty, under extremely challenging pandemic conditions. They have put community and work ahead of personal needs and safety and we are forever grateful.”

The awards were presented in a virtual ceremony on June 10.



WECK Radio – Kristin Surdej, past president of Network in Aging and Education committee member was recently featured on WECK Radio 1230AM. Check out the June 12th “Senior Matters” podcast hosted by Penny Wolfgang. www.weckbuffalo.com/podcasts/senior-matters.com.



Congratulations to **Michael Olear** from the Olear Team and a member of the Network in Aging! Named as **Realtor Associate of the Year** for the 8 Western NY counties for last year.

Keller Williams has been ranked among **Forbes' Best Employers for Diversity 2021!** We're beyond proud to foster a culture in which every agent and voice can feel safe and represented.



alzheimer's association™

MediAlert + Wandering Support

If an individual with Alzheimer's or dementia wanders and becomes lost, caregivers can call MediAlert's 24/7 Emergency Response Team to report the situation. MediAlert will create a missing person report and activate a community support network including local law enforcement and hospitals to help locate the person who wandered. If someone with dementia is found wandering, citizens or first responders can call MediAlert's toll free number on the person's MediAlert ID to identify the individual and initiate outreach to their emergency contacts. In either case, the goal is to quickly reunite the person who wandered with their family and loved ones. This program also creates a safety net for other emergencies. 🌸



Free Safety Services through the Alzheimer's Association WNY Chapter

Our care consultants can meet with families, caregivers and those living with dementia to discuss care planning, including driving decisions, wandering, living safely at home and much more! Care consultants can also connect families with free services and products such as nightlights, door alarms and partnerships with MediAlert + Wandering Support and the ECMC Driver Evaluation program at no-cost to them! 🌸

ECMC Driver Evaluation Program

A licensed occupational therapist will conduct an in-clinic and behind-the-wheel assessment to determine driving abilities such as reaction time, coordination, and cognitive and visual perception. Once the evaluation is completed care consultants will meet with you and your loved one to discuss results, appropriate services, and provide support. 🌸



ABSOLUT CARE OF AURORA PARK

The NEW Absolut Care of Aurora Park

The past year has taught us many things, first and foremost it has taught us to embrace change. At Absolut Care of Aurora Park we have overcome many of these changes and are now stronger than ever.

We are excited to share that as of March 2020 RCA Healthcare Management LLC became administrative consultants and almost immediately appointed **Stacy Bastian, RN, BSN, LNHA** (pictured right) as Administrator of the 320 bed, long term care and subacute rehabilitation facility in the heart of East Aurora, New York. Stacy has worked with the new management team for more than 20 years, starting as a CNA and growing with the company into her current leadership position. Stacy's commitment to excellence shines with all of the necessary improvements she has brought to the community for staff, residents and their loved ones.



In addition, RCA Healthcare Management brought resources and upgraded technology to the East Aurora facility allowing the staff to care for the residents and communicate with the best tools available.

Another wonderful change has been the addition of Aurora Park's new Medical Director, **Dr. Paul Shields** of Great Lakes Health System and General Physician PC. Dr. Shields primary goal is to use his experience and network of resources to provide the residents of Absolut Care with the most optimal patient care.

Absolut Care of Aurora Park recently completed a 4.5-million-dollar remodel. The transition not only aesthetically improved the patient rooms and community areas but significantly improved the therapy gym to promote recovery and healing in a comfortable home-like environment.

Dialyze Direct opened an in-house den for the residents of Absolut Care of Aurora Park during the summer of 2020. The program offers dialysis to the subacute rehabilitation and long term care residents 5 days a week for a shortened length of time allowing for less fatigue and more energy to participate in therapy and activities without ever having to leave the building. 🌸

To learn more about the wonderful improvements at Absolut Care or for more information, visit www.AbsolutCare.com or call (716) 652-1560.



Brookdale Senior Living Western New York

Nothing says home like cozy, comfortable spaces with people who care. If you and your family are looking for a senior living option in Western New York, our Brookdale communities can help! Are you looking for an Enhanced Assisted Living community or an Alzheimer's and Dementia community? Either way, we are here to guide you through this journey. See below for the Brookdale options that could best help you.



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Enhanced Assisted Living
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Kenmore, NY 14217
(716) 874-3200



Brookdale Niagara
Assisted Living
Enhanced Assisted Living
6741 Nash Road
North Tonawanda, NY 14120
(716) 731-1634



Brookdale Williamsville
Alzheimer's & Dementia Care
6076 Main Street
Williamsville, NY 14221
(716) 632-7123



Brookdale Niagara
Alzheimer's & Dementia Care
6751 Nash Road
North Tonawanda, NY 14120
(716) 731-1461



Our club is now hosting small events and meetings.



