

NETWORK IN AGING

OF WESTERN NEW YORK, INC.

EST 1981



Celebrating **41** Years

July-Sept 2022



Est. 1981

Network in Aging
of Western New York, Inc.

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The Network in Aging
invites you to our
ANNUAL TASTE of the NETWORK EVENT
to benefit

The Jerry Flaschner Humanitarian Award

TUES., JULY 26, 2022 • 12:00 – 2:00PM • COST \$15

REGISTRATION OPEN!
GO TO WWW.NETWORKINAGING.ORG



The "Taste of The Network" will provide an opportunity for our members to come and enjoy the culinary creations made by the dining services from 10 of our member agencies.

PARTICIPANTS INCLUDE:
Amherst Center for Senior Services, Asbury Pointe (Beechwood), Bristol Village, Brompton Heights, Brookdale, Elderwood, Glenwell, Montabaur Heights, Niagara Hospice, Wheatfield Commons

BOTTLED WATER COURTESY OF PEOPLE INC.

Amherst Center for Senior Services
370 John James Audubon Parkway • Amherst, NY 14228

Email Lisa Boron at lisa@networkinaging.org with questions.

Highlights of May 12th Senior Health & Resource Fair!

THANK YOU to 72 of our member agencies that participated in our Senior Health and Resource Fair! We had a great turnout and hope to conduct this event again next year. Based on survey results, it was quite a success, and everyone would do it again.

A special SHOUT OUT to our strong volunteers who helped move heavy tables:

Eric Conrad from Junk Luggers

- Ben Kanaley from Fallon Health Weinberg-PACE
 - Matt Gardiner from Oasis Senior Advisors
 - Matt Brady from Elderwood Health Plan

And THANK YOU to Tracy Reese from Oasis Senior Advisors for helping with setup the day before the event!



Highlights of May 17th “Be the Change You want to See in Senior Care” Workshop!

Big thanks to Sarah Harlock from DENT Neurologic Institute and Dr. Teresa Lawrence from PMP of International Deliverables in presenting an interactive workshop on how to access new problem-solving tools and processes to explore ways as a community we can address delivery and access of senior care. This was a collaboration with The Health Foundation for Western and Central NY.





Network in Aging
of Western New York, Inc.

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PRESIDENT'S MESSAGE ANGIE CRAWSHAW



*It's a smile, it's a kiss, it's a
sip of wine. It's summertime!*
— Kenny Chesney

With that quote I welcome all of you to a summer with the Network in Aging. The network has been very busy over the

past few months with several events offered to our members.

In May, we held the first "Senior Resource Fair" event. This was very well received especially since we were unable to offer it at our 2021 Annual Meeting due to space constraints.

I was very pleased that we had 72 vendors at the event and I lost count on how many seniors and caregivers participated. By the looks of the tote bags leaving the event I would say they bagged as much as they could carry!! The positive comments on our membership survey tells us this event will be welcomed as a yearly function. Good job on publicity by the Communications Committee.

Also, in May the Education Committee hosted a workshop partnered with the Health Foundation for WNY. We thank them for their generous sponsorship. The event seated almost 60 participants. Dr. Teresa Lawrence from the Foundation and Sara Harlock from the DENT Institute offered the group an interactive session on how senior care needs to changed.

Great job to the committee for putting this event together.

The Networking Committee brought back the "Progressive Dinner" event held on June 16th at the Osteria 166 Restaurant. Those attending enjoyed networking with one another and finding out fun facts about each person sitting at your table. We were entertained by

violinist Lena. Thank you to Michael Olear for his generosity in sponsoring this entertainment. The event was a success with those surveyed that evening, and requests mentioned having two events a year instead of one. The committee will work on this. I especially want to thank our sponsors and the committee for a job well done.

So, this brings us to July and the ever so exciting "Taste of the Network" that has been missed over the past two years due to Covid. Special Events has arranged for the event to take place at the Amherst Senior Center on July 26th from 12:00 to 2:00 PM at the original price of \$15 per person. I am told they have 10 applicants to display their talents with mouthwatering appetizers, entrees and desserts. The committee has narrowed down our two Flaschner winners and they will be announced at the event.

Watch for upcoming "Happy Hour" events in July and August that the Networking Committee is working on. One on July 14th at Santora's at the Galleria Mall and the other on July 21st at Papi Grande's Mexican Restaurant on Maple and Sweet Home Road. August is still in the works.

I'm looking forward to the Annual Meeting on Thursday, November 3rd at the Wurlitzer in North Tonawanda. Presenters this year are Bobby Guy and Cathy Braxton. More details to come.

Any events can be found on our website for more information.

I would be remiss if I didn't throw out a special thank you to our coordinator Lisa Boron for all the help she provides to the committees in planning these events. Thanks Lisa!

-Angie Crawshaw
Network in Aging President

WELCOME NEW MEMBER AGENCIES



Caregivers Home Care



ClearCaptions



**Elite Home Health
Care/Elite Choice**



X-Treme Home Care, Inc



Edwella



**Orchid Adult
Day Program**



NETWORK AGING

OF WESTERN NEW YORK, INC
EST 1981



MAKE THE MOST OF YOUR NETWORK MEMBERSHIP BY JOINING A COMMITTEE TODAY

ALL MEETINGS VIA ZOOM at this time

COMMITTEE CO-CHAIRS & MEETING INFORMATION

Please be sure to verify meeting date, time and location
as there are occasional changes!

COMMUNICATIONS COMMITTEE

Establishes and directs the Network's print and online communications with its members and the public. Meetings are on the second Tuesday of the month at 10:00am.

CO-CHAIRS

Pamela Pace
pamela@amazinghc.com
(716) 863-9035

Paula Venne
pvenne@walshduffield.com
(716) 255-1593

EDUCATION COMMITTEE

Plans and carries out educational programs/workshops on aging related issues, along with planning and preparation for the annual meeting. Meetings are on the second Thursday of each month at 9:00am. Locations vary. Please contact one of the co-chairs for info.

CO-CHAIRS

Mary Baty
baty@brothersofmercy.org
(716) 906-9014

Mike Ford
michael.ford@prestigehcg.net
(845) 660-0606, ext 3659

Julie Whitbeck-Lewinski
jlewinski@carepatrol.com
(716) 463-2966

MEMBERSHIP COMMITTEE

Reviews and recommends changes in membership dues and benefits; coordinates ongoing membership recruitment efforts. Meetings are on the fourth Thursday of each month at 8:00am. Meetings currently via Zoom only. No meetings in August and December.

CO-CHAIRS

Jane Nogowski
jnogowski@park-creek.com
(716) 632-3000

Dot Swift
dswift@elderwood.com
(716) 807-9708

NETWORKING COMMITTEE

Plans and carries out member-to-member functions, including Networking events. This committee meets the **first Thursday** each month at 8:30am. Locations vary, and additional dates may be scheduled, so contact a co-chair for more info.

CO-CHAIRS

Stacy Jasinski
sjasinski@depaul.org
(716) 608-7000

Stephanie Mruczek
eastamherstdsm@solsticeseniorliving.com
(716) 688-7880

Nancy Maira
nlmaira@verizon.net
(317) 727-7532

SPECIAL EVENTS COMMITTEE

Plans social functions for the Network, including the January Social, Taste of the Network and annual meeting venue. Meetings are on the fourth Tuesday each month at 8:30am. Locations vary, so contact Co-Chairs for more info. No meetings in January, July and December.

CO-CHAIRS

Bonnie McMorro
bmcmorrow@feedmorewny.org
(716) 822-2002

Sharon Plant
splant@people-inc.org
(716) 817-9229

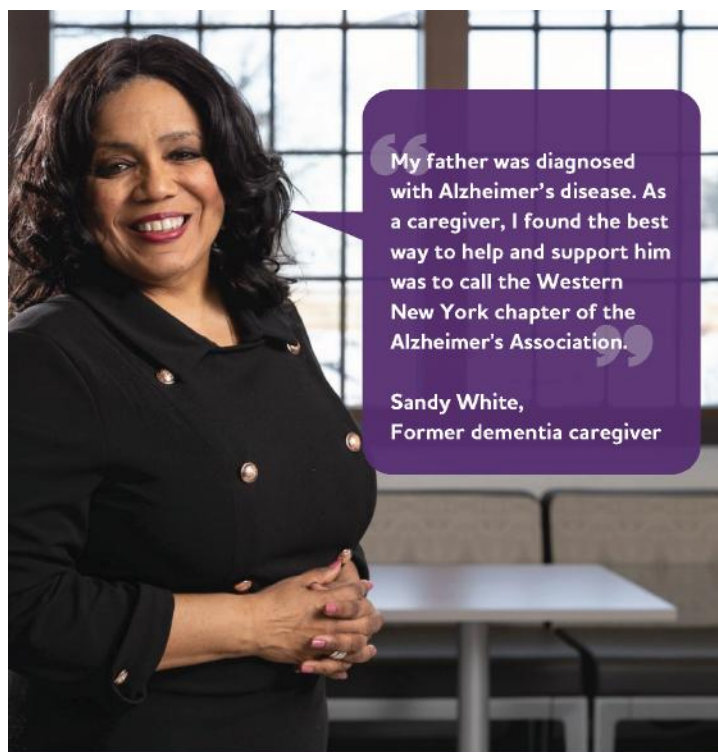
NOMINATING COMMITTEE

This committee solicits and accepts nominations for positions on the Network in Aging Board of Directors and presents a slate of officers and directors to the membership for their consideration.

CO-CHAIRS

Ann Marie Klosko
amklosk@hotmail.com
(716) 440-0933

April Romanowski
aromanowski@lawleyinsurance.com
(716) 572-6397



“My father was diagnosed with Alzheimer’s disease. As a caregiver, I found the best way to help and support him was to call the Western New York chapter of the Alzheimer’s Association.”

Sandy White,
Former dementia caregiver

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Programs are funded in part by a grant from the New York State Department of Health

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Submissions include:

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- Business card size ad
- Quarter page ads – Platinum/Gold members
- Job postings
- Acknowledgements and Recognitions

**Looking for
ARTICLE AND
AD SUBMISSIONS
for the
Oct-Dec 2022
edition!**

**Email Lisa Boron at
lisa@networkinaging.org
to reserve your spots.**

WELCOME NEW INDIVIDUAL MEMBERS!

