



NETWORK IN AGING

OF WESTERN NEW YORK, INC.

EST 1981

Celebrating **42** Years

Apr-Jun 2023



Est. 1981

Network in Aging
of Western New York, Inc.

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Network in Aging Presents

SENIOR HEALTH & RESOURCE FAIR

Wednesday, May 17th • 10:00 am to 1:00 pm

FREE EVENT! OPEN TO ALL OLDER ADULTS & CAREGIVERS



FREE!

PLEASE help spread the word!
Email Lisa at lisa@networkinaging.org for more information and to reserve a table.

Engage with caregivers and seniors!

M HOTEL BUFFALO (formerly Millennium) 2040 Walden Ave • Buffalo, NY 14225

Join us for a networking progressive dinner with a change of seating three times!

Experience a night of networking with other members and showcase your business!

Thursday, April 27, 2023

4:30 – 5:30pm Networking
(2 drink tickets/cash bar)

5:30 – 7:00pm Dinner

Cost \$40
(includes 2 drink tickets)
Cash bar after • Must pre-pay

REGISTRATION OPEN
Members Only!

Registration closes 4/17

The Reikart Ballroom
5000 Main St (off 290) • Amherst, NY 14226

SPONSORED BY:

Progressive Networking Dinner Event



REGISTRATION OPEN!

aetna
medicare solutions

CARE Patrol
Your Partner In Senior Care Solutions

THE OLEAR TEAM
Sell the house. Keep your home.

Venture Forthe
PERSONALIZED HOME CARE SERVICES

HIGHLIGHTS OF THE JANUARY 2023 SOCIAL

Thanks to The Olear Team for sponsoring our event!

THE OLEAR TEAM

Sell the house. Keep your home.





Network in Aging
of Western New York, Inc.

OFFICERS

President

April Romanowski
Lawley Insurance

V.P. — Community Relations

Paula Venné-Clendening
Walsh Duffield Companies, Inc.

V.P. — Networking

Stephanie Mruczek
Solstice Senior Living at East Amherst

V.P. — Professional Development

Pam Ricksgers Pace
Amazing Home Care

Secretary

Mimi Piciullo

Treasurer

Suzanne Nawojski
Tennyson Court

Past President

Angie Crawshaw

Founding President

Dr. Evan Calkins

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Steve Buzzelli

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Planning Group: Northwestern Mutual*

Kara Calandrelli

The Amberleigh (Sonida)

Stacy Jasinski

*Glenwell, a DePaul Senior
Living Community*

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Fallon Health Weinberg PACE

Ann Marie Klosko

Elder Transition Consulting

Thomas Lang, JD, MBA

Magavern Magavern Grimm, LLC

Nancy Maira

Erin Mahoney

Erie County Senior Services

Bonnie McMorrow

FeedMore WNY

Jane Nogowski

Park Creek Senior Living Community

Lynn Westcott

Alzheimer's Association WNY Chapter

Julie Whitbeck-Lewinski

CarePatrol of Buffalo Niagara

PRESIDENT'S MESSAGE APRIL ROMANOWSKI



As we look forward to the New Year, let's resolve to recommit ourselves to Happy Spring! *"Spring is the time of plans and projects."*
-Leo Tolstoy

The Network in Aging has been very busy preparing for the 2023 year of revival!

In January we held our annual January Social, January Jingle & Mingle! Saxman Slim was a fan favorite. Our charity was the West Falls Center for the Arts. Our donations will help support the Musical Memories Café. This program is for caregivers and their loved ones with Alzheimer's and dementia. I want to thank the Special Events

Committee for a job well done!

Are you looking to become more involved in the Network in Aging? A great place to start is by attending or even hosting one of our many Network with the Network events. In February we Networked with Tennyson Court. In March we celebrated St. Patrick's Day at Orchid Adult Day Care, and traveled "South of Border" to Andale Cantina where we "fiesta'd." Many more Networking events to come! To keep updated check out the Event Calendar on our website at networkinaging.org.

