

Celebrating 40th Anniversary

Oct - Dec 2021



Est. 1981

Network in Aging
of Western New York, Inc.

IN THIS ISSUE

40th Annual Meeting & Conference.....	1
Fun Time for All at Team Scavenger Hunt..	2
Outside Tailgate Party a Success!.....	2
Happy Hour @Riverworks was HAPPY	2
President's Message	3
Welcome Member Agency	3
Committee Info.....	4
Did you know?	5
Welcome New Members	6
Accomplishments and recognitions	10
Upcoming Events	12
Vaccination Card Scams	12
40th Annual Meeting & Conference.....	13
Benefits for Members.....	14
Platinum Members	14-15
Memory Cafe.....	20
Positions Available	22-23
Basket Raffle Donations.....	24
Share Your Story with Facebook!.....	25
July and September LIFE LESSONS.....	25
August LIFE LESSONS.....	26-27

SPONSOR ARTICLES

Blossom: Modern Home Care Solution of Western New York.....	5
Laping, Surdej	5
Walsh Duffield Companies, Inc.	6
Juniper Glen	6
Erie County Senior Services.....	7
WNY Coalition Pooled Trusts	8
Independent Health	9
FeedMore WNY	11
Heritage Manor of Lockport.....	11
People Inc.....	12
Lawley	16
Highmark Blue Cross Blue Shield of Western New York	17
ACSIA Partners.....	18
Pathways Palliative Care	19
Supportive Services	20
Family Pharmacy Plus	21
Mar-Bon Social Club	21



"Celebrating Aging in 2021"

40th ANNUAL MEETING & CONFERENCE

THURSDAY, NOVEMBER 4, 2021 • 8AM-2:30PM
Grapevine Banquet Facility • 333 Dick Road, Depew, NY 14043

\$50.00

REGISTRATION IS OPEN!

Register online at www.networkinaging.org

FULL DETAILS ON PAGE 13

KEYNOTE SPEAKER

Senator Rachel May Chair of the Senate Committee on Aging, Chair of Legislative Commission on Rural Resources

FEATURED SPEAKERS

Sarah Harlock, MBA Program Director, DENT Integrative Center for Memory at Dent Neurologic Institute

Emily Bystrak, MPH LGBTQ Engagement & Education Coordinator WNY Pride Center

SPONSORED BY

DIAMOND
Bristol Village

EMERALD

Brookdale Senior Living Elderwood Elderwood Health Plan
Health Foundation for Western & Central NY Tennyson Court

RUBY

CarePatrol Buffalo Rochester and Syracuse Center for Elder Law & Justice Clarity Group of NY
Hospice & Palliative Care Buffalo Laping, Surdej & Associates WNY Coalition Pooled Trusts

SAPPHIRE

Ageing Well Care Management Dana Dee (ACSIA Partners) Elder Transition Consulting
Family Choice of New York Heathwood Assisted Living & Memory Care
Heritage Manor of Lockport Park Creek Senior Living People Inc. Nascentia Health

BASKET RAFFLE: for full details, see page 24

Basket Raffle
details:
page 24



Outside Scavenger Hunt @ Clarence Town Park July 20, 2021

Thanks to everyone that participated in the fun scavenger hunt! Great teamwork! Lots of creativity!



Becca, Stephanie & Mike

Tailgating party @ Weinberg Campus August 26, 2021

A big thank you to our two sponsors! BlueCross and BlueShield of WNY and Weinberg for also hosting the event!



Matt McDougall & Gary Henry



Stephanie, Angie, Paula & Stacy



50/50 crew



Center for Elder Law



Pam Pace & Ron Surdej



FeedMore WNY group



Wheatfield Commons



Paula, Jane, Mimi, Jennifer



Happy Hour @ Riverworks September 16, 2021

Such a great turnout with nearly 70 registered! Beautiful night on the water, great food and a lot of mingling! Congrats to Kristin Surdej from Laping Surdej & Associates, winner of the \$40 gift card drawing. A big congrats goes to Vanera Delincato from Garden Gate for the 50/50 raffle.



Est. 1981

Network in Aging of Western New York, Inc.

OFFICERS

President

Angie Crawshaw
The Dale Association

V.P. — Community Relations

Pamela Pace
Amazing Home Care

Secretary

Sharon Plant
People Inc.

Treasurer

Suzanne Desfosses-Gilliam
Touching Hearts at Home

Past President

Kristin Surdej, LMSW, CMC
Laping, Surdej Associates LLC

Founding President

Dr. Evan Calkins

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Brothers of Mercy Senior Apartments

Anne Binga, LMSW

Hospice & Palliative Care Buffalo

Kashia Brosius

Absolut Care

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Geriatric Care Managers of WNY

Thomas Lang, JD, MBA

Magavern Magavern Grimm, LLC

Nancy Maira

Bonnie McMorro

FeedMore WNY

Chip Mussen

Stephanie Mruzek

*Solstice Senior Living
at East Amherst*

Sue Nawojski

Tennyson Court

Jane Nogowski

Park Creek Senior Living

Darlene Polak

Briarwood Manor

April Romanowski

Lawley Insurance

Dot Swift

Elderwood Health Plan

Paula Venne

Walsh Duffield Companies, Inc.

PRESIDENT'S MESSAGE ANGIE CRAWSHAW



Reflection!

As summer closes and fall begins a new season, I wanted to reflect on all the good things that have happened over the past year.

We saw the return of in-person networking events and were able to rekindle old friendships that were so desperately missed. The Scavenger Hunt and Tailgate Party were a big success and drew in new members who attended. If you missed the networking event at Riverworks held in September, you missed all the fun and energy with almost 70 in attendance.

The commitment that our committees made this year to continue their task at hand has really come through more ever despite the obvious distractions.

The Membership Committee met their targeted goal for the year. Many thanks to our generous Platinum, Bronze and Gold members and to all our new and renewing members.

Communications Committee launched their "Life Lessons" campaign with a different theme every month, requesting participation from member agencies and the seniors they work with. The campaign has focused on topics like friendship, favorite pets, gardening, safety, celebrating the re-opening of America, and so on.

Education Committee successfully presented one workshop in the spring and is launching the in person return of the Annual Meeting on Thursday, November 4th at the Grapevine Banquets with keynote speaker NYS Senator Rachel May. This year we are celebrating our 41st anniversary with an enhanced focus on open networking. And of course, our famous Basket Raffle. This is a great venue for sponsorships. Thank you to the 16 sponsors who have committed so far for this event. You can find more information on our website.

As we take a moment to reflect on things that have changed us all through this pandemic we truly need to remember the positive and not dwell on the negative. I can't think of a better group of people to surround myself with than the friendships I have made with the Network in Aging. I can't wait to see what is in store for next year.

With that, I want to announce a new chapter in my life. After working for The Dale Association for the past 12 years I will be retiring on December 31st. I am fully committed to fulfilling my term as Network in Aging President through 2022 but will be working from my home office. On December 1st my email will change to angie.crawshaw816@gmail.com.

*"Year's end is **neither an end nor a beginning but a going on**, with all the wisdom that experience can instill in us. As we look to the New Year, hold on to what is good. Let go of what is bad. It really is that simple."* – Mandy Hale

-Angie Crawshaw – Network in Aging President

WELCOME NEW MEMBER AGENCY



Walsh Duffield

>Welcome to Walsh Duffield Companies, Inc.

Walsh Duffield is a fifth-generation family-owned insurance agency that provides tailored guidance from employee benefits, retirement plan solutions, personal insurance and Medicare. From your security to your wellbeing, we believe in providing insurance solutions that extend from our family to yours.



MAKE THE MOST OF YOUR NETWORK MEMBERSHIP BY JOINING A COMMITTEE TODAY

ALL MEETINGS VIA ZOOM OR HYBRID at this time

COMMITTEE CO-CHAIRS & MEETING INFORMATION

Please be sure to verify meeting date, time and location as there are occasional changes!

COMMUNICATIONS COMMITTEE

Establishes and directs the Network's print and online communications with its members and the public. Meetings are on the second Tuesday of the month at 10:00am. NEW LOCATION TBD.

CO-CHAIRS

Pamela Pace (pamela@amazinghc.com) (716) 863-9035
Paula Venne (pvenne@walshduffield.com) (716) 255-1593

EDUCATION COMMITTEE

Plans and carries out educational programs/workshops on aging related issues, along with planning and preparation for the annual meeting. Meetings are on the second Thursday of each month at 9:00am. Locations Vary. Please contact one of the co-chairs for info.

CO-CHAIRS

Mary Baty (baty@brothersofmercy.org) (716) 544-4720
Mike Ford (mford@broadwayhcwny.com) (716) 864-9544

MEMBERSHIP COMMITTEE

Reviews and recommends changes in membership dues and benefits; coordinates ongoing membership recruitment efforts. Meetings are on the fourth Thursday of each month at 8:00am. Meetings currently via Zoom only. No meetings in August and December.