Allison Case –

Alzheimer's Disease & Memory Disorders Center at UB

Allison is the Program Director for the Center of Excellence for Alzheimer's Disease at the Alzheimer's Disease and Memory Disorders Center at the University of Buffalo. Our state of the art clinic is dedicated to early and correct diagnosis and treatment for Alzheimer's and other dementias. We were recently recognized and awarded the NYS DOH Center of Excellence for Alzheimer's Disease grant which is dedicated to educating people about the importance of early diagnosis and to support caregivers. We also have a clinical trial program to offer a variety of treatment options. For appointments contact Shannon at 716-829-5056

Samantha Piechowiak – Stern At Home Therapy

At Stern at Home Therapy, we provide Physical and Occupational Therapy right in the comfort of your home with our licensed therapist. You do not need to obtain a referral for this service the patient can self-refer yourself and we will take care of the script for you with the referring doctor. The therapy is run through insurance, and our office will look at the patients benefits prior to starting up services with us. To sign up you can reach out to (Samantha Piechowiak at 716-913-1271 to set up an assessment)

Rebecca Poynton –

Maust and Leone Medicare Advisors

Rebecca Poynton is an Independent Medicare Broker with Maust and Leone Medicare Advisors. She takes a consultative approach to Medicare in order to provide the most suitable Medicare Advantage or Supplemental plan for her client's individual needs. Rebecca serves all of NYS, but specifically focuses on WNY and looks to add value to organizations and individuals by partnering to offer Medicare consultative services. Her services are free for all Medicare recipients.

Jim Obrien – Caption Call

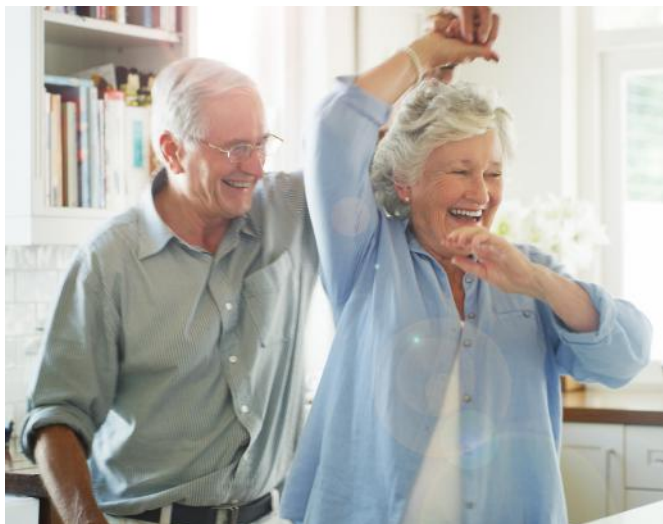
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Jennifer Johnson – New Sky Coaching

New Sky Coaching works with adults age 50+ to help them plan mentally, emotionally and socially for the retirement transition. New Sky Coaching also offers wellness coaching, run training programs and private yoga.

INDEPENDENT HEALTH

Independent Health's Assure Advantage plan can help people better manage chronic heart failure



Chronic heart failure – also known as congestive heart failure – is a serious medical issue, especially among older adults. Nearly 6 million Americans are currently living with this long-term condition. It's also the leading cause of hospitalization for those over the age of 65.

Despite its name, heart failure doesn't mean the heart has literally failed or is about to stop working. Rather, it means the heart muscle has become less able to contract over time or has a mechanical problem that limits its ability to fill with blood. As a result, it can't keep up with the body's demand, and blood returns to the heart faster than it can be pumped out. Because your heart cannot pump well, your body tries to make up for it. To do this:

- Your body holds on to salt and water. This increases the amount of blood in your bloodstream.
- Your heart beats faster.
- Your heart may get bigger.

Without proper treatment, heart failure is often progressive, meaning it gradually gets worse.

Independent Health is here to help!

As a way to provide additional health benefits that specifically help seniors who have chronic heart failure, Independent Health offers Assure Advantage*, a chronic condition special needs plan. Members of Assure Advantage are provided with access to health programs designed to treat chronic heart failure serve and meet their unique needs. Plus, a care management team is available to help coordinate care and support each member's health goals.

To be eligible for the Assure Advantage plan, you must meet all of the following criteria:

- Reside in Erie County
- Have a chronic heart failure condition
- Entitled to Medicare Part A and enrolled in Medicare Part B

Individuals can enroll in Assure Advantage year-round.

Enrollment into the plan will automatically disenroll a person from any other Medicare Advantage plan.

High satisfaction marks

A recent survey** of members enrolled in Assure Advantage showed that 94% are satisfied with their care manager's ability to address their health concerns and 93% would recommend the plan to others. 🌸

To learn more about Independent Health's Assure Advantage plan, please visit www.independenthealth.com/medicare or call (716) 635-4900 or 1-800-958-4405 (TTY users call 711), April 1 – September 30: Monday – Friday, 8 a.m. – 8 p.m.; October 1 – March 31: Monday – Sunday, 8 a.m. – 8 p.m.

**This plan requires the use of participating providers, except in the case of emergency care, urgent care or out of area renal dialysis. This information is not a complete description of benefits. **Survey conducted by Independent Health in December 2021 with 527 members surveyed and 252 members responding (48%).*

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Mark your calendars for these FREE community events throughout the summer at the Beechwood Campus
(corner of Millersport Highway and North Forest).



Beechwood Farmers Market
Starting June 16 and running every Thursday from 3pm-7pm



Wheels on Wednesday Car Cruise
Wednesday, June 29, 6pm-8pm
Includes entertainment, children's activities, basket raffle and food and beverages.



Boppin at the Beech Concerts
(with food trucks and beer and wine garden)
Friday, July 15, 6pm-8pm with *The Informers*
Friday, August 19, 6pm-8pm with *The Boys of Summer*

Brought to you by:

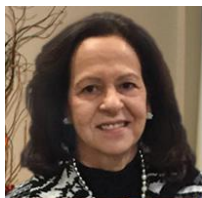


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BROTHERS OF MERCY

An interview with Valerie Kane after 36 years of service to the Brothers of Mercy.



Valerie began with the Brothers of Mercy as the Food Service Director for the Nursing Home and Rehabilitation center. After 14 years in this position, she served as the Assistant Nursing Home Administrator and Corporate Compliance Officer. Valerie earned her Administrator's license during this time

and in 2006 took over as the Administrator of the Nursing Home and Rehab Center. She continued with this position until deciding to go down a different campus path. In 2015 Valerie assisted in the conception, design and eventual opening of Montabaur Heights where she remains as the Director until her retirement at the end of June, 2022.

While learning important administrative skills such as multi-tasking, conflict resolution, and time management, her greatest skills achievements were the people-aspects of being a leader: patience, kindness, tolerance and compassion.

Val's greatest career supporter was the now deceased Arthur Shade III, the then Administrator of Beechwood. Arthur, by hiring her at the young age of 19 as the Director of Food Services for Beechwood Nursing Home, encouraged her talent, knowledge and hard-work ethic. He instilled in her courage and confidence. Val also credits Rich Cleland, former Brothers of Mercy Administrator, for acting as a mentor, coming from similar backgrounds, when she began her tenure in administration at Brothers of Mercy.

Valerie believes her greatest success or accomplishment has been teaching and implementing customer focused care and positive interactions with her teammates in all positions. Her greatest challenges have been financial and operational challenges of the Healthcare Industry. As a not for profit, Medicare and Medicaid reimbursements are at the center of our financial feasibility. With regulations constantly changing and the industry becoming more financially motivated, while trying to be care-focused, was not an easy balancing act.

Valerie reflected on her time on the Brothers of Mercy Wellness campus and although she loved all of her jobs and teammates, her time at Montabaur has been a treasure. She enjoys the comradery of her team and the joy of meeting and getting to

know the residents. Her vision of retirement is working on a part time basis helping her son in his business, preparing for both the weddings of her daughter in September and her son in November and eventually volunteering at the Food Pantry.

Valerie shared something readers might find interesting. She actually won a full scholarship for speech and drama. To know Val, is to know that speaking in front of a large group of people is not "her thing". But, put her on stage in a Shakespearean play and you just might be surprised. Perhaps the stage is also in her retirement future! Whatever she chooses, we have no doubt she will find great success. The campus is forever grateful for her contributions, her dedication and her warmth and compassion. Congratulations Valerie and Godspeed!!!



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ACCOMPLISHMENTS & RECOGNITION!

Nascentia Health Awarded First American Heart Association Home Health Heart Failure Certification in New York State

Nascentia Health is the first home care agency in New York state to be awarded the American Heart Association's Home Health Heart Failure Certification. The certification provides a framework to evaluate home health agencies against American Heart Association science and guidelines for heart failure patients. The certification is focused on the American Heart Association's science-based standards, including program management, patient and caregiver education and support, care coordination, and clinical management.

Nascentia's chief clinical officer, Andrea Lazarek LaQuay, RN, commented that "I am so proud of our team and the outstanding job our nurses, aides, and other staff do to help our patients with heart failure. The resources from the American Heart Association are critical to helping us continue to educate our team and our patients to achieve the best outcomes." Nascentia provides home nursing and therapy for 4,500 patients each year, about 1,100 of which have heart failure as a primary or secondary diagnosis, making it one of the most common conditions patients have. In 2021, the rehospitalization rate for the agency's heart failure patients was only 1.25%, which is significantly lower than the industry standard.



"This certification amplifies the mission of the American Heart Association to help every person have the opportunity for a longer, healthier life," said Kyle G. Laverne, DNP, APRN, FNP-BC, American Heart Association volunteer and director of clinical programs of the LHC Group and founding member of the certification standards writing committee. "We're pleased to have Nascentia Health join the national network of American Heart Association Home Health Heart Failure certified agencies."

The certification ensures that:

- An agency's heart failure program is based on standards aligned with the American Heart Association science

• The agency is recognized by the American Heart Association, based on professional evaluation criteria designed by heart failure and home care experts

- Care is coordinated from pre-admission through working with the home health agency to discharge.

Nascentia Health is one of Central New York's largest home healthcare agencies, offering in-home skilled nursing and therapies, home health aides, managed long-term care, and Medicare Advantage Plans. Founded in Syracuse in 1890, the agency has more than 130 years of expertise in home care and more than 500 employees in offices in Syracuse, Rome, Rochester, Buffalo, and Albany.



Nascentia Health Launches Nurse Residency Program in Homecare

Nascentia Health is launching Central New York's first nurse residency program focused on homecare. The organization was awarded a \$300,000 grant from the Mother Cabrini Health Foundation to establish this program. Residency programs transition recent graduates of nursing schools into clinical positions through comprehensive training and skills development in specialty fields. Nascentia's program will be the first in the area focused on homecare instead of a hospital environment, offering an alternate entry point to the profession. Nascentia Health chief clinical officer Andrea Lazarek-LaQuay, RN, explains that "with the growing demand for high quality nursing care at home, the need to develop a skilled group of clinical professionals is incredibly important. This residency program builds on Nascentia Health's 132-year history of caring for patients in their homes and will help us build a strong team of nurses to continue this legacy."