A few great programs are in the works. Our Progressive Dinner will be held April 27th at the Reikert Ballroom. If you love food and you love people, this is the place to be. Who wouldn't want to meet new people while being served a 3-course meal? The format is based on the premise of speed dating but networking instead. You will be given the opportunity to highlight yourself and your agency. If you haven't reserved your spot, hop on over to the website and sign up!

Another big event to be on the look out for is the Annual Senior Resource Fair that will be held in May. This event brings together many of our member agencies doing what we do best: helping our clients. This is a free event open to older adults and their caregivers. If you have not reserved your table you will want to do that NOW!

The board of directors is currently working on updating our strategic plan. In this process we will be reaching out to our members for your input. Don't be shy if a Network in Aging board member approaches you and asks you to share your thoughts. We are dedicated to making this organization everything you want it to be.

Stay informed and most of all participate in as many events as you can. Get involved in a committee! We want to get to know you, and help you and your agency blossom!

Sincerely,

-April Romanowski
Network in Aging President

WELCOME NEW MEMBER AGENCIES



**CARING
ENVIRONMENTS**



BURD HOME HEALTH



**BUFFALO & NIAGARA
GUILDCARE**



FREDONIA PLACE



**WNY INTEGRATED CARE
COLLABORATIVE**



WELLCARE



NETWORK AGING

OF WESTERN NEW YORK, INC
EST 1981



MAKE THE MOST OF YOUR NETWORK MEMBERSHIP BY JOINING A COMMITTEE TODAY

ALL MEETINGS VIA ZOOM

COMMITTEE CO-CHAIRS & MEETING INFORMATION

Please be sure to verify meeting date, time and location
as there are occasional changes!

COMMUNICATIONS COMMITTEE

Establishes and directs the Network's print and online communications with its members and the public. Meetings are on the **second Tuesday** of the month at 10:00am.

CO-CHAIRS

Pamela Pace
pamela@amazinghc.com
(716) 863-9035

Paula Venné-Clendening
pvenne@walshduffield.com
(716) 255-1593

EDUCATION COMMITTEE

Plans and carries out educational programs/workshops on aging related issues, along with planning and preparation for the annual meeting. Meetings are on the **second Thursday** of each month at 3:30pm.

CO-CHAIRS

Mary Baty
mabaty914@gmail.com
(716) 906-9014

Mike Ford
michael.ford@prestigehcg.net
(845) 660-0606, ext 3659

Julie Whitbeck-Lewinski
jlewinski@carepatrol.com
(716) 463-2966

MEMBERSHIP COMMITTEE

Reviews and recommends changes in membership dues and benefits; coordinates ongoing membership recruitment efforts. Meetings are on the **fourth Thursday** of each month at 8:30am. No meetings in August and December.

CHAIR

Jane Nogowski
jnogowski@park-creek.com
(716) 632-3000

NETWORKING COMMITTEE

Plans and carries out member-to-member functions, including Networking events. This committee meets the **first Thursday** each month at 8:30am. Additional dates may be scheduled.

CO-CHAIRS

Stacy Jasinski
sjasinski@depaul.org
(716) 608-7000

Stephanie Mruczek
eastamherstdsm@solsticeseniorliving.com
(716) 688-7880

Nancy Maira
nlmaira@verizon.net
(317) 727-7532

SPECIAL EVENTS COMMITTEE

Plans social functions for the Network, including the January Social, Taste of the Network and annual meeting venue. Meetings are on the **fourth Tuesday** each month at 8:30am. No meetings in January, July and December.

CO-CHAIRS

Bonnie McMorrow
bmcmorrow@feedmorewny.org
(716) 822-2002

Sharon Plant
splant@people-inc.org
(716) 817-9229

NOMINATING COMMITTEE

This committee solicits and accepts nominations for positions on the Network in Aging Board of Directors and presents a slate of officers and directors to the membership for their consideration.

CHAIR

Ann Marie Klosko
amklosk@hotmail.com
(716) 440-0933

WAY TO GO!

thanks

A huge thank you to the following member agencies who upgraded their memberships!

Harmonia Collaborative Care – GOLD

Venture Forthe, Inc. – PLATINUM

Elder Transition Consulting - BRONZE

Take advantage of your NEWSLETTER BENEFITS today!