CO-CHAIRS

Jane Nogowski (jnogowski@park-creek.com) (716) 632-3000
Dot Swift (dswift@elderwood.com) (716) 807-9708

NETWORKING COMMITTEE

Plans and carries out member-to-member functions, including Network with the Network events. Meetings are on the first Thursday of each month at 8:30am. Meetings currently hybrid. Locations vary. Please contact one of the co-chairs for info.

CO-CHAIRS

Stephanie Mruzec (eastamherstdsm@solsticeseniorliving.com) (716) 688-7880
Nancy Maira (nlmaira@verizon.net) (317) 727-7532

SPECIAL EVENTS COMMITTEE

Plans social functions for the Network, including the January Social, Taste of the Network and annual meeting venue. Meetings are on the fourth Tuesday each month at 8:30am. Locations vary, so contact Co-Chairs for more info. No meetings in January, July and December.

CO-CHAIRS

Sharon Plant (splant@people-inc.org) (716) 817-9229
Suzanne Desfosses-Gilliam (sdg@touchinghearts.com) (716) 898-8566

NOMINATING COMMITTEE

This committee solicits and accepts nominations for positions on the Network in Aging Board of Directors and presents a slate of officers and directors to the membership for their consideration.

CO-CHAIRS

Kashia Brosius (kbrosius@absolutcare.com) (716) 652-1560
April Romanowski (aromanowski@lawleyinsurance.com) (716) 572-6397

BLOSSOM: MODERN HOME CARE SOLUTION OF WESTERN NEW YORK

Same Company. New Name.



When Al Gauvin started Companion Care of Rochester in 1997, little did he know how much it would flourish. What started out as a small, local company providing companion care in Rochester blossomed into a regional licensed home care agency whose services now include nursing and personal care, care management, as well as being a lead fiscal intermediary. Our service area has

grown too. We now have four offices and are licensed to provide services in 18 counties throughout Western New York!

Our previous name just didn't fit anymore. So, we came up with a new name that would reflect who we've blossomed into. **We are now Blossom: Modern Home Care Solutions of Western New York.**

Blossom means to flourish and grow, which is exactly what we aim for with each of our clients. Whether it is home care services, care management, or CDPAP, we enable our clients to thrive.

Blossom symbolizes how we have grown as a company. It all started as a seed of an idea that grew until we became an important part of hundreds of lives.

Blossom represents how we think of our employees. We endeavor to be a fulfilling part of their lives and a place where they can grow.

Blossom celebrates our roots as a family company and honors the groundwork that our founder laid down to make it what it is today. Additionally, we've had several offices on or around Blossom Road in Rochester.

Our new name doesn't change who we are. We are the same company our community has come to love. Our family is made up of the same compassionate people they've come to rely on. And we remain true to the same values that we started out with. Our new name is a better fit and a name we can grow with! 🌸



LAPING, SURDEJ

Reflection from a Care Manager

by Kristin Surdej, L.M.S.W., C.M.C.



If someone were to ask me what are the ABCs of a care manager, I would say to be an Advocate and a Blessing to Caregivers and Clients. Caregivers are often the ones lost in process of caregiving with the focus on the one needing care.

As time goes on, year after year, our paths cross with many individuals and families. Some are more memorable than others. Some test our patience and are a challenge, testing our skills. The encounters are short with some and other span decades with multiple family members that can span generations. Each one has their own story, their own unique situation and need for guidance. We meet each individual where they are at on their journey offering advice and offering to walk with them on their journey. Most often the greatest gift I have to offer as a care manager is peace of mind. There is something to be learned from each individual or family which allows us to grow both in our knowledge and skills to help the next.

Care managers are real people too, with families and problems to face in life. I believe these experiences add to the sense of genuineness we bring to our work. I too have had people close to me battle cancer, use Hospice, live with dementia, bring care into the home, live in assisted living and nursing homes to name a few. There is nothing like a stay in the hospital to remind you what it is like, firsthand, for a client. The key is to use personal experiences to improve the work we do, then it has a meaning beyond ourselves.

So as the season of giving thanks is upon us, I challenge you to take the time to talk with those who are caregivers, either by profession or informally for family or friends, ask them how they are doing or offer a small gesture of support. It could be just what that person needs and might have greater meaning than you will ever know. 🌸



DID YOU KNOW...

...at the age of 72, **Oscar Swahn** of Sweden competed in shooting at the 1920 Olympics? He is the oldest Olympic competitor to date!

...former **President George H. W. Bush** celebrated every 5th birthday with jump out of an airplane? His last jump was to celebrate his 90th birthday. Even though he was wheelchair bound on the ground, he accomplished a successful tandem skydive at Kennebunkport!

...**Betty White** holds the record as the oldest actor to host Saturday Night Live? As the result of a Facebook campaign by a fan, in 2010 she took to the SNL set at the age of 88!

...author **Bertha Wood** had her first book published on her 100th birthday? The book *Fresh Air and Fun: The Story of a Blackpool Holiday Camp* is a memoir!

WALSH DUFFIELD COMPANIES, INC.

Get to Know Our New Member Agency



Walsh Duffield is proud to join Network in Aging in 2021. We are a fifth-generation family-owned insurance agency dedicated to helping individuals and businesses proactively manage their risk to remain safe and well. With locations in Buffalo, Medina and Rochester, Walsh Duffield is a local agency with national resources and capabilities.

At Walsh Duffield, we do this by providing you with access to commercial insurance, group benefits and personal insurance programs from the nation's leading carriers. We have recently expanded our services in Medicare to include the NY State of Health Marketplace, as we continue providing comprehensive personalized assistance to our clients. The professionals at Walsh Duffield strive to guide and educate, providing the tools to help clients make the best decisions regarding their insurance and risk management programs to help them achieve long term success.

Our Medicare/Marketplace consultants have 30 years combined experience and can provide one-on-one consultations as well as educational group presentations to businesses and organizations. We work with all local insurance carriers and most national carriers to offer a full suite of Medicare Advantage, Medicare Supplement and Part D plans.

Whether you need coverage to protect your business or have clients or employees who need help navigating Medicare, Walsh Duffield is here to listen, educate and guide. **Start by visiting walshduffield.com or call us at 716-853-3820.** 🌸



JUNIPER GLEN

Juniper Glen Alzheimer's Special Care

Since opening in 2017, Juniper Glen Alzheimer's Special Care has been a designated stand-alone memory care community, designed to care for those with Alzheimer's and other related dementias. Over the past several months there have been some exciting changes happening within the community. We would first like to share that Juniper Glen is now part of Sunshine Retirement Living which is family owned and operated. The shift to Sunshine Retirement Living is one we're elated to share and will bring about many positive changes for the families and residents we care for.



Other exciting news, Mimi Piciullo has rejoined the team as Executive Director and Stefaniee Oneil has also come back as the Community Development Director. We've also added on a Health Services Coordinator/Case manager. Shavon Tolbert has been a positive, dynamic member of the Juniper Glen team for some time now. She has recently accepted the position and is now that crucial link overseeing case management and was previously here as a charge nurse. We all decided to return due to the many positive changes like additional staffing, innovative programming and higher than average pay scale for all staff – but especially caregivers.

What's new around the Juniper Glen? Welcome to our: *Sensory Spa – Rejuvenation for the Mind*. Our sensory therapy is meant to activate one or more of the 5 senses with the goal of evoking positive feelings. Sunshine Retirement Living has created an entire room designed to calm and soothe residents that may be experiencing agitation, anger and depression which are all common behavioral side effects in this population.

We're all so excited to be back part of the team and look forward to moving Juniper Glen in the right direction. We currently have openings and offer quick admissions. **Please reach out to either Mimi (716-432-0247) or Stefaniee (716-598-1527) with any questions.** 🌸



ERIE COUNTY SENIOR SERVICES

Frozen Meal Program



Left: Example of a frozen meal package from Amherst Senior Center.

Below: Amherst Senior Center staff ready for seniors pick up their frozen meals.



When all Congregate Dining Program locations paused due to the COVID-19 pandemic, Erie County Senior Services started offering a frozen meal alternative as a safe and convenient way for older adults to access a healthy meal. Seniors can choose from three to 10 meals and are available for curbside pickup once a week. Along with providing much-needed meal options, the Frozen Meal Program provides an opportunity to perform a weekly wellness check for all of the participants. Free nutritional education and counseling is made available by the Erie County nutrition staff as well. Thousands of meals have already been distributed at 26 locations across Erie County and the program remains a popular option for those who need it. 🌸

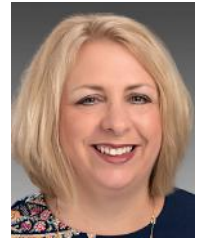


Left: Handoff of frozen meal package.



Right: Example of frozen meal pick up at Maryvale East Senior Living Apartments in Cheektowaga.

WELCOME!



WELCOME NEW BOARD MEMBER

Ann Marie Klosko

Owner of Elder Transition Consulting, LLC, a Senior Move Management company, supports WNY elders and their families with the process of downsizing and moving to their new home.

WELCOME NEW INDIVIDUAL MEMBER

Eva Christ

716 Realty



Did you know?