The residency program launching this summer will accept its first class of nurses through a highly selective application process. Nurses graduating this spring with associate's or bachelor's degrees, or who have less than a year of clinical experience, are the focus of the program, which includes 12 months of structured education and training in the field of home care nursing. Currently, the only residency programs available for nursing graduates in Central New York are through a hospital setting. This program offers a completely new residency experience for graduates, teaching all of the skills they would receive in a hospital setting plus additional proficiencies specific to home care. Nascentia's

residency program is a more individualized educational format, with residents shadowing preceptors and experienced nurses during home visits. "This is what nursing is all about," says JoAnn Racino, RN, Nascentia's director of clinical development and informatics. "Home care gives you a unique opportunity to develop a one-on-one relationship with your patient and work with them to improve or maintain their quality of life over the long term." The residency program will focus on core skills such as assessing a patient's needs and risk factors based on multiple aspects, including their home environment, social and economic considerations, and social determinants of health. Nurses will have the opportunity to work with diverse patients ranging from mothers, infants, and children to adults, the elderly, and end-of-life care.

Nurses accepted into the program will receive a \$12,000 sign-on bonus and competitive salary and benefits, and are eligible for loan repayment, tuition reimbursement, fleet vehicles, and more. As resident nurses, they will have regular Monday through Friday work hours with no weekends and no on-call for the first year. More information and online applications for the program are available at nascentiahealth.org/NRP. Applications are being accepted now for the program starting in early July.

Nascentia Health is a nonprofit organization based in Syracuse since 1890, with offices in Rome, Latham, Greece, and Tonawanda. The organization is one of the largest homecare agencies in Central New York. In addition to its home-based skilled nursing and therapy services, Nascentia offers home health aides, a Medicare Advantage Plan, and managed long-term care. Learn more at nascentiahealth.org.

ACCOMPLISHMENTS & RECOGNITION!



Nascentia Health and Onondaga County received the 2022 Non Profits Award in Collaboration from the City Business Journal.



Al finds new purpose in life after joining Fallon Health Weinberg-PACE Program



"What This Place Means to Me: Before I came here my life had no meaning. I had no reason to get out of bed or shower or shave. Now I have a purpose. My life has taken on a new direction. Coming to this place has jump started an old broken-down man who felt life had passed him by. I never dreamed that one chance encounter with one of your reps would be the thing that put my life on the road to recovery. I was bored with life and all it had to offer. I took hold of the possibility that I would be accepted and welcomed in a new setting. Thank you for giving a chance on a new lease on life."

Dan Jelonek has been promoted to Executive Director of **Asbury Pointe Retirement Community**, which is a luxury senior living community that is part of Beechwood Continuing Care. Prior to the promotion, Jelonek worked as Asbury's Dining Services Manager for 20 years.

Jelonek is a Buffalo native with a degree in Hospitality Administration from Buffalo State College. He spent a number of years in Florida working in the nursing home industry but returned to Buffalo to take care of his father.

The residents at Asbury are thrilled to have Dan Jelonek as their new Executive Director, feeling that they are very safe in the hands of someone who loves the community as much as they do.



Brookdale Niagara MC has been recognized as Best Memory Care Community 2022!

U.S. News & World Report rated us as the Best Memory Care Community of 2022. Responses from our residents and their family members helped us make the list. Find out more about our rating here <http://bkcd.co/6189bjeh>



Solstice Senior Living at East Amherst NIA members Executive Director, **Margaret Kleinmann** and Senior Director of Sales & Marketing, **Stephanie Mruczek** are very excited to share that their community is undergoing a \$1.8 Million renovation. New updated flooring, artwork, furniture, and accoutrements are adding to this already classy, beautiful community that is HOME to over 120 deserving WNY elders.

Margaret and Stephanie both recently celebrated their third-year anniversaries with Solstice! They couldn't feel more appreciated or rewarded for their efforts with them. Welcoming their new Home Care Partner, **Senior Solutions of WNY** has been the icing on the cake as they gladly express that this team's professionalism and care for their residents 55-100 years of age has made many of their resident's quality of life improved. Congratulations Solstice!

Join us in celebrating and congratulating **Stephanie Mruczek** on her recent promotion to Senior Director of Sales and Marketing. Stephanie has a long record of assisting and guiding families with her extensive knowledge of the senior housing industry and maintains great focus on achieving high levels of satisfaction and well-being of the residents at Solstice Senior Living at East Amherst.

Dayna Starks, a grad student from Niagara University was selected for presentation at the **Network in Aging's 2021 annual meeting**. Dayna's abstract focused on the challenges of addressing sexual abuse among the older adult population. Her presentation focused on the importance of addressing the impact of sexual abuse on older adults, including their support needs, coping mechanisms, and difficulties accessing services.

Dayna, who is now a senior with a double major in psychology and gerontology, has launched a project intended to bring Niagara University students and older adults living in long-term care or assisted living facilities in her hometown of Rochester, NY, together through letters. Starks, the teaching, and research assistant in the university's gerontology program, first learned about the idea of an intergenerational pen pal program from Dr. Susan Mason, professor of psychology and coordinator of Niagara's gerontology program. She immediately thought that a "gen-pal" program would work well with the people living at St. Ann's Community, a senior housing and health services provider where she had worked for several years.

Kudos to Dayna for continuing to pursue her aspirations in a field that is relevant to aging in our society.

Dayna Starks launched an intergenerational pen pal program between NU students and seniors living at St. Ann's Community in Rochester, NY.



ACCOMPLISHMENTS & RECOGNITION!

Celestine Siemankowski Bowman Szemenciak, Sally, a resident at **Beechwood Continuing Care** in Getzville, New York, will be celebrating a significant milestone on April 5, 2022 when she turns 110 years old. There will be a special birthday celebration at Beechwood, located at 2235 Millersport Highway, with her family on Sunday, April 3, 2022, 1:30pm and then amongst her friends at Beechwood on Tuesday, April 5th in the early afternoon.

This supercentenarian was born on Good Friday in 1912, baptized that Easter Sunday at St.

Stanislaus Church, resided in Sloan, New York and is the oldest as well as the longest-standing member of St. Andrew Church. Sally attended Sloan Union Free School No. 9, a one room schoolhouse, Slovan Vocational School and graduated from St. Ann's Business School. She was employed as a stenographer in the Welfare and Tax Departments in Erie County, a senior accounts clerk in the Tax Office of Cheektowaga, courts stenographer for the Village of Sloan, and owned and operated the Cedar Inn in Sloan with her second husband, Peter Szemenciak.

Throughout her life, Sally has been known to be a very sharp dresser, a great cook and baker, with her specialty being Placek, a Polish sweet bread. Sally loved to travel, with adventures that included many visits to Mexico, Hawaii, the Caribbean and a bus excursion through the Canadian Rockies.

Sally has five children, eight grandchildren (including a grandson SHE DELIVERED in her home in 1953), 17 great grandchildren and twelve great-great grandchildren.

In 2019, she moved to Beechwood Homes in Getzville where she enjoys playing bingo and rummy with her friends, visiting with family from Sloan and listening to music.

For more information, please contact Kristin Scholz, Director of Development and Marketing at Beechwood Continuing Care at 716-810-7370 / kscholz@beechwoodcare.org.



Walsh Duffield is excited to welcome **Kim Smolinski** as their new Employee Benefits Department Manager. Kim has over 13 years of experience as a major account representative at BCBS and deep relationships in the community. She has proven account management skills, relationship development with clients and staff, and mentoring and coaching experience. Kim will be overseeing both the account executives and Medicare team.



Walsh Duffield

2022 Skilled Nursing & Rehabilitation Center Nurse of the Year!



Kingsley Darkwa



Congratulations Kingsley on being nominated and voted Nurse of the Year! Kingsley began his career with Brothers of Mercy in 2016 as a Nurse Aide Trainee, became a CNA, and is currently an LPN!



Join us in congratulating **People Inc.** President and CEO **Rhonda Frederick** on being named 2022 Executive of the Year by Buffalo Niagara Sales & Marketing Executives!



HOSPICE HONORS elite 2022 Award Recipient

Hospice Buffalo has been named a 2022 Hospice Honors Elite recipient by HEALTHCAREfirst, our caregiver satisfaction survey provider. This prestigious annual review recognizes agencies that continuously provide the highest level of quality care as measured from the caregiver's point of view. Thank you to our incredible team! Learn more <https://www.healthcarefirst.com/>

ACCOMPLISHMENTS & RECOGNITION!



Our own **Julie Whitbeck-Lewinski** was elected as President of the **Coalition of Agencies in Service to the Elderly (C.A.S.E.)**! In this role, Julie will be continuing to advocate for seniors in their families in Western and Central New York as she does everyday for CarePatrol! Please join us in congratulating Julie as she leads this great organization to further advocacy for seniors! She is also a board member of the Network in Aging of WNY.

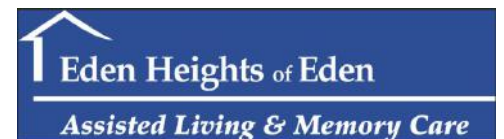


Mom or Dad looking for Assisted Living or Memory Care?

Come meet our Eden Heights of Eden team and ask how we can help!



Left to right on the team photo: Howard Harvey, Maintenance Director; Patricia Crosier, Activity Director; Ken Sykes, Dining Director; Katelin Haselden, Administrative Assistant; Nick Favata, Executive Director; Casey Lenahan, HR Specialist; Colleen Stapleton, Wellness Director; Mark Buscaglia, Admissions and Marketing Director; Allison Winiecki, Case Manager



Congratulations to **Daire Kwarta, RN, WCC**, Director of Nursing at **Aurora Park** on being nominated for the PNAWNY Nurse of Distinction Award!

Daire considers every day of her career a rewarding experience. Passionate about touching the lives of residents through treatment and compassion, she values and respects the time she spends with them and the role she plays in their recovery.

We're fortunate to work with such a dedicated and caring individual!



Congratulations to **Stacy Bastian, RN, BSN, LNHA**, Administrator at **Absolut Care of Aurora Park** on being the recipient of the Business First Excellence in Health Care Award, and the ACHCA's New Administrator of the Year Award!