Submissions include:

- Articles (no word limit), include images and pictures
- Business card size ad
- Quarter page ads – Platinum/Gold members
- Job postings
- Acknowledgements and Recognitions

**Looking for
ARTICLE AND
AD SUBMISSIONS
for the
July-Sept 2023
edition!**

**Email Lisa Boron at
lisa@networkinaging.org
to reserve your spots.**

NEW INDIVIDUALS



Free Up The Space We work with clients to provide a worry-free moving or downsizing experience. Often clients know it may be time to downsize the family home but struggle when it comes to downsizing their things. Sorting through items it took decades to acquire requires both mental as well as physical energy. Let us help you decide what has a purpose in your new space, what you can't live without and what needs to find a new home. The decisions are easier when working with a professional. Contact Amy Guarino at 716-983-8118 for more info.

The GreenFields – Jessica Davis

Buffalo Homecare – Wendy Greenwood



Buffalo Homecare Inc. welcomes Wendy Greenwood as their new Director of Operations of Homecare and Marketing divisions. Buffalo Homecare provides personalized homecare services in the comfort of one's home. Our caregivers are compassionate, understanding and respectful of each person's unique needs, allowing Buffalo Homecare to provide the best personalized service as possible. Buffalo Homecare works with many different insurance companies including MLTC's as well as Medicare and Medicaid. If insurance is not an option, Buffalo Homecare offers private pay care options to accommodate your loved ones needs. From hands-on Nursing assistance to companion care, our diverse staff is made up of Personal Care Aids, licensed practical nurses (LPNs), and registered nurses (RNs) that are available for 24/7 support. As an employer, Buffalo Homecare is always hiring dedicated, caring staff. If you are looking for a career that will be both fulfilling and rewarding, Buffalo Homecare is the place for you! Wendy, and all of the Buffalo Homecare team, look forward to working with the Network in Aging while continuing to meet the needs of our community.

THE OLEAR TEAM

Five Items to Consider Before Buying A Condo or Townhouse

Whether you're a first-time homebuyer or someone looking to downsize, there are some key aspects of ownership that you should be aware of. Below we'll discuss some of the advantages... while also taking a look at some potential negatives to consider before beginning your search.

What are you buying? Buying into this lifestyle is different than buying a house. When purchasing a condo, you are buying the interior space that you will call home, and a percentage of the common areas such as green space and driveways. Condos/townhouses may also include additional space such as a garage or a porch. Your Realtor can explain exactly what you are purchasing. Additionally, condos frequently have extra amenities that you will share with other condo owners, such as pools and/or tennis courts. Some communities are also gated for added security.

Less maintenance means more free time. When you purchase a house, you need to prepare yourself for all the maintenance work that comes along with homeownership. If you do not enjoy cutting the lawn, maintaining the landscaping, watering the grass, planting flowers and shoveling snow, then you may want to consider a living situation like this where the outdoor workload is managed. That maintenance, however, comes at an additional cost which we'll discuss under the next heading.

Homeowner's Association (HOA). The homeowner's association is governed by a board of directors elected by the owners who will make important decisions on behalf of the entire group. This board will meet regularly and set an annual budget for the care and maintenance of the common areas as well as putting away sufficient reserves for major improvements. The directors also establish and implement policy (such as policies on pet ownership and rental of units) for the HOA. A monthly fee that all owners pay to the homeowner's association allows the directors to complete their assigned tasks on behalf of all. Make sure and

utilize the 5 day period in our standard contract for review of financial statements, minutes of board meetings and declaration and rules of the HOA. If you have questions, be sure to direct them to your real estate attorney.

What is a special assessment? This can at times be an additional fee that all owners will be asked to pay for a set period of time when sufficient reserves are not present in the HOA accounts to replace a roof, driveway, windows or a boiler. While certainly not popular among HOA members, these additional costs are frequently unavoidable once they present themselves. A good question to ask prior to purchase is "What is the history of special assessments for this HOA?" The answers can vary greatly and are an indicator of the quality of management over an extended period of time.