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- Baby or wedding showers
- Milestone birthdays
- Bereavement breakfasts/lunches
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Bring your own caterer or use one of our preferred partners!

All team members are fully vaccinated and NYS health and CDC guidelines are strictly enforced.

Call us to book your event or learn more!
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info@marbonsocialclub.com

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For upcoming Network events: see page 9!

AGING WELL CARE MANAGEMENT, LLC

Professionals, do you find things to be out of your scope of practice, at times, when helping your client? Are you concerned that your client is falling through the cracks? Or your client's family is not in agreement about the best plan for their parents? Care Managers, also known as Aging Life Care Professionals, can help!

What is Care Management, you might ask? Care management, or Aging Life Care Management, is a holistic, client-centered approach to caring for older adults facing ongoing health and care challenges. Working with families, the expertise of an Aging Life Care Professional provides reliable answers and reassurance at a time of uncertainty. Our guidance leads clients, families and the professionals working with them to the actions and decisions that ensure quality of care, thus reducing worry, stress, and time off from work while providing peace of mind.

It is important to find an Aging Life Care Specialist that is a member of the Aging Life Care Association (ALCA). These Aging Life Care Professionals, which includes Aging Well Care Management, LLC, differ from Patient Advocates, Senior Advisors, and Elder Navigators in that they must meet stringent education, experience and certification requirements. They are also required to adhere to a strict Code of Ethics and Standards of Practice as well as pass an exam to be certified in Care Management. Aging Life Care Specialists are experts in 8 knowledge areas:

- Health and Disability
- Finances
- Housing Options
- Family Dynamics
- Local Resources
- Advocacy
- Legal
- Crisis Intervention


When should you, as a professional, refer a client to an Aging Well Care Management, LLC?

- When concerns go beyond your expertise and ability to help
- When your client/family needs information about the myriad of local community services available to them
- When your client has little or no support from local family members
- When your client/family needs unbiased, objective information
- When your client keeps falling through the cracks and needs an advocate

- When your client's family disagrees about next steps in care
- When a caregiver feels overwhelmed and unable to move forward
- When your client needs oversight of existing care
- If you suspect any abuse, neglect or exploitation of your client

If any of these situations ring true for any of your clients, please call Aging Well Care Management, LLC at (716) 218-9717. We will work with you and your client to obtain the best possible outcomes as well as remain involved to provide you and your client the support needed to get the best outcomes.

Please visit our website at www.agingwellcaremgmt.com for more information and to subscribe to our bi-monthly newsletter. Our newsletter has valuable information that you can use as well as share with your clients. We can also be found on Facebook, LinkedIn and YouTube.

We look forward to working with you and your clients! 

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- Have you created a better way of accomplishing tasks with a new service or product?
- Do you have a client who is satisfied with your services? Share their testimonial and...
- Are you running a seasonal campaign or tie-in promotion?

This is your invitation to share your stories to members and others via Network In Aging's Facebook page. We are in need of human interest and feature stories to share.

Please include photos and/or videos as you are able and send to Lisa at lisa@networkinaging.org.

UNLIMITED NUMBER OF POSTS at this time!

facebook

SENIOR WISHES

You Are Never Too Old to Have a Dream Come True

The pandemic has taken its toll, and we want to start spreading some joy to our seniors! Who do YOU know that might have an unfulfilled wish?

Founded by the United Church Home Society, Senior Wishes strives to bring special moments to seniors across WNY. That means granting numerous life enriching wishes each year for seniors who are either permanent residents of a care facility or have annual incomes under \$38K (\$44K couple) and cannot fulfill their wish on their own. Seniors do NOT need to have a medical condition to be eligible.

A wish can be any meaningful experience the recipient deeply desires. Past wishes have included visiting long-missed family, cheering on a favorite team in person, sitting in the cockpit of an air force plane again, boating down the Niagara River Rapids, revisiting an abandoned hobby, taking music and art lessons, new bedding, magnifying tabletop readers, cd players... whatever the wish, we want to hear about it.

We love to celebrate milestone birthdays and grant wishes to Veterans! Although we grant wishes to Veterans year round, we dedicate the week of Veterans Day to recognizing those seniors who have served. In 2020, 15 Veterans received "Hero Boxes", five of whom were WWII Veterans. In 2021, we will again be delivering HERO boxes to Veterans, as well as granting wishes to this very deserving group.