From the the beginning of her career three decades ago, Stacy has possessed a desire to make a difference in the lives of others. Being a Nurse and Administrator is not just a job for her, it's a lifestyle.

This commitment is reflected in her leadership both inside and outside of the workplace. Thank you, Stacy for your life-long contributions to the health care field!



Congrats to this year's Spotlight Award winners on their outstanding service to **Lawley Employee Benefits**! Dom Manfredo (Univera), Katie Myers (Ellicott Development), Ramiro Palmar (PlanSource) and John Weatherby (Highmark BCBS).



Club 99 Shines Bright at Orchard Park Senior Center

Lawley
INSURANCE | EMPLOYEE BENEFITS

PARKINSON'S FOUNDATION

The Walk to Beat Parkinson's is Back!

by Chris Jamele, Development Director, Parkinson's Foundation New York & New Jersey

The pandemic has changed so many things in our lives. The Parkinson's Foundation's annual Moving Day Buffalo, the walk to beat Parkinson's disease, was briefly forced to become a virtual event. Last year we were back in person, but the event was scaled back for a safe, socially distanced environment. This year, precautions will still be recognized, but we are looking forward to a full-scale celebration with everyone!

It has been eleven years since the first Moving Day Buffalo, which drew a small but enthusiastic crowd. The event grew to pre-pandemic highs of nearly 1,000 participants, raising over \$120,000. We are looking forward to reaching those levels once again with an exciting event planned for **Saturday, September 17th at 9 AM**. The walk will be held at beautiful Daemen University on Main Street in Amherst this year. We're thrilled to be working with Daemen's welcoming staff and student body.

Moving Day Buffalo is important not simply to support the Parkinson's Foundation. There is a prevalence of Parkinson's disease (PD) in Western New York. Globally, the rate of diagnosis has increased nearly eight times faster than Alzheimer's Disease over the past 25 years. An increasing number of newly diagnosed patients are seeking guidance in a lifelong journey with this chronic, progressive disease for which we still seek a cure.

Moving Day is more than a walk. It is a celebration of movement, a critical component in battling PD symptoms, and it is an uplifting experience that brings the PD community together to socialize and learn from each other. Monies raised through Moving Day help the Parkinson's Foundation advance its research, improve access to quality care and expand its educational resources.

We look forward to seeing you at Moving Day. You don't need a



connection to PD to participate, just an interest in supporting the PD community and finding a cure to this devastating disease

Join the effort at www.movingdaybuffalo.org. For more information, call Chris Jamele at 716 301-0423 or e-mail cjamele@parkinson.org. We look forward to walking with you.



Looking for help with summer utility bills?

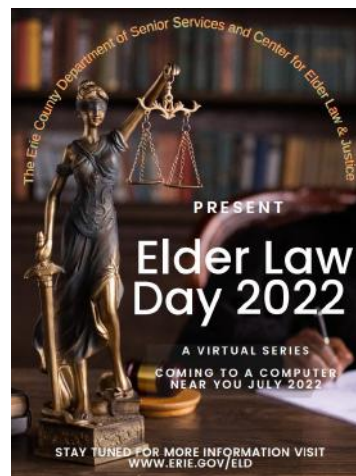


NYS and utility programs can help protect your services and pay your bill.

To learn more, visit www.dps.ny.gov/summer. Use the QR code below or call 1-800-342-3377.



Department of Public Service



Elder Law Day

We are very excited to announce that coming up our Elder Law Day Series will be returning this summer! Until then, please check the website for updates and to watch recorded classes from last season! <http://ow.ly/xBHN50J33gm>



SAVE THE DATE!



Annual Meeting & Conference 2022

THURS., NOVEMBER 3, 2022

**Wurlitzer Building
908 Niagara Falls Blvd.
North Tonawanda, NY 14120**

Mark your calendar for our fall Walks!!

Buffalo/Erie County - September 24
Genesee/Wyoming Counties - October 1
Chautauqua County - October 1
Southern Tier - October 8
Orleans County - October 8
Niagara County - October 15



**WALK TO
END
ALZHEIMER'S**
alzheimer's association

WELCOME NEW MEMBER AGENCIES!



CareGivers Home Care

CareGivers Home Care is devoted to providing the highest quality care to our clients while enabling them to remain in the comfort of their homes – allowing them to be near loved ones and maintain a strong sense of independence. We provide home care for any situation, whether it's a few hours a week or around-the-clock. At CareGivers we care for everyone, from newborn infants to the elderly. Because each client's needs are unique, our services are flexible and our staff is trained to meet a variety of special health care requirements. Services include companion/housekeeping, personal care aides, home health aides to RN's & LPN's.



ClearCaptions

ClearCaptions

ClearCaptions is a call captioning service that provides near real-time display of caller's words during phone conversations, a service intended for individuals whose hearing loss inhibits their phone use. Similar to captioned television, ClearCaptions allows you to actually see the words your callers say, made possible by our revolutionary home phone or mobile device app. This captioning service is provided by ClearCaptions and paid for through a program managed by the Federal Communications Commission (FCC). There is no cost to qualified individuals.



Edwella

Edwella's mission is to support those aging at home and their caregivers by coordinating and managing household bill pay, payroll and property care to make aging at home safer, more comfortable and less stressful for all.



Elite Promise

The Elite Promise: Quality Care in the Comfort of Your Own Home. Home Health Care services assisting with all activities of daily living. Highly trained aides, or hire your own trusted loved one to care for you. Call Rachel Eckert at (585) 524-6033, or email at Rachel@EliteHHC.com. Find out more at www.elitehhc.com.



Orchid Adult Daycare

ORCHID Adult Daycare is a social day program for adults who need assistance but would like to continue living at home. Our program is designed to provide high quality social, nutritional, and daily living services your loved one needs in a safe, supportive and stimulating environment. This allows you, the caretaker, to take a break from your care-giving responsibilities and have the peace of mind knowing that your loved one is being well taken care of.



X-treme Home Care is a CDPAP Fiscal Intermediary. CDPAP is a Consumer Directed Personal Assistance Program that is a statewide Medicaid program that provides an alternative way

of receiving home care services where the consumers direct their care by having control over who provides their care and how they are to be provided. We are contracted with most health plans and provide various services to the Consumers to stay independent at their homes. Eligible Consumers are able to choose their own caregiver to take care of them (eg: friends, relatives, etc.). Please call us to inquire and for enrollment.

Share your story with the Facebook world!

Tell us about it!



NETWORK IN AGING
OF WESTERN NEW YORK, INC

Tell us!

- Has someone in your company recently joined or been promoted?
- Do you have updates about changes or growth your company is undertaking?
- Have you created a better way of accomplishing tasks with a new service or product?
- Do you have a client who is satisfied with your services? Share their testimonial and...
- Are you running a seasonal campaign or tie-in promotion?

This is your invitation to share your stories to members and others via Network In Aging's Facebook page. We are in need of human interest and feature stories to share.

Please include photos and/or videos as you are able and send to Lisa at lisa@networkinaging.org.

**UNLIMITED NUMBER OF POSTS
at this time!**

facebook

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM



Introduction

The Senior Community Service Employment Program (SCSEP) assists mature job seekers (age 55+) and their communities by providing part-time community service assignments while supporting local non-profit and governmental agencies.

SCSEP participants earn minimum wage (\$13.50 per hour) while developing or enhancing their skills while continuing to seek employment outside of the program. Participants have various assignments (job) classifications, such as: clerical assistants, child/adult day care assistants, nutrition and janitorial assistants.

Earning While Learning

Paid work experience allows participants to develop or enhance their skills. Formal and informal training is given on host agency assignments. Our agency provides full financial responsibility (wages, state mandated fringe benefits, workers compensation and general liability) for participants placed in a host agency site.

Become A Host Agency Site

Your agency must be a not-for-profit 501(c)3 or governmental/public agency to qualify. Work sites (host agencies) are selected to furnish supervision, instruction and training for assigned SCSEP participants. 🌸

For more information contact:

Anita Wolniewicz, Project Director
Supportive Services Corporation
245 Elmwood Avenue
Buffalo, New York 14222
716-881-6350, Ext. 11

Visit our website: www.supportiveservices.org

The Senior Community Service Employment Program (SCSEP) is funded by a grant from the U.S. Department of Labor Employment and Training Administration, the Center for Workforce Inclusion, Inc.) and operated locally by Supportive Services Corporation through subcontract with the Erie County Dept. of Senior Services

UNITED CHURCH MANOR



"Staff truly care" is one family's statement that reflects United Church Manor's history of serving WNY's elderly and disabled. For over thirty years, United Church Manor has provided affordable housing opportunities to those with very-low incomes. Located on beautiful, park-like grounds on North Avenue in West Seneca, United Church Manor proudly assists residents with remaining independent while aging in place with grace and dignity. In addition to updated, open-concept one-bedroom and studio units, residents currently enjoy a reading library with computer and internet access, reserved lunch program provided by the Stay Fit Dining Program, an on-site laundry, beautiful outdoor patios, and a private picnic grove. All residents have access to a Service Coordinator who links them to services available in the community and a donor supported van service to and from grocery stores.

Apartment rents are based upon individual incomes and income eligibility restrictions apply. Heat and water are included in the rent and an electric allowance is also provided. A completed application starts the process of making United Church Manor the place you or a loved one can call home. The application can be found on our website at www.ucmanor.org.

Resident activities such as holiday parties and van services are provided by sponsor and community support of our annual Theme Basket & Luncheon event. The event returns on **November 5, 2022 at the Columns Banquet Hall in Elma**. For sponsorship or ticket information, contact 716-668-5804. 🌸



...encouraging independent lifestyles...

HEARTS AND HANDS

Hearts and Hands connects caring, reliable volunteers with older community members who have essential needs, like transportation, to ensure they can continue living independently. The focus of services is to provide transportation to medical appointments, the grocery store, and to social and worship gatherings. Along with transportation, volunteers provide in-home services through helping with basic household chores and routine home maintenance, and through companionship services such as a friendly visit or phone call.

Services are available to older and physically challenged adults throughout Erie and Eastern Niagara Counties and are provided at no charge. Hearts and Hands' neighbor serving neighbor volunteer approach provides additional benefits such as helping care recipients stay connected to the community while making social connections. The organization's programming is crucial to maintaining quality of life, health, and wellness for older adults. 🌸

Know of someone who can benefit from services? Enroll today by calling (716) 406-8311.

By giving just two hours a month, you can make a difference as a Hearts and Hands volunteer. Visit volunteerhnh.org or call (716) 406-8311 to learn more about volunteer opportunities.