Did you know that you can submit your own event directly on our website? All events will also be added to Facebook. Under EVENTS on home page, select SUBMIT YOUR EVENT. 🌸



Erie County Department of Senior Services



**WNY Coalition
Pooled Trusts**
PUT YOUR TRUST IN US

*Pooled Trust set up and administered
by professionals, knowledgeable in
public benefits, trusts & estates.*

*Available to individuals with
disabilities of any age.*

**For more information, visit
www.wnypooledtrust.org
or call 1-866-362-5081**



WNY COALITION POOLED TRUSTS

WNY Coalition Pooled Trusts

Submitted by Kelly Barrett Sarama, Esq., Center for Elder Law & Justice

For over a decade, the Western New York Coalition Pooled Trusts (WNYCPT) has been helping individuals age in place by securing eligibility for Medicaid services in community settings while maintaining access to the majority of their income and assets. Currently, we have nearly 1,000 beneficiaries using this vital tool, which statistically keeps the aging population out of nursing homes for a longer period than those who navigate their needs alone.

If you or your clients are living in a community setting and are disabled, the WNYCPT is a tool that can be used to divert excess income and resources above Medicaid and SSI levels in order to maintain eligibility for these benefits. Once diverted, the funds can be used to make purchases and payments on behalf of the beneficiary.

WNYCPT has three trustees: Center for Elder Law & Justice, People, Inc, and Key Bank. Together, these trustees have several decades of experience helping older adults and people with disabilities.

Our recent client Ed Yadzinski benefitted from the WNYCPT, and we heard from his son, Greg:

“On behalf of the Yadzinski family I cannot thank you and your team enough for your guidance, compassion and dedication to my father’s case. Our mission all along has been to keep him at home, in the environment tailored to serve his unique needs and we’ve achieved this objective. You’ve helped make it possible for my father to engage in his life’s passions of music, art and science with dignity and on his own terms during these final years. Ultimately, your interventions brought him the most precious gift of all – time.”

Give us a call today at 1-866-362-5081. 




We continue to be here to help ease the most uncertain time we all face.

To plan arrangements for yourself or a loved one call to speak with one of our Family Service Counselors.

Mount Olivet Kenmore Assumption Grand Island 873-6500	Holy Cross Lackawanna 823-1197
Saint Adalbert Lancaster 681-3090	Holy Sepulchre Cheektowaga 892-3063
Catholic Cemeteries Put your faith in us.	Gate of Heaven Lewiston 282-5084
	Queen of Heaven Lockport 433-0941



HELP OUR NETWORK GROW!

We want to hear from you! Please take a moment to share what Network in Aging means to you and your business. Have you been able to connect with other industry professionals? Discovered new resources to help your clients? Made some fantastic new friends?

Send your testimonial (just a couple of sentences will do) to lisa@networkinaging.org and show potential members the value in joining us!

INDEPENDENT HEALTH



Western New Yorkers can count on the RedShirt® Treatment during this year's Medicare Open Enrollment period

As the only true local health plan, Independent Health remains committed to delivering affordable, high-quality coverage and outstanding service to our members. It's just one of the many reasons why more people select Independent Health for their Medicare coverage than any other plan in Western New York*.

With the Medicare Open Enrollment period scheduled to run from October 15 through December 7, our RedShirtsSM are ready to help you find the best plan to fit your budget and health care needs for 2022.



and RedShirts, a face mask must be worn while inside our Medicare Information Centers. Although not required, appointments are also encouraged. Visit www.independenthealth.com/FindARedShirt or call us to find out more about our safety measures and the hours of operation for our Medicare Information Centers.

Consistent rates and enhanced benefits

For 2022, Independent Health will continue to offer a comprehensive range of plan options, with the consistent premium rates and unique benefits our members have come to expect. This includes three \$0 monthly premium plans (members who enroll in Independent Health's new \$0 Encompass 65[®] Edge HMO plan will receive money back each month toward their Part B premium), our popular Premier Wellness Package, as well as several new benefits, including:

- An over-the-counter (OTC) benefit through NationsOTC[®], which will provide a \$100 to \$400 allowance per year that members can spend on hundreds of brand-name or generic over-the-counter items like vitamins, pain relievers and dental supplies††.
- A Medicare Rewards Program that will allow members to earn reward dollars for completing preventive health services, such as an Annual Wellness Visit, flu shot and other routine check-ups and tests. These reward dollars can then be used toward the purchase of a variety of OTC or grocery items, Apple[®] products and more.

We're here to help!

As always, you can count on Independent Health to deliver the RedShirt[®] Treatment year-round. Whether it's in person or connecting by phone, video chat or online, we're here to make Medicare easy for you every step of the way.

To schedule your personalized RedShirt Benefit Review, simply call **(716) 635-4900** or **1-800-958-4405** (TTY:711), Monday through Sunday from 8 a.m. to 8 p.m. You can also learn more about our Medicare Advantage plans at www.independenthealth.com/medicare.

Independent Health is a Medicare Advantage organization with a Medicare contract offering HMO, HMO-SNP, HMO-POS and PPO plans. Enrollment in Independent Health depends on contract renewal.

*Per CMS WNY enrollment data 9/2021. **A salesperson will be present with information and applications. For accommodations of persons with special needs at meetings, please call (716) 635-4900 or 1 (800) 958-4405 (TTY: 711). †Limited one per person and if applicable, while supplies last. No obligation to enroll. ††Allowance is made available by quarter. Allowance does not carry over quarter to quarter or plan year to plan year. Costs over the allowed amount are the member's responsibility. This benefit can only be used for covered items through NationsOTC[®]. Excludes Independent Health's Encompass 65[®] Edge HMO plan. Benefits vary by plan.

Schedule your RedShirt[®] Benefit Review today

In order to make sure you select the Medicare Advantage plan that is right for you, Independent Health invites you to visit one of our Medicare Information Centers** to receive your exclusive RedShirt[®] Benefit Review. A friendly and knowledgeable RedShirt will meet one-on-one with you to discuss all of your plan options. If it's more convenient for you, you can call us to have your review done over the phone or virtually.

By completing your RedShirt Benefit Review, you will receive a free gift and have the chance to win great prizes.† Plus, you can nominate your favorite local charity to receive a donation from Independent Health.

Several Independent Health Medicare Information Centers throughout the region are open to the entire community, including our year-round sites in Cheektowaga/Depew, Jamestown/Lakewood, Orchard Park and Tonawanda.

"Independent Health wants to make sure that Western New Yorkers are once again well-informed when it comes to their Medicare coverage," said Cathy Aquino, director of government sales, Independent Health. "Our Medicare Information Centers offer greater access and convenience to anyone seeking information about their Medicare Advantage plan options. By visiting one of our sites, you'll be able to sit down with one of our RedShirts and get all your Medicare-related questions answered."

Please note: For the safety of our guests

Helping you get and stay healthy.

That's the RedShirt[®] Treatment.

Proud to call Western New York home for over 40 years, and to serve more members than any other Medicare Advantage plan in WNY.*



Questions? Contact a RedShirt
(716) 635-4900 or **1-800-958-4405** (TTY: 711)
Oct. 1–Mar. 31: Monday–Sunday, 8 a.m.–8 p.m.,
Apr. 1–Sept. 30: Monday–Friday, 8 a.m.–8 p.m.
IndependentHealth.com/Medicare

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*Per CMS WNY enrollment data 8/21.
©2021 Independent Health Association, Inc. IH31494

ACCOMPLISHMENTS & RECOGNITION!



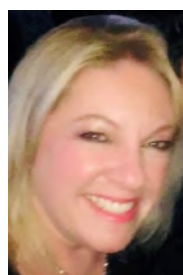
Did you know? **Elderwood Village at Bassett Park** is undergoing a complete renovation? We would love to show you around! Call today to schedule an in-person tour! 716-688-4011



Congrats to **Mimi Piciullo** who has returned as Executive Director at Juniper Glen, and **Stefaniee Oneil** who has rejoined the team as the Community Development Director



Roxanne Sorensen, owner, aging life care specialist, Elder Care Solutions of WNY – Congratulations on being honored by Buffalo Business First as one of the 2021 Women of Influence for the Entrepreneur Category.



Congratulations to **Wendy Anzalone** for starting a new position as Executive Director at Brookdale Niagara Memory Care.



WECK Radio – **Michelle Spencer**, an Aging Life Care Specialist and the owner of Aging Well Care Management, LLC, was featured on WECK Radio 100.1 FM, 102.9 FM and 1230 AM on September 11, 2021. Check out her interview with Sally Stier and Lisa Giancarlo of The Clarity Group on their “Medicare And More” show at weckbuffalo.com/podcasts/medicare-and-more



We are excited to introduce our newest senior living advisor, **Tracy Reese**, Senior Living Advisor and (CDP) Certified Dementia Practitioner! She has joined the Buffalo Oasis team and is ready to make a difference in the lives of seniors and the professionals that serve alongside of us.