You may also nominate a senior for our "Simple Wishes for the Holidays" program. Last year, over 130 smaller wishes/needs were granted in early December to more isolated seniors in our community. We brought joy to these seniors with new blankets, sleepwear, books and craft supplies and reminded them they are not forgotten.

You'll find guidelines and applications at www.SeniorWishes.org. It is never too early to nominate a senior for a campaign. The Wish Granting committee meets every other month. **Nominate someone you know today!** Read inspiring wish ideas by visiting our Facebook page. 🌸

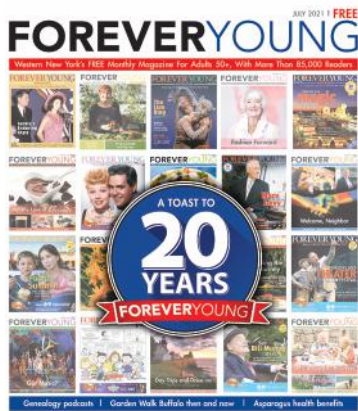
For more information or to become a sponsor, contact Wendy Miller Backman, Executive Director at wbackman@uchsinc.org, or (716) 508-2121.



FOREVER YOUNG

Forever Young Turns 20, with a Special Offer

Forever Young magazine is a **FREE** monthly guide to making the most out of life over fifty in Western New York – available at grocery stores, libraries, and hundreds of other area locations. Each month, readers have turned to *Forever Young* for fresh content and exciting features on healthcare, nutrition, relationships, the arts, community events, recreation, and so much more.



In July of 2021, the paper is celebrating its 20th Birthday! See our nearby ad for information on a special “20% off” discount on advertising in the paper.

This year, *Forever Young* also welcomes a new editor – Sabrina Kahwaty. Her overview, below, gives you a sneak peek into what you’ll find in our “Birthday” issue.


Every birthday is special but heading out of the teen years is cause for celebration. I’m so excited to present this month’s issue of *Forever Young* – a toast to twenty years. *Forever Young* was born in 2001, renamed from the former *Beacon*. To quote editor Carrie Fascia’s Letter from the Editor in our debut issue, “We need to change with our readers who, quite frankly, aren’t your same seniors anymore. We’re changing because you are changing.” In the past twenty years, we have maintained our steadfast efforts to change with you, keep you informed and entertained, and provide stories that speak to your needs and interests.

In our 2001 issue, we covered Garden Walk Buffalo, at the time in its seventh year; this month, Ashley Ziomek explores the event’s growth. Prominent WNY seniors George Caldwell and Rhonda Frederick impart learned wisdom to their younger selves, and Judith Rucki looks at a significant event from twenty years ago. These features are nestled among *Forever Young*’s favorite departments featuring garden delights, genealogy podcasts, and a powerful vegetable. And try your hand at our 20 For 20 trivia contest for a chance to win some exciting prizes!

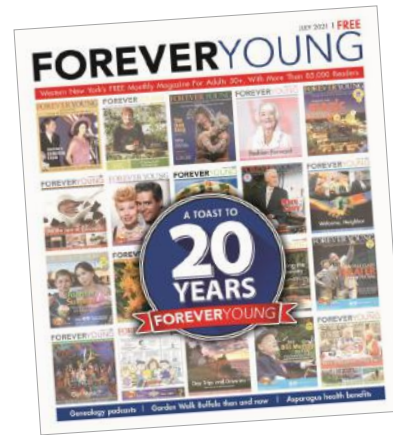
Thank you for staying forever young with us. We couldn’t do it without you.

Here’s to two more decades,

Sabrina

For more information, contact: skahwaty@foreveryoungwny.com (editorial/story ideas) or rlnhard@foreveryoungwny.com (advertising or distribution information) 

We’re
Celebrating 20 years!