 **Hearts & Hands | Neighbors Helping Neighbors Since 2003**



Hearts and Hands connects caring, reliable volunteers with older community members who have essential needs, like transportation, to ensure that they can continue living independently.

Transportation
Medical Appointments - Grocery Shopping - Errands

In-Home Services
Light Housekeeping - Minor Home Repairs - Light Yardwork

Companionship Services
Phone/Zoom Pals - Friendly Visits - Coffee & Conversation

hnhcares.org
(716) 406-8311



CENTER FOR ELDER LAW & JUSTICE

26th Annual Golf Tournament

September 19th, 2022

Wanakah Country Club
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PLATINUM MEMBER AGENCIES



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The Food Bank & Meals on Wheels are now

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JULY HOLIDAYS

- 1-Canada Day
- 4-Independence Day
- 4-Sidewalk Egg Frying Day
- 4-Independence Day
- 9-National Sugar Cookie Day
- 10-Pick Blueberries day
- 12-Pecan Pie Day
- 13-Barbershop Music Appreciation day
- 13-National French Fries Day
- 14-Bastille Day
- 16-Fresh Spinach Day
- 16-World Snake Day
- 22-Hammock Day
- 24-Pioneer Day
- 24-Amelia Earhart Day
- 26-Aunt & Uncle Day
- 27-Take Your Houseplants for a Walk
- 28-National Milk Chocolate Day
- 29-National Lasagne Day
- 30-National Cheesecake day
- 30-Father-in-Law Day

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AUGUST HOLIDAYS

- 1-Swiss Day
- 2-National Ice Cream Sundae Day
- 3- Campfire Day (1st Saturday)
- 3-National Watermelon Day
- 4-Sister's Day
- 4-International Forgiveness Day (1st Sunday)
- 6-Wiggle Your Toes Day
- 6-National Root Beer Float Day
- 7-National Lighthouse Day
- 9-Book Lover's Day
- 10-Lazy Day
- 10-National S'mores Day
- 12-Middle Child's Day
- 13-Left Handers Day
- 14-National Creamsicle Day
- 16-National Tell a Joke Day
- 17-National Thrift Shop Day
- 19-World Photo Day
- 21-Spumoni Day
- 22-Be an Angel Day
- 26-Dog Appreciation Day
- 31-National Eat Outside Day

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If your loved one is no longer safe at home, we should talk.



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SEPTEMBER FOOD HOLIDAYS

- 1- National Gyo Day
- 3- Birthday of Afternoon Tea Inventor
- 4- National Macademia Nut Day
- 5- National Cheese Pizza Day
- 9- Wiener Schnitzel Day
- 10- TV Dinner Day
- 11- National Hot Cross Bun Day
- 12- National Chocolate Milkshake Day
- 13- National Peanut Day
- 14- Eat a Hoagie Day
- 14- National Cream Filled Donut Day
- 15- National Linguine Day
- 16- National Guacamole Day
- 17- National Apple Dumpling Day
- 18- National Cheeseburger Day
- 19- National Butterscotch Pudding Day
- 22- National Ice Cream Cone Day
- 23- National Key Lime Pie Day
- 23- National Great American Pot Pie Day
- 26- National Pancake Day
- 27- National Chocolate Milk day
- 28- Strawberry Cream Pie Day

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Anthony Dolce
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LAWLEY

The Lawley Medicare Team is Growing – Are We in Your Neighborhood?

The Lawley Medicare team is growing! We are proud to announce the addition of Nancy Nimmo and Mariah Moonan as the newest Medicare professionals to join the Lawley team.

From individual healthcare needs before Medicare to reaching Medicare age and enrolling to ongoing proactive Medicare plan assistance and review, the Lawley Medicare team is here to help – now, with more team members!

Please reach out if you or your loved ones need assistance in enrolling in Medicare or are looking to discuss the best possible options, for your health and your budget, in regards to Medicare.

Remember, there is never a fee to talk with one of our team members and we cover service areas across Western Pennsylvania, all of Western New York, and now, Central New York! We work with all health care providers, so we can place you where it makes sense. 🌸

Let us know how we can help by calling 716.849.8223 or visiting our website at: www.lawleyinsurance.com



Lawley

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NETWORK IN AGING OF WESTERN NEW YORK, INC.

EST. 1981

Private Group for Members **ONLY**

Haven't joined our MEMBERS ONLY Facebook group yet? Here's what you're missing. . .

- Connect directly with fellow NIA members to share resources and expand your referral network
- Pose questions, ask for recommendations, announce events
- Post job openings at your organization
- Engage in discussions and polls about senior care in WNY
- Share your ideas for making Network in Aging even better!

This page can only be viewed by your fellow NIA members – not the general public. If you belong to, or are associated with, a member agency, just search <https://www.facebook.com/groups/niamembers> and request to join. Make the most of your membership!

DID YOU KNOW... SUMMER EDITION!



- Mickey Mouse's first spoken words on film were "HOT DOGS! HOT DOGS!"? The year was 1929 and it was Mickey's ninth film. In previous appearances, Mickey whistled, laughed, and cried, but HOT DOGS was his first actual line. I'll have mine with mustard, please!
- President Lyndon B Johnson hosted the first BBQ at the White House? The menu featured Texas-style ribs. LBJ hosted so many cookouts at his TX ranch and on the campaign trail, the term "Barbecue Diplomacy" was coined by W. D. Taylor of The New York Herald-Tribune.
- The Frisbee was invented by WWII veteran Walter Frederick Morrison? The idea started when he and his girlfriend were tossing a round metal cake plate back and forth for fun. His original design in 1946 was called the "Whirlo-Way." He then developed the "Pluto Platter" in 1955, which was eventually sold to Wham-O toy company and renamed "Frisbee."
- The first swimming school and pool opened in Boston, MA in 1827? German-Americans Francis Lieber and Charles Follen launched the school with the belief that fitness of body and mind were both important! Unfortunately, the pool only lasted two years before shutting down due to lack of support. Guess you could say it couldn't stay afloat!

CENTERS FOR HEALTH CARE

The future of rehab is at Buffalo Center and Ellicott Center

It's the groundbreaking Jintronix biofeedback system, which is completely non-weight bearing and can be used safely on the first day of rehab. And faster starts lead to faster recoveries and discharges. And not only that, it's a lot of fun!

The sophisticated Jintronix system uses computer gaming technology and multiple motion sensors to track more than twenty movements in hundreds of increments, allowing the therapist to instantly adjust the therapeutic inputs for maximum benefit. The system increases resident engagement and provides instant functional assessments. It also improves coordination of care, saving time with shared templates and automatic documentation.

Utilizing Microsoft's Kinect motion sensor bar, this specialty platform allows physical therapists to help residents achieve improved endurance and more successful outcomes. Jintronix delivers significant improvement in physical activity performance, gait speed, resident engagement and quality of life. When it comes to successful and faster recovery and rehab, the Jintronix biofeedback system is just what the doctor ordered. 🌸



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200 Seventh St, Buffalo

*According to data from UDSMR—a not-for-profit organization affiliated with the University at Buffalo.



Join us!

Outside on the Beechwood campus located at 2235 Millersport Highway (corner of North Forest)

6:00-8:00 pm

FREE

Food trucks and beverages for sale featuring Main Street Winery and Flying Bison beer.

For more info call 716-810-7370

Bands:

July 15 The Informers

August 19 The Boys of Summer

LAPING SURDEJ ASSOCIATES

Daily Money Management

You're probably wondering "what is daily money management"? Daily Money Managers (DMMs) provide assistance with managing monetary affairs. The services meet a continuum of needs, from organizing and keeping track of financial and medical insurance papers, to assisting with check writing and maintaining bank accounts.

The expertise of DMMs covers a broad range of tasks, and the services can be tailored to suit the client's needs. The scope of a DMMs work generally includes the following:

- Bill-paying, including calls to payees regarding incorrect bills and preparation of checks for clients to sign.
- Balancing checkbooks and maintaining organization of bank records.
- Preparing and delivering bank deposits.
- Organizing tax documents and other paperwork.
- Negotiating with creditors.
- Deciphering medical insurance papers and verifying proper processing of claims.
- General organization assistance.
- Providing referrals to legal, tax, and investment professionals.
- Notary services.
- Acting as power-of-attorney or representative payee for Social Security.

Daily bill paying is just a portion of what we do. Our clients are of all ages and may not require geriatric care management services



that LSA is predominantly known for. Daily Money Management service can extend to small businesses as well. We sit down with clients, look over their monthly bills and help them put a budget together to make sure everything stays on track. This allows us to assist clients in reducing debt and prioritizing bills.

What are some of the other services we can provide? Power of Attorney services for clients is a great example. We've been the middleman when it comes to preparing a property for liquidation. Working with realtors to sell homes, selling cars, preparing a residence for the sale process, and making sure everything is in proper order. This takes the burden off the client, and they're kept informed of everything along the way.

Unfortunately, there are times when people are taken advantage of financially. This is more common than people realize, and it can be a very delicate situation, especially if family was involved. Having a professional come in that's insured and bonded puts people at ease. Keeping them included in the decision-making process gives them confidence that they're back on the right track.

Daily money management services can be used to assist clients in keeping track of spending regarding their trusts. Whether it's submitting requests, taking a client to pick up the goods that they need or tracking receipts, a Daily Money Manager can assist.

Since Daily Money Management can be tailored to meet the needs of clients, we will continue to expand this offering to assist clients any way we can. For more information, please contact Ronald Surdej or Chip Mussen at (716)884-3277 or ron@wnycaremanager.com or chip@wnycaremanager.com. 🌸

X-TREME HOME CARE

X-treme Home Care is a Consumer Directed Personal Assistance Program (CDPAP) that is Medicaid based. We provide a new avenue of care compared to the traditional controlled home care program in which a family member/relative and/or friend can take care of their loved ones. A participating Consumer or Designated Representative can manage his/her own service within their own home. They are able to screen, hire, train, schedule and if needed, terminate their Personal Assistant (PA).

We are available via these local locations: Buffalo and Rochester.

Reach out today so we can help you and your loved ones. 🌸

Evie Munoz	Cami Kent
Office Manager	Office Manager
X-treme Home Care, Inc	X-treme Home Care, Inc
45 Exchange Blvd, Suite 716	438 Main Street, Suite 203
Rochester, NY 14614	Buffalo, NY 14202
585-625-6981	C: 716-216-2222
585-625-6980	P: 716-948-1500
evie.munoz@xthomecare.com	camie.kent@xthomecare.com



Beechwood Continuing Care, located at 2235 Millersport Highway, is pleased to announce that it will be hosting a weekly farmers market starting every Thursday, from 3pm-7pm till August 18, 2022. The farmer's market is open to Beechwood's residents, staff and the community and will take place on its beautiful, lush and expansive campus on the corner of Millersport Highway and North Forest.