At the heart of Oasis are people who truly care about making a difference in the lives of our clients. I was born and raised in Buffalo and am honored to extend the Oasis experience to our amazing Buffalo community. Working with a Fortune 500 Company for 25 years, I became a problem solver with a people-first mentality as I delivered thousands of satisfied customer experiences. I excelled at marketing a product but was still looking for a greater purpose. I pivoted my career to senior living, where I worked in a 5-star rated WNY rehab and long-term health care facility. Here, I built relationships with the residents and their families and strived to help them live their best life every day. I understand how overwhelming and confusing it can be to find care for an elderly loved one. I will help you develop and implement a plan that ensures your loved one's needs are addressed in a compassionate and respectful manner, keeping their dignity, independence and individualism in mind. I look forward to working with you and your family.



Congratulations to **Shannon Radlich**, the new administrator for Heritage Manor of Lockport. Shannon has grown with DePaul, starting as their Marketing Director, and is now settling in nicely in her new role.



Congratulations to **Sue Nawojski** as the new Administrator of Tennyson Court and **Lindsey McSharar** as the Chief Operating Officer of Tennyson Court and their sister community in Florida

WELCOME TO CAREPATROL!

Sarah Rome
SENIOR CARE ADVISOR



Sarah has over 15 years experience in the senior living industry, with a focus on Skilled Nursing and Assisted Living. Sarah started her career working at Absolute Care where she spent time as a social worker in Memory Care, and Rehabilitation & Discharge Planning. In 2015, she transitioned to Elderwood, where she served as the Community Relations Coordinator, prior to being promoted to an Administrator of an Assisted Living Community.

Most recently, Sarah stepped away from working full time to be a stay at home Mom to her new daughter, but her passion is in utilizing her extensive knowledge of all aspects of long term care, to advocate and help seniors and their families with these challenging decisions.

Sarah attended SUNY Fredonia where she earned her BS in Psychology and Social Work, and went on to complete the LMHC program at St. Bonaventure University where she earned her Masters of Science in Education Clinical Mental Health Counseling.

Sarah was born and raised in East Aurora, and resides there today with her husband and 10 month old daughter, Ella.

Phone: (716) 463-2966
Email: SRowe@carepatrol.com

FEEDMORE WNY

Companion Call Program

At FeedMore WNY, limiting the interactions between our home delivered meal clients and home delivered meal volunteers due to COVID-19 was a challenging adjustment. Our volunteers are the only people many of our clients, whom are older adults, get to interact with in a given day, and our volunteers deeply missed



connecting with the clients they had grown close to. Our Companion Call Program was developed to have volunteers call our home delivered meal clients and check on their well-being, see how they were managing during the pandemic and to chat about daily life.

The changing state of the pandemic does not change the limited personal contact our clients get. Since most of our clients are homebound, live alone, and may not have family, friends or neighbors that they speak with often – FeedMore WNY has opted to continue our Companion Call Program.

A list of clients is provided to our volunteers, who call clients to check in and see how they're doing. Conversations begin with topics such as how they are enjoying the meals and often lead to clients sharing what is going on in their lives. Volunteers keep a log of anything of importance that comes up in the conversation such as food allergies, diet and medical issues that may need follow up. The volunteer logs are sent to our Nutrition and Client Services teams and they follow up on any questions or concerns.

“We have had many clients tell us they appreciate the companion calls because just knowing that someone out there is thinking about them and cares makes all the difference,” Sara Carlson, social worker, said. “These calls are also a helpful way for our Client Services and Nutrition teams to learn of individual client concerns, and ways that we can better benefit them. Overall, this program is a simple yet meaningful way to connect with our clients on a deeper level. At FeedMore WNY, we truly care about our clients and this is one more way we can show them that.” 🌸



HERITAGE MANOR OF LOCKPORT

Life is a Carnival at Heritage Manor of Lockport A Senior Living Community

From a mime, clown and friendly lion to a dunk tank, caricatures, games and prizes, Heritage Manor of Lockport pulled out all the stops to bring the carnival to residents of the Senior Living Community in Lockport.

At right, pictured clockwise above soaking up the festivities, Alice Remus poses in the photo booth, Jim Vasi shows off his bingo win, Sharon Thompson gets in on the fun, and Liz displays a caricature from Carnival.



Staff members played the part including Maggie as a mime, Assistant Resident Care Director Michelle Pham as a clown and Administrator Shannon Radlich and her dog Shelby as a lion tamer and lion! And the event was complete with staples like fresh popped popcorn and fried cakes with powdered sugar!

“The day was a full sensory experience, complete with the sights, smells and sounds, conjuring up memories of carnival and circuses of the past for all,” said Radlich.

For more information about Heritage Manor of Lockport, please contact Administrator **Shannon Radlich** at (716) 433-7626, at sradlich@depaul.org or visit us on Facebook. 🌸



PEOPLE INC.

People Inc. Oakwood Senior Apartments in Blasdell Accepting Applications

Move-in this fall – your new apartment awaits!




Are you or a loved one looking for maintenance-free living? People Inc. Oakwood Senior Apartments is accepting applications for a move-in by mid-November. Located at 15 Oakwood Avenue in the village of Blasdell, NY, the apartments are for people age 55 and over and who meet income eligibility.

People Inc. Oakwood Senior Apartments include one- and two-bedroom units. The apartment units include a brand new refrigerator and stove, plus safety features and laundry facilities. And, yes, furry friends welcome – tenants may have one small pet!

Additional apartment features include: Part time professional on-site management, accessible or barrier-free apartment units available, secure entrance, community room and central air conditioning.

Seven units are reserved for people who are frail elderly/homeless and in need of support services.

Section 8 vouchers are accepted. Staff members are happily available to provide income eligibility details and answer questions.

To download an application, go to people-inc.org/oakwood-apts. For more information or to request an application be mailed, email housing@people-inc.org or call 716-880-3890. 



UPCOMING EVENTS

October 15th

Hospice Harvest Fest

October 23rd


Parkinson's Foundation – Virtual Moving Day at Home

November 1 – November 30

Feedmore WNY – Check Out Hunger – multiple locations

December 4th

Hospice – Light-A-Life Memorial Tree Lighting Ceremony



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Email Lisa Boron at lisa@networkinaging.org to reserve your article.



Vaccination Card Scams

Sharing your COVID-19 vaccine card on social media can provide pieces of key information that scammers use to:

- 1) Steal your identity.
- 2) Manufacture fake COVID-19 vaccination cards.

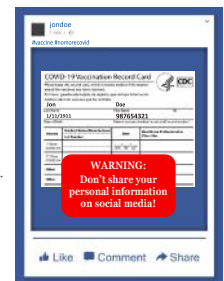
Posting content that includes your date of birth, health care details or other personally identifiable information make you a prime target for scammers.

Protect Yourself:

- Offers to purchase COVID-19 vaccine cards are scams. Valid proof of a COVID-19 vaccination can only be provided to individuals by legitimate providers administering vaccines.
- Be extra cautious of unsolicited requests for personal, medical, and financial information. Medicare will not call you to offer COVID-19 related products or services.
- Be suspicious of any unexpected calls or visitors offering COVID-19 tests, vaccines or supplies. If you receive a suspicious call, hang up immediately.
- Do not click on links in emails or text messages about COVID-19 from unknown individuals.

Report It:

To learn more about protecting yourself from fraud, errors and abuse call your NYS SMP at 800-333-4374 or visit www.nysenior.org.



This project was supported, in part by grant number 90MPPG0010-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

Source: www.oig.hhs.gov

4/21



**Basket Raffle
details:
page 24**

40th ANNUAL MEETING & CONFERENCE

Thursday, November 4, 2021 • 8AM-2:30PM

Grapevine Banquet Facility • 333 Dick Road, Depew, NY 14043

COST: \$50 • REGISTRATION IS OPEN! • Register online at www.networkingaging.org

KEYNOTE SPEAKER

Senator Rachel May
Chair of the Senate Committee on Aging, Chair of Legislative Commission on Rural Resources

NY Senator Rachel May will discuss senior care initiatives, legislation, and policy at the state level how it affects us and how we can help. She is also a member of many other committees including agriculture, banks, cities 2, elections, environmental conservation, and health.

FEATURED SPEAKERS

Sarah Harlock, MBA
Program Director, DENT Integrative Center for Memory at Dent Neurologic Institute

Sarah will address the mental health stresses on residents, clients, and caregivers during the COVID pandemic. Sarah will also share techniques to help with managing those stresses.

Emily Bystrak, MPH
LGBTQ Engagement & Education Coordinator WNY Pride Center

Competency training, sensitivity training awareness, inclusiveness – how to offer to seniors.

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You **SPOKE!** ((We LISTENED!))

Because it's been so long since we've connected, members want to get out from behind the vendor tables and re-establish relationships!

Resource tables will be placed along the wall and each member agency can put out one Marketing item.

DIAMOND, EMERALD, and RUBY sponsors will have the benefit of putting theirs in the welcome bag.

Don't forget to place your ad in the program book... offering all COLOR ads!

Full page - \$300 Half page - \$200
Quarter page - \$150 Business card - \$50

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LAWLEY

**New Plans and Perks
for a New Year**

Hi, I'm April Romanowski and I understand that Medicare can be complicated. That's why I want to make it easier for you. I can help you find, and enroll in, the Medicare plans that are best for you and your family. Here are some facts to consider when choosing a Medicare plan.