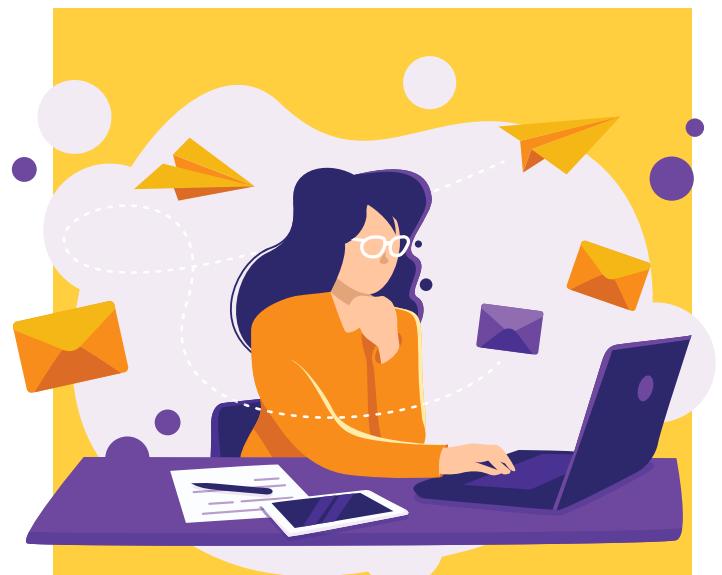


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MOUNT CALVARY CEMETERY, INC.

We never stop serving the community.

by Jeffrey M. Reed
President, Mount Calvary Cemetery, Inc.

The past 15-plus months have been challenging for all of us, both personally and professionally. Like most NIA members we were deemed essential and needed to find ways that allowed us to continue to meet the needs of the families that suffered a loss during the pandemic.

The continuity of a funeral has been the wake (consoling a family at the funeral home) a service (generally within a religious setting) and then processing to the cemetery for the burial. While COVID changed the continuity of a funeral it did not take away the need for a family to acknowledge the death of a loved one and begin the grief process. The wake was limited to immediate family or no more than 10 people. Most religious settings were completely shut down and we too fell under the 10 person maximum gathering restrictions. We adjusted our staffing levels to mitigate the spreading of COVID, pretty hard to tell a family they need to wait 14 days to bury their loved one because the cemetery is shut down due to COVID protocols. Fortunately we remained COVID free for almost a year.

With the help and dedication of our wonderful staff we were able to meet the needs of a grieving family. Collectively we worked together to figure out how we could provide the much needed service while keeping ourselves and the family we were serving safe and healthy. Today we are a better company based on the challenges we faced, this pandemic has brought us closer as co-workers, by alternating work weeks we were committed to keeping each other and our families safe and healthy. Our appointment based interactions with families allowed us to meet safely, it forced us to get better and more accustomed with the use of technology to interact both internally as well as externally with the general public. We found and embraced a new appreciation for the role we play in the grief process along with the value of what a cemetery represents and how intertwined we are with the community we serve.

We did what all of us had to do, rethink who we are, what we are and how can we continue to meet the needs of the clients we serve. I close with this statement I read some time ago. Change presents challenge and challenge presents opportunity. I hope everyone was able to rise to the COVID challenge and had the opportunity like us to meet and exceed the challenges by accepting the need to change. 🌸



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July 7th and 21st
August 4th and 18th

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What is a Memory Café?
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- + Resources

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- + Personal care

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Erie County Senior Services

245,000: The number of meals Senior Services has provided yearly to area seniors thru

“Stay Fit Dining,” our congregate dining program!!! For more info about this & other senior nutrition resources: <http://ow.ly/WhnP50FeS9W> 🌸



Erie County Senior Services

Concerned about your home’s safety? Erie County offers FREE home assessments of indoor air quality, fire & carbon monoxide safety, lead poisoning hazards, and more. Smoke & CO detectors provided as needed. Info at: <https://www2.erie.gov/.../healthy-neighborhoods-program-hnp>. 🌸



Raise A Glass To Hospice!



2021 Hospice & Palliative Care Buffalo Summer Affair

Tue, July 20 • All Day 9:00 am - 10:00 pm

Recurring Event Dates

Wed, July 21 • All Day 9:00 am - 10:00 pm

Thu, July 22 • All Day 9:00 am - 10:00 pm

Prices starting at: \$50

Hospice & Palliative Care Buffalo

225 Como Park Blvd, Cheektowaga New York 14227

Description

Instead of gathering in-person this year, take the party home with your choice of Cocktail Kit or Beer Box for \$50 each.

The **cocktail kit** includes everything you need to make 12 Bee's Knees cocktails at home – 750ml bottle of Hartman's gin, honey, black lemon bitters, instruction card & more!

The **beer box** includes a six-pack of Resurgence Fruited Pils, a Resurgence coupon for 15% off any four or six-pack of beer, two glasses & more!

Pick up your Summer Affair order the week of July 20 outside of Resurgence and Hartman's at 55 Chicago St, Buffalo, NY 14204.

You can also test your luck & enter our raffle to win either a **Wheelbarrow of Booze** that is filled with your favorite local & national beer, wine and liquor or a **Summer Fun Package** to make the most of your summer in Buffalo with a one of a kind package.