With this being a new endeavor for Beechwood, the market will be small but jam-packed with a variety of about dozen vendors selling fresh fruit and produce; jams and preservatives, baked goods, artisan spices and oils, organic health and wellness products, and much more. While many of the vendors will participate weekly, some will rotate. Here is a sample of some of the participating vendors: Ally's Gourmet Dog Treats, Bee's Gold Honey, Buffalo Artisan Food Traders, Grapevine d'Vine, Mimi's Posies, Rooted Locally, Shanamel's Naturals, Three Sisters Garlic, and more.

For more information about Beechwood's farmers market, please call Kristin at 716-810-7370 or email kscholz@beechwoodcare.org. You can also visit www.beechwoodcare.org.

CLARITY GROUP

Clarity Group celebrates 5 Year Anniversary.

Clarity Group is proud to be celebrating 5 years of helping people with Medicare. Clarity Group was founded in 2017. At that time, we had one small office and just a few licensed agents working with us. Since that time, we moved our Depew office to a much larger space and added locations at the McKinley Mall, the Boulevard Mall and Batavia. Clarity Group now has 25 licensed representatives dedicated to serving people over 65 and younger people who are eligible for Medicare due to a disability.

The Clarity Group is an insurance agency that specializes in Medicare plans. We represent 9 local and national insurance companies with over 50 plan choices. We are here to help our clients understand Medicare and enroll in the plan that best suits their needs.

There are different types of Medicare Plans. Medicare Supplement plans, also known as Medigap, pay after original Medicare Parts A & B. These are usually accompanied by a Medicare Part D Prescription Plan. Another choice is a Medicare Advantage Plan, also known as Part C, which combines hospital, medical and usually drug coverage into one plan. There are also Special Needs Plans for someone with both Medicare and Medicaid. Clarity Group can guide you through all these options.

Everyone's needs are different and no one plan is perfect for everyone. It's important to check that the plan includes the doctors and hospitals you need, as well as covering your prescriptions. There can be many other factors to consider as well, such as how healthy you are. Do you want a low monthly premium or would you rather pay more upfront to avoid co-pays later? What if you travel? Do you want a fitness membership, dental, vision or hearing benefits? The Clarity Group will review your current plan, look up doctors and prescriptions and evaluate other needs to help you choose the right plan. Clarity Group can also help determine if someone is eligible for financial assistance with premiums and drug costs.

The best part is that there is no cost for these services. Call 716-393-3437 for an appointment. Learn more about the Clarity Group at www.claritygroupny.com. 🌸



Lynn Pumm
Community Outreach Specialist
P. 716-388-6452
LPumm@FreedomCareNY.com

1979 MARCUS AVE., SUITE C-115, LAKE SUCCESS, NY 11042 • FREEDOMCARENY.COM

Medicare Questions? Get Clarity!

Clarity Group represents most of the local and national Medicare plans. Learn your options and enroll in the plan that best suits your needs



Call 716-393-3437



CLARITY GROUP

Be clear. Be covered. Be confident.

Saturday, August 6th



Registration for the **Niagara Hospice Gran Fondo** is NOW OPEN!! Niagara Hospice is pleased to announce the ninth annual Gran Fondo bike ride on Saturday, August 6th on our campus at 4675 Sunset Drive in Lockport. We hope to see you there!!

thehospicegranfondo.itsyourrace.com/register/

POSITIONS AVAILABLE!

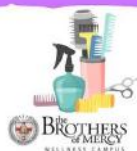


JOIN OUR TEAM!

Hairstylist/ Beautician

We are looking for a hairstylist/beautician to provide quality hair salon services for our Nursing Home residents.

Contact Teresa Dillsworth, our Nursing Home Administrator at 716-759-7610 or teresa@brothersofmercy.org for more information and to apply!



The Brothers of Mercy Wellness Center

We are looking for a Hairstylist for our Nursing Home Residents! This is an incredibly rewarding opportunity and our residents would be go grateful for this addition to our team. If you have questions and/or are looking to apply, please contact our Administrator, Teresa Dillsworth at 716-759-7610 or teresa@brothersofmercy.org.



REFERRAL
BONUSES



SIGN ON
BONUSES

ATTENTION LPNs & PCAs

Looking to start your career in healthcare or find a position somewhere new? Join our team at our Sacred Heart Home Assisted Living and Memory Care facility! Offering shift differentials up to \$3.50/hr, sign on bonuses up to \$5,000, career ladders program for career advancement, tuition assistance, scholarships, free parking, and wide variety of personal benefits!

Visit bomcareers.org to apply!



Tennyson Court

Tennyson Court is looking to hire a nurse 3-11pm every other weekend. RN or LPN desired. Please Sue Nawojski at the community if you are interested. 716-632-9496 x4.

Send us your job posting or employment opportunities!

ALZHEIMER'S ASSOCIATION

The Alzheimer's Association, WNY Chapter has an open position for a **Care & Support Specialist**. Please spread the word and if interested, please apply! The Care & Support Specialist is responsible for the strategic management, coordination, and delivery of support groups across the region. The Care & Support Specialist develops and executes a comprehensive community engagement strategy to expand awareness and utilization of support group services, especially within at-risk, marginalized and historically underserved communities. A key component of this strategy is to recruit, train and retain high-quality volunteer support group facilitators to deliver support groups in their neighborhoods. Link to the job description and online application: <https://jobs.alz.org/care-and-support-specialist/job/19391897>



CENTER FOR ELDER LAW & JUSTICE

Center for Elder Law & Justice

Current open positions:

Elder Abuse Paralegal
Health Care Staff Attorney
Health Care Supervising Attorney
Guardianship Bookkeeper
Kinship Attorney
MedLaw Paralegal
www.Elderjusticeny.org/work-with-us/

High school student looking for work this summer? These positions have evening and weekend availability that fit well with high school schedules and 16-18 year old work hour limits! Opportunities for picking up more hours in the summer when school is out are available as well!

We have a careers ladders program, tuition assistance, nursing scholarship programs through local schools, and multiple bonus opportunities!

Visit bomcareers.org to see our current openings!



Walsh Duffield

Walsh Duffield

We're hiring in our administrative services department.

HR Payroll & Talent Acquisition Specialist

<https://walshduffield.com/jobs/hr-payroll-talent-acquisition-specialist/>

We're Hiring!



Scan the QR above to find out more.

Become part of our team!

- competitive salary
- generous benefits



Apply online today! HospiceBuffalo.com/Careers

Hospice & Palliative Care Buffalo (HPCB) cares for individuals suffering from serious illness, as well as their families and caregivers. We provide an integrative, holistic (physical, emotional, social, and spiritual) approach to care that focuses on the whole person rather than on individual symptoms, enhancing quality-of-life.

Actively Seeking Top Talent!



Apply online today!
HospiceBuffalo.com/Careers/

Hospice & Palliative Care Buffalo has immediate full-time and part-time openings for caring and compassionate team members.

Available Positions: • Registered Nurses • HHAs/CNAs

Competitive compensation, robust benefits package including medical, dental, vision, 401k, generous PTO, paid holidays, tuition reimbursement, and more.



Hospice & Palliative Care Buffalo cares for individuals suffering from serious illness, as well as their families and caregivers. We provide an integrative, holistic (physical, emotional, social, and spiritual) approach to care that focuses on the whole person rather than on individual symptoms.

POSITIONS AVAILABLE!



Glenwell is hiring!

\$1,000 sign-on bonus

Become part of a dedicated team who take ownership and pride in everything they do.

Glenwell, DePaul Senior Living Community

Join Glenwell's mission-driven team! Now hiring Supervisors for the evening and overnight shifts at our senior living community in Cheektowaga: <http://ow.ly/zvCO50JjtMt>

Make a difference with a career at Glenwell! Now hiring a full-time Registered Nurse at our senior living community in Cheektowaga: <http://ow.ly/wJGS50JjtGx>



Now hiring: Activities Director

North Tonawanda, New York

\$1,000 sign-on bonus

Become part of a dedicated team who take ownership and pride in everything they do.

Join Wheatfield Commons' mission-driven team! Now hiring an Activities Director at our senior living community in North Tonawanda: <http://ow.ly/WcMz50JjtO7>

Now hiring: Registered Nurse

Cheektowaga, New York

\$1,000 sign-on bonus

Become part of a dedicated team who take ownership and pride in everything they do.

Executive Director of Juniper Glen

Currently looking for an executive director position for our Juniper Glen Assisted Living & Memory Care community. Excellent customer satisfaction, best management team with a strong and growing census. The parent company - Sunshine Retirement Living is a family-owned business that pays high wages, allows excellent staffing levels, allowing a lot of freedom to do what works for the community. Juniper Glen is an intentionally designed memory care community that was opened in 2017. It's beautiful, very clean with a wonderful team that takes excellent care of residents.

Contact Mimi Piciullo, Executive Director
mimi.piciullo@sunshineret.com (716) 698-1089 cell

Juniper Glen Assisted Living & Memory Care Community
Office: (716) 568-2099 | Fax: (716) 568-2089
8820 Transit Road, East Amherst, NY 14051



WE'RE HIRING

Manager of Compliance and Risk

Paralegals - Public Finance (2)

Paralegal - Wills, Trusts, and Estates

Paralegal - Immigration

Trademark Administrator

Office Assistant

Administrative Assistant - Commercial Real Estate



Harris Beach

Experienced and accomplished professional staff are vital to the success of a busy law firm. We've got a wealth of opportunity for you! Harris Beach is an innovative full-service law firm, 165 years young, serving business, non-profits, governments, school districts, agencies and individuals on topics ranging from Blockchain and digital assets and cannabis to health care and the life sciences, to racing and gaming, real estate, veterinary medicine and more. Openings across the state! Link for all active openings on career site <https://us62e2.dayforcehcm.com/CandidatePortal/en-US/hrb>



Send us your job posting or employment opportunities!

Nascentia Health
TOMORROW'S HEALTHCARE TODAY

JOIN OUR TEAM

RN/PT Wound Specialist

\$12K SIGN-ON BONUS!

Competitive salary | Excellent benefits
Mentoring program | Stipends for travel
Generous PTO & sick time | Bonuses

TRAINING PROVIDED!