What is Medicare?

Medicare is a federal health insurance program for Americans ages 65+, as well as those with certain disabilities.

What are the four parts of Medicare?

Medicare is broken into four parts: A, B, C & D.

Part A – This covers inpatient hospital visits, skilled nursing facility stays, and hospice care.

Part B – Helps pay for doctor visits, ambulance rides, lab tests, and equipment such as wheelchairs.

Part C – This is also known as Medicare Advantage. It is an alternative program to Parts A & B offered by approved private insurance companies.

Part D – Medicare D is an optional prescription drug plan offered by approved private insurers.

What is the cost of Medicare?

Lawley's team of Individual & Senior Health Insurance Consultants will help you best decide what plan to enroll in. One of the factors they look at is your budget and your needs. Some plans begin at just under \$200/year which is under \$20/month.

How do I go about choosing a Medicare plan that is right for me?

The best way to choose a Medicare plan is to call Lawley. We can help you decide what works for you and your family.

Here is my contact information:

April Romanowski, Benefits Consultant Individual and Senior Health
m (716) 572-6397, (716) 849-8291
aromanowski@lawleyinsurance.com
361 Delaware Ave, Buffalo, NY 14202

IMPORTANT REMINDER
Medicare Annual Election Period:
Oct. 15 – Dec. 7

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- NEW Senior Blue Basic Plan that gives members \$50 back in their Social Security check**
- NEW coverage for routine chiropractor visits and massage and acupuncture allowance

Contact us to schedule a one-on-one consultation over the phone, virtually, or in-person at one of our three local Medicare

Centers. Call 1-800-248-9296 (TTY 711) or visit bcbswny.com/medicarecenters for the most up-to-date information and hours for our Medicare Centers. Masking and social distancing are strongly recommended.

- Amherst Medicare Center, 2350 Maple Road, Suite 200 (behind Lowe's)
- Tonawanda Medicare Center, 2925 Sheridan Drive (corner of Sheridan and Eggert)
- Orchard Park Medicare Center, 4086 N. Buffalo Road (next to M&T Bank)

Call 1-800-248-9296 (TTY 711) or visit bcbswny.com/medicare to learn more.

*Not covered on Senior Blue Basic (HMO) or Senior Blue 601 (HMO).

**Beneficiaries are eligible for a Part B monthly premium giveback if they do not receive Medicaid or any other assistance paying their Part B premium. Beneficiaries must continue paying their Part B premium. It may take a few months for the Part B premium giveback credits to become effective.

Highmark Blue Cross Blue Shield of Western New York (Highmark BCBSWNY) is a trade name of Highmark Western and Northeastern New York Inc., an independent licensee of the Blue Cross Blue Shield Association. Highmark BCBSWNY is a Medicare Advantage plan with a Medicare contract and enrollment depends on contract renewal. For accommodations of persons with special needs at meetings, call 1-800-248-9296 (TTY 711). Highmark BCBSWNY complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-833-735-4515 (TTY 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-833-735-4515 (TTY 711)。

Y0086_MRK3378_M



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Improving Home Safety

Falls in the home are often caused by inadequate safety measures. Removing tripping hazards, adding railings and grab bars in the bathroom and stairways, and improving and increasing lighting can all be helpful measures. Throw rugs, items on stair wells and extension cords are all common causes of falls in the home. Another important consideration is being realistic about your ability. It is important to accept at some point that climbing up ladders and on chairs to change light bulbs and use high shelves is best left for

someone else to do for you. Asking for help is not one of my strong points either but at some point in our lives, discretion and humility can safeguard longevity, health and freedom. New technologies also exist for seniors to alert family and healthcare providers about a fall: wireless sensors, fall detection technology, remote emergency calling, and smart home installations help family and healthcare providers to respond to falls more quickly if they do occur.

Michael Olear is a Licensed Associate Broker with MJ Peterson Real Estate and has been specializing in elder real estate since 2000. Find him online at www.olear.com.

ACZIA PARTNERS

Estimate the Cost of Long-Term Care With an Online Calculator

With an online calculator, “You can estimate the cost of long-term care, then talk to me about paying for LTC,” says NY-based agent Dana Dee

Consumers may first learn how much they’ll need to pay for care when the need arises, then how to manage the costs – through affordable insurance or other means
It’s a simple two-step process:

STEP 1: Go online to use the Cost-of-Care calculator that displays the going rate for care in any state or metropolitan area. The calculator shows costs per day, month, or year for care in a nursing home, assisted living facility, adult day care center, or one’s own home with a health aide.

STEP 2: Then place a call to a local agent with ACSIA Partners. In this geographic area, that’s Dana Dee, who lays out options for managing the costs through LTC insurance and other financial means.

“Step 1 is likely to blow people’s minds,” says Dee, NY-based agent with the company. “Most people have no idea how expensive care can be. It may be higher than they expect in some geographic areas, and lower in others. In all areas, today’s costs may be highly inflated years from now, when the care is needed.”

“Step 2 may be an eye-opener too, but in a different way,” according to Dee. “Many people fear sky-high insurance premiums, but they may be in for a surprise. Premium costs may be more

affordable than they think, especially if they shop around and sign up early, when they’re younger and in better health.”

When consumers call Dee, they first provide facts about their age, health, state of residence, and financial profile and goals. Dee then supplies costs for suitable policies from competing carriers. “Rates can vary widely depending on the carrier, benefits desired, and other factors,” says Dee.


The calculator, supplied by a leading insurance carrier, is available at Cost of Care Calculator. <https://www.genworth.com/aging-and-you/finances/cost-of-care.html>

In addition to traditional long-term care insurance through multiple carriers, Dee’s agency offers these options:

- “Hybrid” policies (typically life insurance with long-term care riders)
- Worksite long-term care (portable individual voluntary plans with group advantages)
- Annuities with tax-advantaged long-term care features
- Critical illness insurance
- Additional protections, including long-term care education and referrals to top care services

As a licensed long-term care insurance agent, Dee advises on the full range of alternatives listed above.

“When people come to us,” Dee says, “whoever they are or whatever their situation, we like them to know that help is at hand, whether it’s an LTC policy or something else.”

ACZIA Partners now offers free help to consumers who want to learn the financial risk of long-term care, which a majority of us will need some day, whether due to accident or aging. The service blends the best of technology, an online calculator, with the best of the human touch, a real live advisor on the phone. 

Contact: Dana Dee, CLTC • ACSIA Partners LLC
dana.dee@acsiapartners.com • 716-983-1316

Short phone inquiries are welcome. A free long-term care guide may also be downloaded. Dee is a licensed long-term care insurance agent who represents the company in NY. In California the company is known as xACSIA Partners Insurance Agency; in other states, as ACSIA Partners.



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Meetings are held the first Tuesday of the month. Contact April Romanowski at aromanowski@lawleyinsurance.com for more info.

PATHWAYS PALLIATIVE CARE

Pathways Palliative Care: A Team-Guided Path for Illness Management & Comfort

by Dr. Richard Castaldo

Palliative care and hospice care share a similar focus, however palliative care is initiated earlier in the illness process, rather than just at end of life, and patients can still receive chemotherapy or dialysis.

For Western New Yorkers with serious, progressive illnesses, it can be challenging to navigate the health care system. The extensive paperwork and variety of medical decisions can make finding and securing the needed services a difficult time. When a chronic condition impacts quality of life for patients and families, contacting Pathways palliative care enables them to receive the comprehensive care and support that fits their needs.

Chronic illnesses often lead to patients cycling in and out of the emergency room or hospital. Some examples of diseases for which palliative care proves especially effective include:

- Cancer
- Chronic obstructive pulmonary disease
- Congestive heart failure
- Dementia
- Neurological disorders, including ALS & MS

Anyone can make a referral to Pathways palliative care. When doctors refer patients, they are not relinquishing their primary care of that patient, rather, they are receiving a supplemental team of experts that implements additional services and resources. They collaborate with primary care physicians and specialists to create a care plan to keep patients independent at home. They serve as an extra set of eyes and hands to lighten a practice's workload and can give doctors alerts for any condition changes.

When patients enroll in palliative care, which is often covered by health insurance, they receive case management to reduce discomfort and hospitalizations. The primary goal is to alleviate distress associated with advanced illnesses. A cross-functional team develops a care plan for the patient's home or long-term care facilities to prevent trips to the emergency room or hospital admissions and mitigate symptoms such as:



- Shortness of breath
- Loss of appetite
- Constipation
- Emotional needs and spiritual concerns

Pathways addresses mental, emotional, social and spiritual issues. A medical director performs consultations to review a patient's stage in the disease process and medical needs. Registered nurses make monthly visits in the home or assisted living facility to assess what is bothering them while anticipating needs and ensuring appropriate medications are

available. Patients also have access to a social worker who will assist them with accessing necessary resources, applying for Medicaid and obtaining personal care aide services and social or medical transportation. Social workers also help prepare advance directives while guiding families and connecting them to community resources, personal care aides and medical or social transportation.