Do I need to purchase insurance for my unit? Whether you're living in an apartment, condo, townhouse or single-family home, you should always be sufficiently insured to cover any losses that may occur. In an HOA setting, there are typically two types of insurance, one purchased by the individual to cover the interior space of their condo and belongings, and a master insurance policy paid for by all the members to provide coverage for common areas.

This type of living has amazing advantages for the right person. I'd strongly encourage anyone considering this to write down their reasons for or against and examine them over a month or two prior to settling on a course of action. 🌸

Michael Olear is a Licensed Associate Real Estate Broker with MJ Peterson Real Estate. Find him online at www.olear.com

THE OLEAR TEAM

Sell the house. Keep your home.

NASCENTIA HEALTH

Brock Malenke Joins Nascentia as Director of Health Plan Operations



Brock Malenke joins Nascentia's Tonawanda office as the director of health plan operations. He oversees the care coordination and training team that supports the organization's managed long-term care (MLTC) plan and ensures that they have the tools and resources required to meet the needs of members and nurse care managers and are meeting regulatory guidelines. Brock will provide operational support and oversight, alongside Nascentia's clinical leadership team, to ensure

operations run smoothly, effectively, and compliantly. He brings a strong background of managed care operational support, project

management, and leadership roles. Brock previously served as a clinical innovations specialist at Fidelis Care. He is a graduate of SUNY at Buffalo and resides in Tonawanda.

Nascentia Health is one of Central New York's largest home healthcare agencies, offering in-home skilled nursing and therapies and home health aides. Across the state, Nascentia offers managed long-term care in 48 counties and Medicare Advantage Plans in 15 counties. Founded in Syracuse in 1890, the agency has more than 130 years of expertise in home care and more than 500 employees in offices in Syracuse, Rome, Rochester, Buffalo, and Albany. Learn more at nascentiahealth.org. 🌸

Nascentia Health
TOMORROW'S HEALTHCARE TODAY

JUNIPER GLEN



WNY'S BEST MEMORY CARE ASSISTED LIVING COMMUNITY

Juniper Glen has a family of caring professionals 24/7

Come see what separates us from all other communities!

Set up your personal tour with Mark today!

JUNIPER GLEN
MEMORY CARE ASSISTED LIVING

8820 Transit Road | East Amherst | JuniperGlenRet.com | 716-428-5399



BROMPTON HEIGHTS




Brompton Heights is a senior living facility nestled in the heart of Williamsville that provides Independent Living, Assisted Living & Memory Care options for our residents.

One hundred percent of our Assisted Living and Memory Care rooms are licensed by New York State for Enhanced Care, which means if a residents healthcare needs change, they'll be able to age in place, at their own pace.

Brompton Heights residents enjoy a newfound quality of life, full of independence and choices, while their families relax knowing that licensed,

medical professionals are on-site 24/7. We offer comfortable, fully furnished rooms – social activities – restaurant style dining – convenience of maintenance, housekeeping & laundry – resort like amenities – outdoor patio space – professional nursing staff on-site 24/7.

Call Stefaniee Oneil to schedule a personalized tour and find out more about

current availability 716-634-5734 – soneil@bromptonheights.com 

Stefaniee Oneil, Sales & Marketing Department Rep.
Brompton Heights | 275 Brompton Rd | Williamsville, NY 14221
Cell: 716-480-8652 | Tel: 716-634-5734 | Fax: 716-634-1416
SOneil@bromptonheights.com | BromptonHeights.com



Registration Now Open!



27th Annual
Hospice MEMORIAL Walk 

Sunday, May 21st
at Canalside

Join us in celebrating the lasting memories of your loved ones for the annual Hospice Memorial Walk!

- \$35 registration fee for all walkers. Fee counts toward your fundraising goal and includes a t-shirt
- Picnic lunch on Walk Day



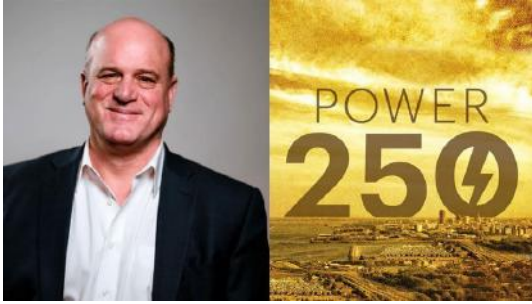
Presented by
Wegmans


HOSPICE & PALLIATIVE CARE
BUFFALO

Register Today!
HospiceMemorialWalk.com

Questions? Contact the Special Events Team at events@palliativecare.org or (716) 989-2010.