Call (716) 989-2010 or visit HospiceSummerAffair.com for more information.

CarePatrol Welcomes...

Julie Sentiff



Julie continues to use her years of experience in the senior industry to support your patients and families with:

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- Independent Living
- Memory Care
- In-Home Care

We are a locally owned team that promises a personalized concierge service to support seniors when additional care is needed. Don and Julie Lewinski, owners of CarePatrol, bring over 30 years of healthcare and legal expertise to support families to navigate the complexities of eldercare.

Julie Sentiff joins this dynamic team to serve seniors in WNY and the providers that work with them. We offer an array of additional services including in-home assessments, health care proxy/ power of attorney paperwork, veterans benefits consultations and more, all at no cost to the families we support! We strive to become an extension of your team to support smooth and efficient transitions for patients.

REACH OUT TO JULIE TODAY TO LEARN MORE!!!

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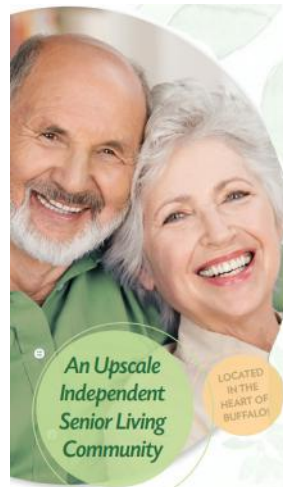
Care Patrol
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Please add Meetings are held the first Tuesday of the month. Contact April Romanowski at aromanowski@lawleyinsurance.com for more info.



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Heritage Manor of Lockport is now hiring!



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41 Lexington Court
Lockport, NY 14094

Heritage Manor of Lockport

Are you seeking fulfilling work? Do you have a passion for service? Join the team-oriented environment at Heritage Manor of Lockport, a Senior Living Community in Lockport, New York, as a **Resident Care Assistant**: <https://careers-depaul.icims.com/jobs/3523/resident-care-assistant/job>. Share your commitment to others as part of our mission-driven organization, where you will be a part of delivering the highest quality care that makes a difference.

Glenwell is now hiring!



Find your passion and make a difference with a career at Glenwell.

www.depaul.org/employment/

Glenwell

Are you seeking fulfilling work? Do you have a passion for service? Join the team-oriented environment at Glenwell, a DePaul Senior Living Community in Cheektowaga, New York, as a **Personal Care Aide/Home Health Aide**: <https://careers-depaul.icims.com/jobs/3263/job>

Share your commitment to others as part of our mission-driven organization, where you will be a part of delivering the highest quality care that makes a difference.

The GreenFields

The GreenFields team is growing! We're currently looking to fill a variety of shifts for full- and part-time certified nurses aides. If you're looking for a new opportunity to provide personalized, compassionate care – that includes a sign-on bonus of up to \$1,800 – apply today by visiting <https://bit.ly/TheGreenFields-Careers>. Don't forget to ask about nurse aide training.



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Contact Shonda Brock at (716) 633-7400 or email sbrock@bncunited.com



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We are currently in search of NYS Certified PCA's and HHA's to service all areas of WNY including Buffalo suburbs, North Towns and South Towns.

We have everything from 3 hour shifts to 12 hour shifts! Flexible schedules available!

Make an important difference in your client's life!

Full Time availability to include weekend hours preferred. You must have a valid driver's license, reliable transportation and current PCA/HHA certification.

Please call to schedule an interview with us! We would love to have you join our team! Walk-ins are always welcome at our office located at 3830 Union Road Suite 2, Cheektowaga NY 14225

You can apply in person or through our website at WWW.EASTBUFFALO.FIRSTLIGHTHOMECARE.COM.

Job Type: Full-time/Part Time
Salary: \$13.10 to \$13.65, Health Insurance and Dental Discount Plan available.



Lawley

Lawley has MANY openings for talented folks! Potential candidates should go to our website at <https://www.lawleyinsurance.com/career-opportunities/> and apply online, or contact April Romanowski (716) 572-6397 for more information.