Sorting through the landscape of health care organizations can be overwhelming for individuals to find the proper assistance they need. Chronic illness educators spend extensive time counseling patients, answering questions and responding to concerns regarding the illness and its prognosis. They take pride in teaching patients and families about the disease process and treatment options.

Another benefit is that staff can visit patients after they are discharged from the hospital to help avoid additional hospitalizations. Nurses help patients avoid exacerbating conditions related to the illness as part of a post-acute care model. Many programs now offer remote patient monitoring through telehealth kits that equip clinical staff with real-time monitoring and evaluation, enabling a rapid response whenever the situation demands it.

The clinical team always strives to alleviate any burden in the family through dedicated, specialized care and thorough guidance at every step of the illness. 🌸



Dr. Richard Castaldo is the Medical Director of Pathways Palliative Care in Niagara County.

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The Center for Workforce Inclusion, Inc., and
The U.S. Dept. of Labor's Division of Employment and Training

SUPPORTIVE SERVICES

Senior Community Service Employment Program

Introduction. The Senior Community Service Employment Program (SCSEP) assists mature job seekers (age 55+) and their communities by providing part-time community service assignments while supporting local non-profit and governmental agencies.

SCSEP participants earn minimum wage while developing or enhancing their skills while continuing to seek employment outside of the program. Participants have various assignments (job) classifications, such as: clerical assistants, child/adult day care assistants, nutrition and janitorial assistants.

Earning While Learning. Paid work experience allows participants to develop or enhance their skills. Formal and informal training is given on host agency assignments. Our agency provides full financial responsibility (wages, state mandated fringe benefits, workers compensation and general liability) for participants placed in a host agency site.

Become A Host Agency Site. Your agency must be a not-for-profit 501(c)3 or governmental/public agency to qualify. Work sites (host agencies) are selected to furnish supervision, instruction and training for assigned SCSEP participants. 🌸

For more information contact: Anita Wolniewicz, Project Director, Supportive Services Corporation, 245 Elmwood Avenue, Buffalo, NY 14222; 716-881-6350, Ext. 11. Visit our website: www.supportiveservices.org

The Senior Community Service Employment Program (SCSEP) is funded by a grant from the U.S. Department of Labor Employment and Training Administration, the Center for Workforce Inclusion (formerly Senior Service America, Inc.) and operated locally by Supportive Services Corporation through subcontract with the Erie County Dept. of Senior Services.



WHAT IS A MEMORY CAFE?

Our Memory Café is a gathering place for caregivers and their loved ones to relax, socialize, enjoy a meal and some great music!

Please RSVP to (716) 570-6520 to reserve a spot!

For more information call or email (716) 570-6520
westfallscenter@gmail.com



1 West Falls Center for the Arts
1863 Davis Rd., West Falls, NY 14170
1st and 3rd Wednesday of each month | **NOON - 1PM**

September 1st and 15th November 3rd and 17th
October 6th and 20th December 1st and 15th

2 Amherst Senior Center
370 John James Audubon Pkwy., Buffalo, NY 14228
1st and 3rd Tuesday of each month | **2PM - 3PM**

September 7th and 21st November 2nd and 16th
October 5th and 19th December 7th and 21st

3 Patchin Fire Hall
8333 Boston State Rd., Boston NY 14025
NOON - 1PM

October 13th
November 10th
December 8th

4 The Dale Association
33 Ontario Street, Lockport NY 14094
2nd and 4th Wednesday of each month | **11:30AM - 12:30PM**

October 27th
November 10th
December 8th and 22nd



Memory Cafe Concert Series is a compassionate and joyful shared musical experience designed to enrich the lives of people with Alzheimer's Disease and Dementia and their caregivers.

We offer a beautiful, catered meal and professional musical entertainment in a welcoming space.

Music has proven time and again to be a powerful balm for the human soul. Though traditional "music therapy" encompasses a specific set of practices, the broader use of music as a therapeutic tool has worked wonders on patients suffering from Alzheimer's disease. With Alzheimer's, people lose their capacity to have interactions and carry on with interactive communications. According to studies done in partnership with the Alzheimer's Foundation of America, "When used appropriately, music can shift mood, manage stress-induced agitation, stimulate positive interactions, facilitate cognitive function, and coordinate motor movements."

With Memory Cafe, we aim to create a lasting community with others facing similar challenges. We are passionate about creating music-based companionship and connection that provides meaning, hope and an hour of shared joy for those that need it most.

Memory Cafe in West Falls, NY (West Falls Center for the Arts, 1863 Davis Rd. West Falls 14170) is on the 1st and 3rd Wednesday of each month from noon - 1pm.

Memory Cafe in Amherst (Amherst Senior Center, 370 John James Audubon Pkwy, Buffalo 14228) is on the 1st and 3rd Tuesday of each month from 2pm - 3pm.

"Coming soon" – new locations for Memory Café concerts in Niagara County and the Southern Tier. Contact Carolyn Panzica at 716-570-6520 with any questions.

FAMILY PHARMACY PLUS

Family Pharmacy Plus is a family-owned independent pharmacy located in Lockport. Each patient receives personal attention necessary to maximize their medication therapy.

We strive to help our patients remain independent and at home for as long as possible, which has become even more important in our Covid-19 world. We offer the Dispill compliance packaging program. Patients receive 30 days worth of medication packaged together in cells clearly labeled with contents. The



top of each card lists medication name, a description, and which cell the medication can be found in. This makes it easy for the patient to identify a medication. The packaging is sturdy, but cells can easily be removed so medications can be easily taken to appointments, social engagements, and when travelling limiting disruption in medication administration.

Our pharmacists consult with the patient and caregiver when starting the program to determine intake times for each medication that lessen side effects, decrease drug interactions, and increase patient compliance. We follow up to address any concerns or therapy changes. The top of each card lists the patient's medication regimen. A larger copy of the regimen is supplied each month so the patient can take it to any medical appointments allowing each provider to see what the patient is taking and when.

There is no fee for our compliance packaging service. This program is helpful for those going home after a hospital or rehab stay, those taking several medications a day, those who have difficulty manipulating prescription bottles, or those who need a little extra help to remain at home.

Getting started with Family Pharmacy Plus is simple. Call us and we will take care of getting prescriptions from providers. Medications can be picked up at the pharmacy, delivered, or sent overnight via UPS. We administer Covid, influenza, shingles, and pneumonia vaccines. Arrangements can be made to give any of these in home. We also offer rapid Covid testing (non-PCR).

We are located at 320 S Transit St. in Lockport and are opened Monday through Friday 9am-6pm, Saturday 9am-1pm. We can be reached at 716-433-3733. 🌸

FAMILY PHARMACY+
AB-CBD +
www.familypharmacyplus.com

MAR-BON SOCIAL CLUB

Western New York's first ever social club exclusively for seniors is open in East Amherst, NY

During the past year and a half, many seniors have found themselves isolated and alone and longing for socialization. Mar-Bon Social Club in East Amherst, NY, may be just what you've been looking for either yourself or that special senior in your life.

Mar-Bon was created by two sisters, Laurie Pope-Greco and Vicky Pope, named in honor of their parents, Mary and Boniface Pope. The concept was formed from a personal struggle. As their mom was getting to a stage in her life where she was not socializing as much as she had and was spending many days alone, they needed options. Mar-Bon fills that need.

A place that allows seniors to connect with their peers and become members of the community again. "We love that our members enjoy their days at Mar-Bon as much as we love having them here. Seeing on a daily basis that what we set out to do is coming full circle is very rewarding. In the short time we've been open, our members have become part of our family, we feel very lucky to have met such wonderful people.

Watching their friendships grow is a wonderful thing!" The motto at Mar-Bon is "Make it a Wonderful Day!"

For more information, check out their website, www.marbonsocialclub.com or give a call to schedule a tour, 716-406-4577. Let Mar-Bon make your days Wonderful again! 🌸

Mar-Bon
social club

Mar-Bon
social club

Our club is now hosting small events and meetings!

We're ready to make your event wonderful!

Make it a *Wonderful* day

Events at Mar-Bon Social Club:

- Perfect for events for 10 - 50 people
- Choose one of our caterers or bring your own!
- Baby or wedding showers
- Milestone birthdays
- Bereavement breakfasts/lunches
- Corporate meetings/events

All team members are fully vaccinated and NYS health and CDC guidelines are strictly enforced.

Call or email us to book your event or learn more!

info@marbonsocialclub.com

716•406•4577



POSITIONS AVAILABLE!



Touching Hearts at Home Job Opportunity

If you or someone you know does please contact Touching Hearts at Home by going on to <http://www.touchingheartswny.com>, click on the apply here tab and fill out an application. We are non-medical companion aides and we provide companionship, light housekeeping, transportation, shopping, and all other non-medical tasks. We pay above the going rate and treat our companion aides like family or better. Apply Now.



Heritage Manor of Lockport is now hiring!



Find your passion and make a difference with a career at Heritage Manor of Lockport, a Senior Living Community.