ACCOMPLISHMENTS & RECOGNITION!



We congratulate **Dr. Chris Kerr, CEO, and Chief Medical Officer**, for making the Business First Power 250 List! We are so proud to have such a well-respected and compassionate leader that carries through to every member of our organization and is extended to all of our patients and family members. Kudos Dr. Kerr and the many community leaders who made this year's list!



ANNOUNCING
OUR NEXT CEO:
ANNE McCaffrey

The Board of Directors of People Inc. is thrilled to announce the next President and CEO of People Inc. is **Anne McCaffrey**.

Anne, who will replace Rhonda Frederick when she retires in April, brings a unique and essential set of skills to the position.

She is currently President and CEO of Eastern Niagara Hospital in Lockport. Her background is rich in non-profit, behavioral health, public service and successful leadership roles. Prior to joining the hospital, Anne was the mayor of the City of Lockport from 2014 – 2018. She also spent 19 years in leadership at Lake Shore Behavioral Health, which is now BestSelf Behavioral Health.

Anne was chosen after an extensive national search that began shortly after the August 2022 announcement that current President and CEO Rhonda Frederick would be retiring after an illustrious 43-year career at the agency.



THE OLEAR TEAM
Sell the house. Keep your home.

Shout out to **Janiene Palmeri** for joining The Olear Team, MJ Peterson is lucky to have you as a new agent

We are thrilled that our staff attorney **Bria Lewis, Esq.** has been named to the 2023 class of 30 Under 30 by Buffalo Business First – thank you for being a zealous health care advocate Bria. Please join us in congratulating her!



REFERRAL BONUS of \$1,000 offered to any NETWORK IN AGING MEMBER!

FayeBrooke on Youngs in Williamsville – WNY's newest senior living community. Refer a friend, client, colleague, or family member, sign a 12-month lease and receive a check for \$1,000.

This is one of only a few local independent senior living communities to offer 3 restaurant style meals served daily in a dining room exclusive to FayeBrooke. They offer other services including weekly housekeeping, concierge service, valet parking, scheduled transportation and available attached garages. Open houses are held Monday-Saturday from Noon-4pm, no appointment necessary. For more info, visit FayeBrooke.com or contact General Manager, Annette Palmerton at 716-320-8200 or APalmerton@FayeBrooke.com.

Refer a client, friend, colleague or family member, sign a 12-month lease and receive a check for \$1,000.



ALLEGRA CHEEKTOWAGA announcement!

Thank you to **Joyce and Richard DeLong**, previous owners of Allegra Cheektowaga, for all their years of handling printing and design services for the Network in Aging. They decided to retire after building this amazing business over the past 40 years. We wish them well in their much deserved retirement!

CONGRATULATIONS to **Jennifer Gattie**, new owner of Allegra Marketing Print Mail. Jen is honored to be taking over and carrying on their legacy. She is committed to providing the same high-quality printing and marketing services that Allegra is known for.



ACCOMPLISHMENTS & RECOGNITION!



We are SO excited to announce that our sister company, **Trusted Nurse Staffing**, has been awarded **FIRST PLACE** in Buffalo Business First's Best Places to Work in the large category!



It has taken strong leadership, a determined team, and a "work hard, play hard" mentality to get us to where we are today! **Congratulations, TNS and TCH team!**

Western New York Integrated Care Collaborative, Inc. (WNYICC) is a Network for Community Based Organizations providing social care programs and services. Our role as the Community Care Hub for the Network is to provide the administration to: contract with health plans and payers, conduct billing and reconciliation, ensure compliance and data sharing, provide training to Delivery Partners, and ensure Quality Assurance. Our goal is to integrate the social care community members receive with their clinical care while ensuring sustainability for the social care agencies providing these services. Membership is free. We welcome CBOs to contact us to learn more. www.wnyicc.org



HERITAGE MANOR OF LOCKPORT – Annual Multi-Family Yard Sale

Now seeking donations for our Annual Multi-Family Yard Sale! Join us on Friday, June 16, 2023 from 8:00 am to 2:00 pm (rain or shine) at Heritage Manor of Lockport (41 Lexington Court Lockport, NY 14094).