Nascentia Health

\$12k sign-on bonus!

Join our clinical team as a certified wound specialist! We're looking for registered nurses or physical therapists who have or can receive designation/certification as WOCN from the Wound, Ostomy and Continence Nurses Society (for RNs) or certified wound specialist (for PTs).

Apply online: <https://lnkd.in/gFACtGGy>

HIRING

CARE COORDINATOR SUPERVISOR

Nascentia Health
TOMORROW'S HEALTHCARE TODAY

Nascentia Health

We are looking for a care coordinator supervisor in our Syracuse, Rochester, or Albany offices! Join the Nascentia Health family and help provide administrative, technical and leadership support to our care coordinators and clinical teams.

To learn more and apply today, go to <https://lnkd.in/d3knxPW>

Nascentia Health
TOMORROW'S HEALTHCARE TODAY

ROCHESTER & ALBANY

NOW HIRING

REGIONAL OUTREACH COORDINATOR

Competitive salary | Excellent benefits | Stipends for travel |
Generous PTO & sick time | Exceptional work/life balance

Nascentia Health

Nascentia Health is looking for two regional outreach coordinators for our western New York and capital region markets! These roles are responsible for marketing and sales of Nascentia's health insurance products and developing a network of professional relationships. These positions are based remotely but are expected to travel frequently within their region. Qualified applicants must have a current NY Health Insurance License or obtain one within three months of hire date. Learn more and apply today at <https://lnkd.in/d3knxPW>



DIETARY AIDES

DINING ROOM SERVERS

ACTIVITIES AIDES

ENRICHMENT AIDES



JOIN OUR TEAM

ACTIVITIES AIDE & ACTIVITIES LEADER



We are looking to add two **Full Time Activities Aides** and 1 **Full Time Activities Leader** to our team. If you are interested please apply online at bomcareers.org

LOOKING FOR SUMMER WORK THAT CAN TRANSITION TO AFTER SCHOOL/WEEKEND HOURS IN THE FALL?

PLATINUM MEMBERS! Promotional Email Blast!

Emailed to the entire membership.

Contact Lisa at lisa@networkinaging.org to schedule your blast.



Cheektowaga Senior Services

SUMMER GAZEBO FREE CONCERT SERIES

Join us at the Cheektowaga Senior Center, 3349 Broadway, Cheektowaga NY, for these **TUESDAY night** concerts and enjoy some great music out under our gazebo, behind the senior center. If the weather is uncooperative, we will move the show inside. Music is from 6:00-8:00 pm. Picnic table seating is limited, you may want to bring your own lawn chair. Our hot dog concession stand opens at 5:00 pm each concert. Proceeds benefit our Cheektowaga Senior Citizens Foundation, Inc.

A GREAT BIG THANK YOU TO ALL OUR SPONSORS. Through their generosity, we can keep these concerts **FREE** and open to the public. It's community partners like all of them that help us to shine.

JULY 12—CARNIVAL KIDS STEEL ORCHESTRA

Sponsored by Gambacorta & Dental Associates

JULY 26—NY ROCKIN RODEO

Sponsored by the Cheektowaga Captain's & Lieutenant's Association and the Cheektowaga Police Club

AUGUST 9—NEW DIRECTION

Sponsored by The Cheektowaga Travel Club

AUGUST 16—WARREN SKYE & FRIENDS

Sponsored by Independent Health

AUGUST 30—PARTY HOUNDS

Sponsored by Peregrine Senior Living at Cheektowaga



Our 12th Annual Summer Affair tickets are now on sale! Our biggest party of the summer is on Wednesday August 3rd at Resurgence Brewery, and you definitely don't want to miss out! Head to HospiceSummerAffair.com to purchase your tickets today!



I'M SO STRESSED OUT!

Is it stress or anxiety?

Stress	Both Stress and Anxiety	Anxiety
<ul style="list-style-type: none"> Generally is a response to an external cause, such as taking a big test or arguing with a friend. Goes away once the situation is resolved. Can be positive or negative. For example, it may inspire you to meet a deadline, or it may cause you to lose sleep. 	<p>Both stress and anxiety can affect your mind and body. You may experience symptoms such as:</p> <ul style="list-style-type: none"> Excessive worry Uneasiness Tension Headaches or body pain High blood pressure Loss of sleep 	<ul style="list-style-type: none"> Generally is internal, meaning it's your reaction to stress. Usually involves a persistent feeling of apprehension or dread that doesn't go away, and that interferes with how you live your life. Is constant, even if there is no immediate threat.

Ways to Cope

- Keep a journal.
- Download an app with relaxation exercises.
- Exercise and eat healthy.
- Get regular sleep.
- Avoid excess caffeine.
- Identify and challenge your negative thoughts.
- Reach out to your friends or family.

Find Help

If you are struggling to cope, or the symptoms of your stress or anxiety begin to interfere with your everyday life, it may be time to talk to a professional. Find more information about getting help on the National Institute of Mental Health website at www.nimh.nih.gov/findhelp.

www.nimh.nih.gov/stressand anxiety

Life can be stressful. If you are struggling to cope, or the symptoms of your stress or anxiety won't go away, it could affect your health! Learn more at <https://buff.ly/3z05D6e>

Highlights of June 16th Progressive Dinner Networking Event!

Lots of networking took place at this fun event! It was well attended with many new members! Based on feedback from members, they loved it and would have liked the time of the event to be extended even more.

Thank you to generous sponsors of our event!



Mandy Aviles
Brookdale Senior
Living



Karen Turello
Home Instead



Ann Marie Klosko
Elder Transition
Consulting



**Matt Gardiner & Tracy
Reese, Oasis Senior
Advisors**



Huge thank you to **Michael Olear** from **The Olear Team/ MJ Peterson** for sponsoring our violinist, Lena.





A great time was had by everyone at our Progressive Dinner Networking Event at Osteria 166!



Family Caregivers: Do you care for a family member with dementia?

Would you like to do errands, exercise, shop, attend YOUR doctor appointment, have lunch with a friend, or just RELAX?



There are many Social "Respite" Programs in Erie County available at **NO CHARGE!** Trained volunteers provide fun, one-on-one, stimulating, supervised activities including games, crafts, pet therapy, gentle exercise, music/singing and lunch or snacks for your loved one while you take a much deserved break. **ALL** are welcome!

1st Wednesday, 10:30am – 2:30 pm

First United Methodist Church
474 East Main St., Springville
Contact: Barb Blesy 592-7451

2nd Wednesday, 10:30 am – 2:30 pm

Hamburg United Methodist Church
116 Union St., Hamburg
Contact: Lisa Rood 941-5703

3rd Wednesday, 10:30 am – 2:30 pm

Eden United Methodist Church
2820 East Church St., Eden
Contact: Kevin Karstedt 992-2248

4th Wed. & 2nd Thurs., 10:30 am – 2:30

Baker Memorial United Methodist Church
345 Main St., East Aurora
Contact: Michele Engasser 652-0500

3rd Thursday, 10:30 am – 2:30 pm

St. David's Episcopal Church
3951 Seneca St, West Seneca
Contact: Annie Francowiak 674-4670

1st Thursday, 10:30 am – 2:30 pm

Holland United Methodist Church
11699 Partridge Rd., Holland
Contact: Cindy Cassavino 388-3150

2nd Saturday, 10:30 am – 2:30 pm

Grace Lutheran Evangelical Church
174 Cazenovia St., Buffalo 14210
Contact: Susan Swanson 992-3814

1st Tuesday, 11:30 am – 3:30pm

St. John the Baptist RC Church
1085 Englewood Avenue, Kenmore
Contact: Mary Elias 716.874.0672

2nd Friday, 10 am – 2 pm

Metropolitan United Methodist Church
657 Best St., Buffalo
Contact: Lynelle Reed 891-5652

1st Saturday, 11am – 2 pm

St. Gregory the Great RC Church
200 St. Gregory Ct., Williamsville
Contact: Lee Zach 688-5678 ext. 339

4th Wednesday, 1:30 – 5:30 pm

Golden Age Center
3278 Whitehaven Rd., Grand Island
Contact: Jennifer Menter 773-9682

2nd Tuesday, 10 am – 2 pm

Asbury United Methodist Church
850 Dodge Rd., Getzville
Contact: Pat Hair 580-3861 or asburyangels@gmail.com

2nd Thursday, 10:30 am – 2:30 pm

First Church of Evans
7431 Erie Rd. Derby 14047
Contact: Debby Waddell 549-0908



Sponsored by Erie County Senior Services, DOH; volunteers are trained by the Alzheimer's Association. Please call the contact person for each program to register or for more information.
ALL are welcome to participate in any or all the programs.

LIFE LESSONS

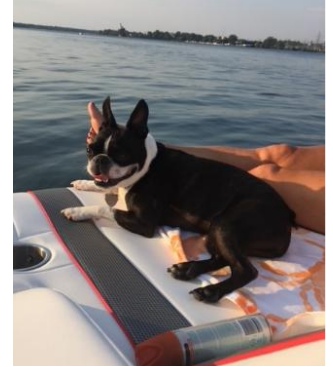
Life Lessons – June 2022 SUMMER FUN WITH PETS



Submitted by **Bonnie Bortz, Ken-Ton Presbyterian Village.** Her granddaughter Natalie with her puppy Mollie who will be 1 years old on July 4th. They are best friends!



Submitted by **Tiffany Erhard** from **New York StateWide Senior Action Council.** Turkey (left) and Stuffin (right) love camping with my husband and myself in addition to playing in the backyard and pup cups from Starbucks!



Submitted by **Judy Wagner** from **Harris Beach.** Boating with Keiko!



Submitted by **Angie Crawshaw** from **Network in Aging.** Kacy loves basking in the sun.



Submitted by **Tim Gallegos,** **Family Pharmacy Plus** with Spookey the cat.



Submitted by **Shannon Radlich** from **Heritage Manor in Lockport.** Pictures of her four dogs. Left to right: Shannon and Shelby enjoy taking long walks along the canal. Hemi the bulldog enjoys lying poolside. Her Shih Tzus, Monte and Ginger, enjoy sitting firepit side!



Submitted by **Tracy Reese** from **Oasis Senior Advisors.** Charlee and Mandy at our camper this is our first year of camping and the girls are absolutely loving it!!

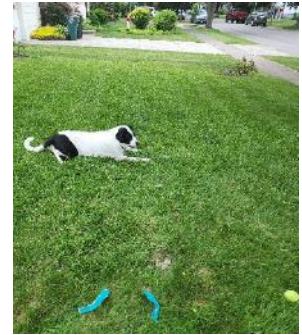
LIFE LESSONS



Submitted by **Colleen Osborn** from **Fidelis Care**. Camping with her dog Truley.