41 Lexington Court
Lockport, NY 14094

Heritage Manor of Lockport

Are you seeking fulfilling work? Do you have a passion for service? Join the team-oriented environment at Heritage Manor of Lockport, a Senior Living Community in Lockport, New York, as a **Resident Care Assistant**: <https://careers-depaul.icims.com/jobs/3523/resident-care-assistant/job>. Share your commitment to others as part of our mission-driven organization, where you will be a part of delivering the highest quality care that makes a difference.

Glenwell is now hiring!



Find your passion and make a difference with a career at Glenwell.

www.depaul.org/employment/

Glenwell

Are you seeking fulfilling work? Do you have a passion for service? Join the team-oriented environment at Glenwell, a DePaul Senior Living Community in Cheektowaga, New York, as a **Personal Care Aide/Home Health Aide**: <https://careers-depaul.icims.com/jobs/3263/job>

Share your commitment to others as part of our mission-driven organization, where you will be a part of delivering the highest quality care that makes a difference.

Send us your job posting or employment opportunities!

The GreenFields

Senior Living Coordinator at The GreenFields Continuing Care Community in Lancaster; part-time flexible 22.5 hours per week. Responsible for meeting with prospective residents and their families to educate them on the features and benefits of GreenField Manor, Court and Terrace and perform all necessary follow up to turn the lead into a resident. Address common questions and objections as part of the sales process. Assist with the admission process and other duties as needed. Position available beginning in December 2021. Contact The GreenFields Human Resources Department at 684-8400.



First Light Home Care

Hiring Certified PCA's and HHA's
Potential to make up to \$13.65 an hour. Contact us today!

First Light Home Care is in search of Extraordinary Caregivers to provide Exceptional Care. We seek kind and compassionate individuals who truly have a passion for helping others.

We are currently in search of NYS Certified PCA's and HHA's to service all areas of WNY including Buffalo suburbs, North Towns and South Towns.

We have everything from 3 hour shifts to 12 hour shifts! Flexible schedules available!

Make an important difference in your client's life!

Full Time availability to include weekend hours preferred. You must have a valid driver's license, reliable transportation and current PCA/HHA certification.

Please call to schedule an interview with us! We would love to have you join our team! Walk-ins are always welcome at our office located at 3830 Union Road Suite 2, Cheektowaga NY 14225

You can apply in person or through our website at WWW.EASTBUFFALO.FIRSTLIGHTHOMECARE.COM.

Job Type: Full-time/Part Time

Salary: \$13.10 to \$13.65, Health Insurance and Dental Discount Plan available.



"Looking for private pay RN and LPNs to assist with care plans for B&C United Home Care working in homes and or Independent Facilities. Hours are flexible."

At B&C United Home Care, we approach home care from a holistic point of view that combines disease management care with lifestyle support.

Contact Shonda Brock at (716) 633-7400 or email sbrock@bncunited.com



B&C UNITED
HOME CARE

We're Hiring!

Make the change that will change you!



Apply online today!
HospiceBuffalo.com/Careers/

Hospice & Palliative Care Buffalo has immediate full-time and part-time openings for caring and compassionate team members.

Available Positions:

- Registered Nurses
- HHA/CNA
- Grief Counselors
- Spiritual Care Counselors
- Medical Social Workers
- Durable Medical Equipment Drivers
- Staff Accountant
- Network Assistant

Robust benefits package, including medical, dental, vision, 401k, tuition reimbursement, generous PTO, paid holidays and much more.
Competitive compensation plan includes a minimum starting rate of \$20 per hour.



Hospice & Palliative Care Buffalo cares for individuals suffering from serious illness, as well as their families and caregivers. We provide an integrative, holistic (physical, emotional, social, and spiritual) approach to care that focuses on the whole person rather than on individual symptoms.



WE ARE HIRING!

- All jobs starting at \$15 to \$33/hr
- Sign-on bonuses from \$1,500 to \$5,000
- College Tuition Bonus

Text "BOM JOBS" to 565-12 to learn more

POSITIONS AVAILABLE!



Solstice Senior Living

Servers needed for our senior living community. Serve three home cooked meals a day seven days a week to our amazing residents. Positive working culture, good benefits and hours available. Please send us your resume or come to 6363 Transit Road, East Amherst 14051 to apply. We are willing to train first time job seekers and excited to have friendly and kind people join our team.

Are you interested in joining a passionate, caring and hardworking team of professionals? Join us at Solstice Senior Living at East Amherst to make long-lasting connections, work with an incredible community of seniors and associates, and be eligible for a "SIGN ON, STAY ON" Bonus!

Apply online www.solsticeeastamherst.com or in person at 6363 Transit Road, East Amherst NY 14051



Walsh Duffield

When employees succeed, Walsh Duffield succeeds. That's why we place an emphasis on culture, wellness, and advancement with each passing day. We have several immediate openings including:

- Group Benefits Account Executive – Choice Accounts
- Client Relationship Manager – Commercial Lines

Please visit www.walshduffield.com/careers for more information and to apply.



Walsh Duffield

Wheatfield Commons

Are you seeking fulfilling work? Do you have a passion for service? Join the team-oriented environment at Wheatfield Commons, a DePaul Senior Living Community in North Tonawanda, New York, as an **LPN Supervisor**: <http://ow.ly/hVxJ50DRpJD>

Share your commitment to others as part of our mission-driven organization, where you will be a part of delivering the highest quality care that makes a difference.

Wheatfield Commons is now hiring!



CHMS



CHMS IS HIRING! Clinical Healthcare Management Services has a rewarding opportunity for individuals who are compassionate and love helping people. Will provide services to individuals in their own homes and in the community who need assistance with their activities of daily living as a result of sickness, old age, disability and/or other afflictions. Responsible for the delivery of non-medical client care (light housekeeping, meal preparation, laundry, medication reminders, shower supervision, safety supervision, socialization, other tasks as directed by client). Must have a reliable vehicle to transport clients to appointments and/or run errands. No lifting or hands-on care. Must be flexible, have strong interpersonal skills and a desire to help others. Dependability and strong work ethic is a must. Job Types: Part-time and Full-Time

Contact: Bonnie Springborn, CMC at (716) 697-4942 or bs@chmsny.com

People Inc.

Live-In Caretaker, People Inc. Senior Living

Live your best life possible by helping others live theirs. People Inc. occasionally seeks part time Live-In Caretakers for People Inc. Senior Living apartments throughout Western New York. The person is responsible for the following: Safety and security of the Senior Living Apartment buildings during week nights (Monday through Friday, approximately 4 p.m. to 7 a.m.), every weekend (Saturday morning to Monday morning) and holidays. Requirements: Being on-call during the scheduled hours. Maintains property to ensure physical safety of tenants. Responds to routine and emergency situations during scheduled hours. Maintains visible presence and open line of communication with tenants. This position does require living on site. Compensation is a two-bedroom apartment.

Minimal qualifications: High school diploma/GED preferred. Requires use of sound judgment, decision making, communication and problem solving.

For more information, go to people-inc.org/careers or contact Sharon Plant, associate vice president, People Inc., at splant@people-inc.org or 716-817-9229.



People Inc.

Fall in Love with a New Career! Join People Inc. to Make an Impact

It is a great time for you – or someone you know – to fall in love with a new career at People Inc. We are seeking compassionate, energetic and creative people for full time, part time and per diem positions across Western New York and the Greater Rochester region. There is a place in the People Inc. family for people with all skill levels – from entry level to years of experience. Direct support professionals, clinical and behavioral staff are needed to help people with disabilities achieve their goals!

People Inc. offers paid comprehensive training and a wide variety of flexible and consistent/flexible positions, which are great for college students to gain hands-on experience and for people returning to the workforce. Staff earn generous PTO and PTO buyback. Some of the other great benefits provided by People Inc. include health insurance and retirement plan with match, along with lots of rewarding experiences. A starting hourly rate of \$15 per hour is available for select direct support positions. A sign-on bonus of \$750 is now offered for some designated direct support positions and a \$375 sign-on bonus for part time. For designated program management positions, a sign-on bonus of up to \$1,500 is also available. (Note: The sign-on bonus is subject to change and/or may be discontinued at any time). There are also immediate opportunities for LPNs, RNs, Children's Services case managers and residential supervisors, just to name a few.

Take the next step to grow your career today with People Inc. To view employment openings, go to people-inc.org/careers or call 716-322-7050 for more information. associate vice president, People Inc., at splant@people-inc.org or 716-817-9229.

Hiring RNs & HHAs for Our Care Team!

Are you passionate about providing comfort and improving quality of life for others?

Niagara Hospice is growing to meet the needs of patients and their families in Niagara County. We are hiring **Nurses and Home Health Aides (HHAs)** for our facility and home care.

Enjoy a flexible schedule with great benefits on a collaborative team that provides expert care and support to families during challenging times.

Make a difference in the lives of families!