This year's event will include a fundraising table and auction to benefit Diamonds in the Ruff Animal Rescue! Tickets can be bought from 8:00 am to 12:30 pm, with the drawing at 12:30 pm.

Please contact Veronica Fees at (716) 433-7626 to sign up for a free table to sell your treasures (with lunch provided), to make a donation to Diamonds in the Ruff and/or to donate items for their sale.



Nascentia Health is excited to announce that we have been recognized as one of the **Best Companies to Work for in New York for the 5th consecutive year!** Our official ranking will be revealed at the awards celebration in mid-April. We are incredibly proud to be included in this elite group of employers throughout the state!



Brookdale Senior Living is proud to receive this year's J.D. Power Award. Brookdale is ranked #1 in the J.D. Power 2022 U.S. Senior Living Satisfaction Study for Assisted Living/Memory Care. The Study surveys family members' and decision-makers' satisfaction with their loved one's senior living community. This is the second time Brookdale has received this prestigious award. Brookdale was also ranked #1 in Dining and #1 in Resident Activities.

If you know someone looking for award winning care, please reach out! We would love to help.

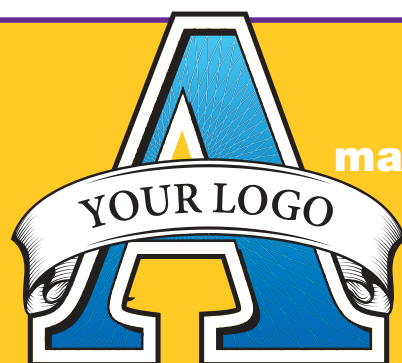
Brookdale Kenmore Assisted Living (716) 874-3200
Brookdale Niagara Assisted Living (716) 576-5207
Brookdale Niagara Memory Care (716) 731-1461
Brookdale Williamsville Memory Care (716) 632-7123

**Share your story with us
on our Facebook page**



- Are you running any seasonal campaigns or promotions?
- Do you have any client testimonials you want to share?
- New hires? Recent promotions in your organization?
- Are there any new services or products you want to promote?
- Do you have any job postings or employment opportunities?
- Any awards handed out? Grand openings?
- Notifications on any other acknowledgement and/or recognition

NETWORKING
OF WESTERN NEW YORK, INC



**Go to our
website and
make sure we're
using your
correct logo!**

WWW.NETWORKINAGING.ORG

**NETWORK WITH THE NETWORK event
Orchid Adult Day Care on March 16th
“Celebrating St. Patrick’s Day”**



Thank you to Victoria Freundsuh and staff for hosting this event at your beautiful facility!



Education Committee Meeting – Hard at Work!
Come and join us on the 2nd Thursday of each month at 3:00PM!

Proud to support Network in Aging and its mission to improve the quality of life for older persons and their families.



To find out how Harris Beach can help your family, contact
Judy N. Cuzzacrea Wagner
jwagner@harrisbeach.com

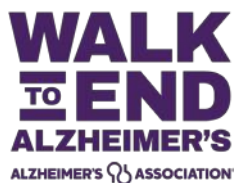


726 Exchange St., Suite 1000, Buffalo, NY 14210
716.200.5157 | www.harrisbeach.com

ALBANY BUFFALO ITHACA LONG ISLAND NEW YORK CITY ROCHESTER
SARATOGA SPRINGS SYRACUSE WHITE PLAINS NEW HAVEN, CT NEWARK, NJ WASHINGTON, D.C.

This may be considered Attorney Advertising according to the Rules of Professional Conduct.
Prior results do not guarantee a similar outcome. Image used is stock photography.

The Western New York Chapter of the Alzheimer's Association is pleased to announce the dates for its 2023 Walks to End Alzheimer's! The Chapter will host six Walks covering all eight counties of WNY.