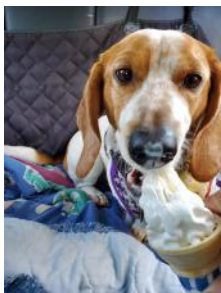
Submitted by **Victoria Vanasco** from **Edwella**. A picture of my garden, with the rare Feline Blossom in full bloom.



Bentley loves his ball and loves to play with his ball (sister's dog). This one got shredded. Submitted by **Stacy Jasinski** from **Glenwell**.



Submitted by **Joy Crawford** from **The Amberleigh**. Faith is hanging out with Roxy and Maggie. Roxy is the grey dog and Maggie is the black/red pup! Also included are some of Amberleigh "pets."



Submitted by **Sharon Plant** from **People Inc.** Her girls love to go to the park and then for ice cream. Gracie is the full grown Bassett, Lacey is the beagle Bassett and Marcie is the new edition, their puppy!

JULY & AUGUST 2022 LIFE LESSONS



Let's say **Hooray for Summer** as we move into July and August filled with fun and exciting celebrations and get-togethers! What plans do you have in the upcoming months? Are you or your friends/family hosting a BBQ or sitting around a bonfire making s'mores? Is there a family reunion coming up? Are you going camping or "glamping" in your backyard or campground? Are your kids meeting up at the playground or showing off their artistic skills with sidewalk chalk? Maybe going to Darien Lake for the Jason Aldean or Dierks Bentley concerts or enjoying some amusement park rides? How about running through the sprinkler or attending a summer sport camp? Going on a road trip? Maybe there's a wedding coming up? Playing cornhole? Going to the local Erie County fair, Transit Drive-In, or Larkin Square to eat at the food trucks? How about a wine tour? There are SO many wonderful ways to celebrate Summer in WNY!

Send us in your pics or videos of both kid and adult-related-activities and celebrations. **We'll post every photo/video to Facebook and all submissions will be entered to WIN A \$50 TOPS gift card** so that you can throw one last Summer Hooray Party in time for Labor Day!



Let's have some fun while raising money! give716 is almost here and Brothers of Mercy has been gearing up for a great fundraising event! We hope you will join us by making a donation to our organization through give716.

give716 begins on **Thursday, July 14th at 7:16 PM and runs until Saturday, July 16th at 7:16 AM** – you cannot make early donations! We are looking forward to taking advantage of all of the amazing Matching Gifts and Grant Opportunities that the Bills and Sabres have lined up and we certainly don't want you to miss out on the T-Shirt incentive! The first 3,000 donations of \$71.60 or more will receive a FREE Commemorative T-Shirt. Please visit <https://give716.org/give/give716/2022/giving-day-22/charities/brothers-of-mercy-facilities-foundation> and don't forget to check out the schedule and donate at a time with a matching donation!!!

All of these donations will go to a special Sacred Heart Home Fund which provides additional resources for those residents who are in need of additional financial support because they have exhausted their own funds.




**COME AND JOIN US
FOR JULY CASUAL
HAPPY HOURS!**

**THURSDAY, JULY 14TH
Santora's at Galleria Mall**

**THURSDAY, JULY 21ST
Papi Grande's on Maple Road
(facing Sweethome)**

Mingle with other members! No food or drinks included. 4:30 pm-?

**Check out the website for more info
on an upcoming happy hour at
Riverworks in August!**

**The Network in Aging invites you to our
ANNUAL TASTE of the NETWORK EVENT
to benefit The Jerry Flaschner Humanitarian Award**

TUES., JULY 26, 2022 • 12:00 – 2:00PM • COST \$15

Amherst Center for Senior Services • 370 John James Audubon Parkway • Amherst, NY 14228

The "Taste of The Network" will provide an opportunity for our members to come and enjoy the culinary creations made by the dining services from 10 of our member agencies.

PARTICIPANTS INCLUDE: Amherst Center for Senior Services, Asbury Pointe (Beechwood), Bristol Village, Brompton Heights, Brookdale, Elderwood, Glenwell, Montbaur Heights, Niagara Hospice, Wheatfield Commons

BOTTLED WATER COURTESY OF PEOPLE INC.

REGISTRATION OPEN! GO TO WWW.NETWORKINAGING.ORG



Questions?
Email Lisa Boron at
lisa@networkinaging.org.

AMHERST CENTER FOR SENIOR SERVICES

Summer at the Amherst Center for Senior Services is in full swing. We have programs and classes being offered both indoor and outdoor. Our Summer Concert Series began in June and this Tuesday, July 19 at 6:00 pm we are hosting Alex Rene' Big Band which is an 18 piece band similar to the Golden Age of Music. On Saturday, August 6 from 9-12:00, Senator Rath will be cohosting the Community Health Fair with us. This free event is open to the public. If you're not a member yet-come to one of our Open Houses beginning on August 26.

In order for us to offer the quality and quantity of programs we offer, pre-planning is essential. Our Fall Course Catalog comes out later this month and registration begins in early August. We offer over 50 classes a trimester in all topics. Art, History, Music, and a great deal of fitness classes. "September is National Senior Center Month and the Amherst Center for Senior Services uses this month to really showcase our Center and the positive image of aging" states Melissa Abel, Executive Director of the Amherst Center for Senior Services.

We are also a site for University Express Classes. University Express offers free educational classes for older adults in Erie County. You will find only the most experienced speakers on topics including current affairs, history, humanities, finance and medicine. Lifelong learning is truly a passion at the Amherst Senior Center.

In order to join the Center you must be 55. Contrary to what most people believe, you do not have to be a resident of Amherst to become a member. The only difference is the membership fees. Amherst residents pay a \$30 lifetime fee and nonmembers pay a \$30 annual fee. To join the Center go to:

AmherstCenterforSeniorServices.com/membership-plans, or simply stop in and we'll provide you with an application. Payments can be made by cash, check or credit card. After joining, you will be given an opportunity for a tour and to sign up for programs and classes. We look forward to welcoming new members.

If you or your organization is interested in partnering on an event or program, please contact our Public Relations Coordinator, Christina Yensan at cyensan@amherst.ny.us.

Thank you and we hope to see you soon! 🌸



Joy for All Companion Pets are lifelike robot pets. They provide all the therapeutic



AGELESS INNOVATION'S
Joy for All
COMPANION PETS

benefits of pet ownership without the upkeep – ideal for older adults who may feel isolated and would benefit from the sense of companionship. In fact, NYSOFA found that older adults with one of these pets had a 70% reduction in self-reported loneliness. New Yorkers can use discount code NYS20 at <http://joyforall.com> for a 20% discount on a companion pet, or contact your county office for the aging for further details.

AMHERST CENTER FOR SENIOR SERVICES EVENTS

SUMMER CONCERT SERIES 6:00 – 8:00 pm

Please bring your lawn chair!

Tuesday, July 19 • Alex Rene' Big Band

18 piece big band featuring music done in the style of the Golden age of Big Bands. (Sponsored by our friends at Brookdale)

Tuesday, August 16 • NiteTones

The Nitetones provide a full variety of hit songs from the 90's, 80's, 70's, 60's, and more

Tuesday, September 6 • Barnstorm Band

5 piece Country Band with male & female lead vocalists perform current and classic country music

NICKEL CITY REPTILES & EXOTICS

Thursday, July 28 • 6:30 pm

Educational animal outreach

COMMUNITY HEALTH FAIR

Saturday, August 6 • 9:00 am – 12:00 pm

Presented by: Senator Ed Rath, Kaleida Health and the Amherst Center for Senior Services There will be dozens of vendors offering information on a range of health topics, screenings, and free materials available throughout the three-hour event

OPEN HOUSES

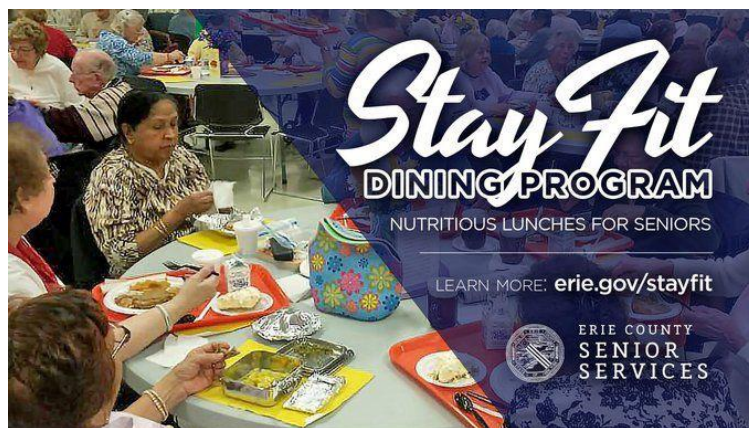
Amherst Center for Senior Services

See what adults 55 and older are talking about! Tour the Center and learn about services and activities offered at the Center. No registration required.

August 26

Food trucks will also be on site. Tour the Center and enjoy a bite.

September 7



Erie County Senior Services

245,000: the number of meals we have provided yearly to area seniors thru the "Stay Fit Dining" lunchtime dining program. More info about this & other senior nutrition resources: <https://buff.ly/3MCHF5V>



Network in Aging
of Western New York, Inc.

7954 Transit Road, #254
Williamsville, NY 14221

The Network in Aging of Western New York, Inc. is a non-profit, voluntary corporation, which brings together individuals and organizations involved in aging and long-term care. Our diverse membership includes educators, health and social service professionals, community leaders, government agencies and area businesses. **Our mission is “To help our members by providing opportunities for resource exchange, professional development and interdisciplinary collaboration through networking events, educational programs, strategic partnerships and promoting public awareness of the organization and its mission.”**

For more information about the Network in Aging of WNY, contact Lisa Boron at (716) 954-3075 or go online to www.networkinaging.org.

CALENDAR OF EVENTS

Happy Hour • Thurs., July 14, 2022 • 4:30 pm – ?
Santora’s at Galleria Mall

Happy Hour • Thurs., July 21, 2022 • 4:30 pm – ?
Papi Grande’s on Maple Road (facing Sweethome Road)

Taste of the Network • Tues., July 26, 2022 • 12:00 – 2:00 pm
Amherst Center for Senior Services • 370 John James Pkwy., Buffalo, NY 14228

Annual Meeting & Conference • Thurs., November 3, 2022
Wurlitzer Building • 908 Niagara Falls Blvd., North Tonawanda, NY 14120