- **Great work-life balance**
- **Health insurance on first day**
- **Generous paid time off!**

716-HOSPICE NiagaraHospice.org/Careers



BASKET RAFFLE DONATIONS

DUE TO THIS EXCITING AND HIGHLY ANTICIPATED RAFFLE, we're asking EACH member agency attending the conference to donate a basket or gift card for our BASKET RAFFLE

CONFIRM YOUR DONATION WITH SHARON PLANT

splant@people-inc.org • (716) 536-2783

DROP OFF LOCATIONS

Sharon Plant
People Inc.
280 Spindrift Drive, Williamsville, NY 14221
(716) 817-7419

Bonnie McMorrow
FeedMore of WNY
100 James E Casey Dr., Buffalo, NY 14206
(716) 822-2002

We appreciate the donations ahead of time please!



BASKET RAFFLE TICKET PRICES

\$5 / 6 tickets
\$10 / 13 tickets
\$20 / 30 tickets

CASH, CHECK or VENMO

- * Until November 2nd at office locations
- * Day prior (11/3) between 1pm-4pm at Grapevine Banquet Facility
- * Day of event by 7:30am

Together We Are Stronger.



A partnership with Family Choice complements and enhances the quality of care you can offer your residents:

Family Choice of New York Nurse Practitioners who are available to make visits 24/7
100% provider & facility satisfaction*

Learn More Today: (716) 668-7051,
Mon. – Fri., 8:30 a.m. – 5:00 p.m.



Independent Health is a Medicare Advantage organization with a Medicare contract offering HMO, HMO-SNP, HMO-POS and PPO plans. Enrollment in Independent Health depends on contract renewal. H3362_C8020_M Accepted 12142020

*Data according to satisfaction survey January-June 2020.

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Private Group for Members ONLY

Haven't joined our MEMBERS ONLY Facebook group yet? Here's what you're missing. . .

- Connect directly with fellow NIA members to share resources and expand your referral network
- Pose questions, ask for recommendations, announce events
- Post job openings at your organization
- Engage in discussions and polls about senior care in WNY
- Share your ideas for making Network in Aging even better!

This page can only be viewed by your fellow NIA members – not the general public. If you belong to, or are associated with, a member agency, just search <https://www.facebook.com/groups/niamembers> and request to join. Make the most of your membership!

Share your story with the Facebook world!

Tell us about it!



NETWORK IN AGING
OF WESTERN NEW YORK, INC

Tell us!

- Has someone in your company recently joined or been promoted?
- Do you have updates about changes or growth your company is undertaking?
- Have you created a better way of accomplishing tasks with a new service or product?
- Do you have a client who is satisfied with your services? Share their testimonial and...
- Are you running a seasonal campaign or tie-in promotion?

This is your invitation to share your stories to members and others via Network In Aging's Facebook page. We are in need of human interest and feature stories to share.

Please include photos and/or videos as you are able and send to Lisa at lisa@networkinaging.org.

UNLIMITED NUMBER OF POSTS at this time!



facebook

LIFE LESSONS

July 2021 LIFE LESSON was "Celebrating and Re-Opening of America" month



Top left: To all of those wonderful WWII Veterans who are still with us or who have gone to their greatest reward. This is my Dad, First Sergeant Benjamin Howells – served during WWII in the Philippines. An amazing man!! Greatly missed!! – **Beverly Kubala**

Top right: Fur babies love America too! – **Patricia Mascaro**

Right: Memory Minders class at Dale Association – Olympics! – **Angie Crawshaw**



September 2021 LIFE LESSON was "Focusing on Friends month"



Mary Baty from Brothers of Mercy and my friend Maria, besties for 56 out of 57 years. There isn't anything we haven't been through together!



Some people arrive and make such a beautiful impact on your life you can barely remember what life was like without them ...this is my tribe ...Surround yourself with positive, genuine and GRATEFUL FRIENDS - **Tracy Reese, Oasis Senior Advisors**

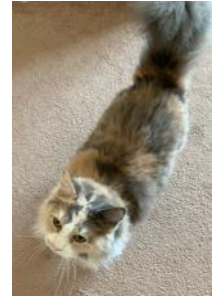


Never a dull moment when you're hanging with your friends. Laughing with them makes life so much better - **Lisa Boron, Network in Aging**



Lifelong BFFs **Kristin Surdej** and **Krista Giermek Bullaro** – Celebrating 50 years of friendship

LIFE LESSONS



Elderwood Village is a pet friendly community and we have several cats and few dogs in our neighborhood – submitted by **Mary Nelson** at Elderwood Village at Williamsville



August 2021 - LIFE LESSON was "Love Your Pet Month"



Meet **Kayla Boron's** Frenchie named Kaia – submitted by Lisa Boron



Lisa Boron's "pets" come to visit every night for a little snack! Bucky and his gang loves apples and bird seed!



This is Stella Waddington, my Frenchie rescue – submitted by **Stephanie Waddington** at Eden Heights of West Seneca



Lucy, Mea and Holly – submitted by **Mary Baty** at Brothers of Mercy



This is my cat Smitty. He is 13 years old. We rescued him when he was 11. He is the center of attention in my home, or rather, his home. Smitty is my first pet. I always thought I was allergic to cats. Apparently not! – submitted by **Bob O'Connor** from the Dale Association



My Bills Crew! Molly, Lacey and Gracie! – submitted by **Sharon Plant** at People Inc.



Judy Cuzzacrea Wagner's grandpuppy, Keiko



Sisterly Love – submitted by **Kristin Surdej** from Laping, Surdej & Associates

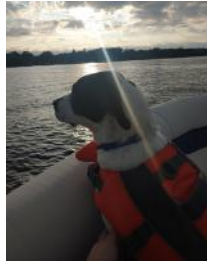


Sam and Dylan – submitted by **Jane Nogowski** at Park Creek Senior Living. Dylan comes to work at Park Creek 3 days a week, and just participated in our annual dog show this past July.



Dylan Memorial Day 2020 – submitted by **Jane Nogowski** at Park Creek Senior Living

LIFE LESSONS



Cal is a certified therapy cat through the SPCA Paws for Love Program! – submitted by **Corey Haertel** from Laping, Surdej & Associates



My fur family – submitted by **Stacy Jasinski** at Glenwell

This is Hana she loves to come to work at Wheatfield Commons. The residents and staff love her – submitted by **Kathleen Dion** at Wheatfield Commons



At Solstice we love our pets. Here is **Margaret Kleinmann's** two-year-old black Lab Teddy with his cousin Winston, one-year-old Golden Retriever. These two bring immense LOVE and happiness to their elder Solstice Senior Living friends whenever they visit the residents. Pure energy !



Teddy loves to bring love to the elders at Solstice. He lets each and every resident love him up, petting him, does tricks for them but moreover is seen listening to their stories and memories at each visit. Teddy is 2 years old and is one of 4 siblings, all English black



Annette Pinder's pet Yoshi, at the Cara Mia Pet Resort where he gets pampered, has refreshments, treats, gets a blowout, and drinks pawtinis. He also works out on the treadmill, swims in the pool and meditates in the Zen garden!



This is Sookie, our family pet – submitted by **Lynn Pumm** at Freedomcare



This is Hunter Willet – submitted by **Stephanie Waddington** at Eden Heights of West Seneca



Lulu is a 9 year old Siberian. She is friendly to all our visitors and very personable. Lu stays in our fenced yard and follows us on command. She seems to understand what we are saying. – submitted by **Michelle Claus** from Retired Educators of NY/ Western Zone

August 2021 - LIFE LESSON was "Love Your Pet Month"



Razza Bean has had a great COVID season. She has been snuggling with her parents, hiking in the woods a lot, playing disc golf, eating ice cream and becoming a big sister in October 2021! – submitted by **Kelly Leach** at Family Choice of NY

LIFE LESSONS COMING UP!

October

National Healthy Lung month – Stop and take a breath to...” enjoy the scents of fall, start an exercise routine to help improve breathing and general wellness, sing in the shower or to a friend, include educational info from a pulmonologist or other about importance of keeping lungs healthy, how to quit smoking, etc.

November

“Let’s Face It” in honor of National Healthy Skin month

December

“Who doesn’t love Cookies” in celebration of Cookie Exchange week



Network in Aging of Western New York, Inc.

7954 Transit Road, #254
Williamsville, NY 14221

The Network in Aging of Western New York, Inc. is a non-profit, voluntary corporation, which brings together individuals and organizations involved in aging and long-term care. Our diverse membership includes educators, health and social service professionals, community leaders, government agencies and area businesses. **Our mission is “To help our members by providing opportunities for resource exchange, professional development and interdisciplinary collaboration through networking events, educational programs, strategic partnerships and promoting public awareness of the organization and its mission.”**

For more information about the Network in Aging of WNY, contact Lisa Boron at (716) 954-3075 or go online to www.networkinaging.org.

40TH ANNIVERSARY ANNUAL CONFERENCE

Thursday, November 4th, 2021 • 8:00am – 2:00pm

HAPPY HOUR EVENT

Tuesday, December 7th, 2021 • 5:00pm – 7:00pm

Santora's Pub & Grill • 7800 Transit Road, Williamsville, NY 14221

We'll update our members on other Network monthly events planned for 2021!