- Claims Management (WC) Consultant- Buffalo/ Rochester
- Commercial Insurance Account Associate – LCS, Buffalo (posting today)
- Commercial Insurance Assistant Account Manager – Real Estate, Buffalo or Amherst
- Commercial Insurance Assistant Account Manager – Specialty, Buffalo
- Personal/Commercial Insurance Claims Consultant (new position!) - Buffalo
- Employee Benefits Consultant – Individual & Senior Health (Medicare) – Rochester
- Employee Benefits Technology Platform Analyst – Buffalo
- Individual & Senior Health Account Executive – Buffalo, Dunkirk, or Jamestown
- Personal Insurance Account Executive – Rochester
- Personal Insurance Account Manager – Buffalo
- Specialty Insurance Account Manager – Rochester or Buffalo

Lawley

INSURANCE | EMPLOYEE BENEFITS

**HELP
WANTED
APPLY TODAY**

Career Opportunities for **All** Positions
Nurses, CNA's, Dietary, Administrative, Etc.

Top Wages - \$15.00 to \$33.00/hr.

Sign on Bonus - \$1,500 to \$5,000

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Paid Holidays and More!

2 Easy Ways To Apply

Visit www.BOMCareers.org

Text "BOM JOBS" to 565-12



**Send us your job posting or
employment opportunities!**

POSITIONS AVAILABLE!



Medicare Sales Representatives

Clarity Group is looking to add Licensed Sales Representatives to our team. We have 4 locations in Amherst, Depew, Blasdell and Batavia or you can work from home. Flexible hours, full or part time. Health insurance license required, but we can assist you in the licensing process. More importantly is a desire to help Medicare Beneficiaries.

Call Sally Stier at (716) 860-3143 or email sallystier@claritygroupny.com.

Wheatfield Commons is now hiring!



Wheatfield Commons

Are you seeking fulfilling work? Do you have a passion for service? Join the team-oriented environment at Wheatfield Commons, a DePaul Senior Living Community in North Tonawanda, New York, as an **LPN Supervisor**: <http://ow.ly/hVxJ50DRpJD>

Share your commitment to others as part of our mission-driven organization, where you will be a part of delivering the highest quality care that makes a difference.

CHMS

CHMS IS HIRING! Clinical Healthcare Management Services has a rewarding opportunity for individuals who are compassionate and love helping people. Will provide services to individuals in their own homes and in the community who need assistance with their activities of daily living as a result of sickness, old age, disability and/or other afflictions. Responsible for the delivery of non-medical client care (light housekeeping, meal preparation, laundry, medication reminders, shower supervision, safety supervision, socialization, other tasks as directed by client). Must have a reliable vehicle to transport clients to appointments and/or run errands. No lifting or hands-on care. Must be flexible, have strong interpersonal skills and a desire to help others. Dependability and strong work ethic is a must. Job Types: Part-time and Full-Time

Contact: Bonnie Springborn, CMC at (716) 697-4942 or bs@chmsny.com



CANTERBURY WOODS LIFECARE COMMUNITY looking for:

CERTIFIED NURSE AIDES

We are a small & intimate setting consisting of fifty (50) private rooms. Canterbury Woods offers an excellent 1:8 caregiver to resident ratio, allowing for caregivers to focus on providing person centered care to our residents. We are a CARF accredited Skilled Nursing Facility.

Positions Available:

Full-time (37.5 hours/ week): 2pm-10pm, 10pm-6am

Regular Part-time (22.5 hours/ week): 6am-2pm, 2pm-10pm (Benefits included)

**** Enhanced wages for "Weekend Only positions" – \$18.00 hour: 6am-2pm**

SIGN-ON BONUS: \$1,000 for Full-time (37.5 hours/ week) and Regular Part-time (22.5 hours/ week) positions

LICENSED PRACTICAL NURSES (LPN)

We have opportunities for LPN's in our fifty (50) bed Skilled Nursing unit, our twenty-one (21) bed Assisted Living residence and twelve (12) bed Memory Care unit.

Positions Available:

Skilled Nursing

• Part-time (15 hours/ week): 3pm-11pm & 11pm-7am (every other weekend)

**** Enhanced wage of \$24.00 hour for Weekend Only position: 7am – 3pm.**

Assisted Living

• Full-time (37.5 hours/ week): 3pm-11pm (12 bed Memory Care unit)

• Part-time (15 hours/ week): 7am-3pm & 3pm-11pm

**** Enhanced wage of \$24.00 hour for Weekend Only positions: 7am-3pm & 3pm-11pm.**

SIGN-ON BONUS: \$2,500 for Weekend Only positions: 7am-3pm & 3pm-11pm.

CANTERBURY WOODS GATES CIRCLE looking for:

LICENSED PRACTICAL NURSES (LPN) or MEDICATION TECH

We have an opportunity for a LPN in our (5) bed Enhanced Assisted Living residence.

Assisted Living

• Full-time (37.5 hours/ week): 3pm-11pm (Benefits included)

• Per Diem: 3pm-11pm

SIGN-ON BONUS: \$2,500 for Full-time position

RESIDENT SERVICE AIDE (RSA)

Looking for Home Health Aide, Personal Care Assistants or Certified Nurse Aide to provide daily living & personal care needs to our residents in a caring, compassionate and professional manner. Our small & intimate setting at our Williamsville campus consists of a 21 bed Enhanced Assisted Living Residence & 12 bed Memory Care Unit. Our Assisted Living residence at our Gates Circle location in Downtown Buffalo consists of 5 apartments. Canterbury Woods offers an excellent caregiver to resident ratio, allowing for caregivers to focus on providing person-centered care to our residents.

We are currently hiring for both our Williamsville Campus and Buffalo Gates Circle location.

Positions Available:

Full-time (37.5 hours/ week): 3pm – 11pm (Benefits included)

Regular Part-time (22.5 hours/ week): 3pm-11pm (Benefits included)

Part-time (15 hours/ week): 11pm-7am (Buffalo Gates Circle location)

****Enhanced wage of \$17.00 hour for Weekend Only positions: 3pm-11pm**

SIGN-ON BONUS: \$1,000 for Full-Time (37.5 hours/week) and Regular Part-time (22.5 hours/week)

For complete job descriptions, please contact:
Miranda Shaw, Mshaw@echa.org or (716) 929-5143



Hiring RNs & HHAs for Our Care Team!

Are you passionate about providing comfort and improving quality of life for others?

Niagara Hospice is growing to meet the needs of patients and their families in Niagara County. We are hiring **Nurses and Home Health Aides (HHAs)** for our facility and home care.

Enjoy a flexible schedule with great benefits on a collaborative team that provides expert care and support to families during challenging times.

Make a difference in the lives of families!

716-HOSPICE NiagaraHospice.org/Careers



- **Great work-life balance**
- **Health insurance on first day**
- **Generous paid time off!**

LIFE LESSONS

May 2021 LIFE LESSON was Older Americans Month and “Communities of Strength”

Amherst Center for Senior Services

On March 13, 2020, the Center temporarily closed its doors to members in response to New York State Health Guidelines.

The Center Program Department quickly adapted to providing services to our membership through virtual means. A few Zoom classes and programs were added initially and then grew to approximately 40 per month. The initiation of virtual programs is something the Center will maintain doing to assist home bound seniors even after COVID guidelines decrease.

As the summer weather came, the Center added what we called, “Pop-Up” Programs. Exercise classes, coffee hours, brown bag lunches and many other activities were offered at local Amherst Parks. Participation in these programs followed NYS health guidelines as it pertained to the wearing of masks and maintaining six-feet between participants.

On September 21, the Center had a limited reopening. What this entailed was all program participants could enter the building with an advance reservation. The Center continues to be open and will soon have minimal limitations. – submitted by Christina Yensan.



Residents at Elderwood Assisted Living at Tonawanda worked on some floral arrangements door décor. – submitted by Courtney Gfroerer Krueger, Elderwood Assisted Living at Tonawanda



Brothers of Mercy Senior Apartments

Larry is a resident at Brothers of Mercy Senior Apartments who helps our community in many ways and is also a great friend to our “office puppy” Mea. – submitted by Mary Baty



Oasis Senior Advisors Buffalo “Caring Cards for Seniors” Campaign which we have conducted all throughout the pandemic and that we ramped up again around Valentine’s Day 2021. We had a wonderful response from the community and have shared some photos here of a huge batch of handmade Valentines cards that were created by a local Girl Scout Troop. We ventilated them for a week and delivered them to several area assisted living communities to spread some love on Valentine’s Day to seniors. – submitted by Mave Milligan, Oasis Senior Advisors

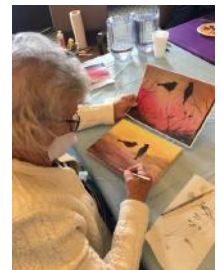


Brothers of Mercy

Summer 2020: Left, hallway birthday serenades! Above, our walking club at the sunflower field.

Hearts & Hands has kept engaged with the community by providing escorted transportation for appointments and grocery shopping, taking older adults to receive their COVID vaccination, and through our phone pals program. Our organization has been working to combat social isolation due to the pandemic.

– submitted by Angelina Anzalone, Hearts & Hands



Left to right: Another free giveaway! Valentine’s theme in February 2021. Everyone’s a bit Irish on Saint Patrick’s Day! Our socially-distant party was a blast! March 2021. Painting class – create your own masterpiece, April 2021. – submitted by Ashlie Kohlhagen, Brothers of Mercy

LIFE LESSONS

April 2021 LIFE LESSON was Welcome sunshine! Spring is in the Air!



- submitted by Nichole McDonald, Marton Care



Photos of residents planting the first seeds at Wheatfield Commons. - submitted by John Tomes, Wheatfield Commons



Rose Bouquet picture.
- submitted by Beth Donner



Memory Minders class at The Dale Association. - submitted by Angie Crawshaw



Morning Glories

This photo shows the morning glories that we plant along the side of our garage. We string leaders for the vines to follow with the plan that they will create an arbor over the walkway by extending along the outdoor light wires overhead. This is such a great sight any time of the day or night, but waking up in the morning and seeing all of the flowers in bloom is a great way to start the day! - submitted by Chris Jamele, National Parkinson Foundation

June 2021 LIFE LESSON was National Safety Month - Honor your Safety Hero!

This is a pic of my son, Jonathan Claus, working. He is testing employees for COVID before they step into the hospital. Keeping everyone inside safe and the employees safe outside. This was taken March 2020 when the temperature was 34/24 degrees. He always puts the safety of his coworkers and hospitalized first. UB MD internal medicine. Thank you for being true to your job, son. - submitted by Joe Claus



LIFE LESSONS COMING UP!

July - Celebrating and Re-Opening of America

Let's Celebrate America! Happy Independence Day! Let us also be thankful for the re-opening of restaurants, schools, and businesses. Let's pay tribute to our brave American Heroes on this special day and month! Let's express our gratitude to those who sacrificed their lives to give us freedom. Show us how you are proud to be an American by sending in pics of wearing red, white and blue, watching fireworks, going to a BBQ, waving the flag, going to a parade, or any activity where you are celebrating the 4th. Send us a pic of your American Patriot or just send in a quote. Share with your residents, aides, family, and friends. #BoldStripesBrightStarsBraveHearts #patriotism #proudtobeanamerican



August - Love Your Pet Month

Let's observe August as "Pet Appreciation Month" - a time to celebrate all the benefits that our pets bring to our lives. It's amazing how much unconditional love and laughter animals can bring into our life. The companionship of your pet can give you a healthier heart, lower blood pressure, soothe stress, provide depression relief and most importantly... give you plenty of happiness. Whether you have a dog, cat, fish, bird, horse, guide/service animals, favorite pet sitter, or a robotic pet for seniors, we want to see your silly pet portraits and names of your pet. Dress them up! Walk them! Visit a dog park! Snag a puppuccino at Starbucks! Anything goes! Please share with your friends, family, and residents. We'll post every picture sent in. #petlovers #photooftheday



September - Focusing on Friends

The month of September is dedicated to "Friendship Month". It's all about highlighting the importance of friendship and celebrating what it can do for us. It's about encouragement and support, self-esteem, keeping you active and having a positive influence. Friendship is what gives meaning to our lives. Whether it's making a new friend or catching up with an old friend, a friend is one of the nicest things you can have and one of the best things you can be. Send in pics of or tell us how you spend your moments with a friend whether it's out to lunch, shopping, working with, or taking a selfie with them. Please share with your friends, family, and residents. Life is better with friends! #FriendsForever





Network in Aging
of Western New York, Inc.

7954 Transit Road, #254
Williamsville, NY 14221

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The Network in Aging of Western New York, Inc. is a non-profit, voluntary corporation, which brings together individuals and organizations involved in aging and long-term care. Our diverse membership includes educators, health and social service professionals, community leaders, government agencies and area businesses. **Our mission is “To help our members by providing opportunities for resource exchange, professional development and interdisciplinary collaboration through networking events, educational programs, strategic partnerships and promoting public awareness of the organization and its mission.”**

For more information about the Network in Aging of WNY, contact Lisa Boron at (716) 954-3075 or go online to www.networkinaging.org.

TEAM SCAVENGER HUNT

Tuesday, July 20th, 2021 • 5:00pm - 7:00pm

OUTSIDE TAILGATE PARTY

Thursday, August 26th, 2021 • 5:00pm - 7:00pm

WORKSHOP

**Alcoholism: Disease of Generations -
Recognizing, Treatment & Support**

Tuesday, Sept. 14, 2021 • 2:00pm - 4:00pm

SAVE THE DATE!

**40th Anniversary
Annual Conference**

Thursday, Nov. 4, 2021 • 8:00am - 2:00pm

We'll update our members on other Network monthly events planned for 2021!