SEPTEMBER 9

Niagara County Walk at Reservoir State Park, Niagara Falls

SEPTEMBER 9

Orleans County at State Street Park, Medina

SEPTEMBER 16

Genesee/Wyoming Counties Walk at Centennial Park, Batavia

SEPTEMBER 23

Chautauqua County Walk at Point Gratiot Park, Dunkirk

SEPTEMBER 23

Southern Tier Walk at JCC, Olean

SEPTEMBER 30

Buffalo/Erie County Walk at the Outer Harbor, Buffalo

All the Walks begin with registration at 10 a.m., with the exception of Buffalo, which begins at 9:30 a.m.

The Walk to End Alzheimer's is the world's largest fundraiser for Alzheimer's care, support and research. To register for a Walk near you, visit alz.org/wnywalk.





WORKSHOP Alcoholism: Disease of Generations – Recognizing, Treatment & Support

SAVE THE DATE!

Wednesday, June 7, 2023

1:30pm-2:00pm
Registration and refreshment/snacks

2:00pm-4:00pm
Workshop

Cost: \$15

UB Institute on Addiction, Dr. Kenneth Leonard, Ph.D.
AA Professional Community Committee,
Matthew Turcotte
Kinship Program (Center for Elder Law & Justice),
Sarah B. Hedden, Esq., MSW

Amherst Center for Senior Services
370 John James Audubon Parkway • Amherst, NY 14228



COME AND JOIN THE MEMBERSHIP COMMITTEE!

The MEMBERSHIP committee needs YOU! Looking for new members to join us! Try it out! Get Involved! Have fun! The Chair is currently seeking others to become a member of their group.

Meetings are on the 4th Thursday of every month at 8:30am via Zoom.

Contact the Chair listed on page 4.

TRUSTED CHOICE HOMECARE

Consumer Directed Personal Assistance, or CDPAP, is a great program for individuals on Medicaid who want to direct their own care. The program allows qualified consumers to hire and direct their own personal care aid.

But what if you don't have, or can't find a personal care aid to be your caregiver?

If you want to take advantage of the program, but you don't have a caregiver in mind or available to you, don't worry. We've put together a few places to begin your search for an aid on your own.

Use Online Job Boards to Find a Personal Care Aid.

Like any other employer searching for help, you can use online hiring sites and job boards to search for an aid. Sites like Care.com, Indeed, ZipRecruiter, and Monster allow you to create and post a job to a large, online audience. There are pros and cons to using online job boards to find a personal care aid.

Use Newspaper Ads to Find a Personal Care Aid.

Your local community newspaper is a great place to advertise your need for a personal care aid. Even if qualified personal care aid does not read your ad, someone in their life may share it with them. This brings us to our next method – word of mouth!

Use Word of Mouth to Find a Personal Care Aid.

When all else fails, you

can always rely on acquaintances, neighbors, friends, and family to spread the word about your need for a personal care aid! Let as many people in your life as possible know that you are looking for a personal care aid, and ask them to spread the word to everyone they know.

Use Community Bulletins to Find a Personal Care Aid.

Your local coffee shop, hair salon, grocery store, gym, laundromat, bookstore, library, senior center, or apartment complex will very likely have a community bulletin board that members of the community can use to spread information. Create a flyer advertising your need for a personal care aid and post it on as many bulletin boards as you can find!

Use Social Media to Find a Personal Care Aid.

The great thing about social media is that you can reach everyone in your social network at once with one post. If you are on Facebook, this is a great place to start. Write a post letting your network know that you are looking for a personal care aid and encourage your network to share the post as well.

What's Next? Once you find a personal care aid, the team at Trusted Choice Homecare will handle the costs associated with your caregiver. We'll take care of onboarding medical assessments



Have a friend or family member get paid to take care of you!

Consumer Directed Personal Assistance Program
A Program Funded By Medicaid

To participate, a consumer must be eligible for long-term homecare and non-skilled home health agency services. A Trusted Choice representative can help you get started!

Contact our Western New York based team today!

Buffalo Office 716-431-5550 **Rochester Office** 585-785-3004

cdpap@trustedchoicehomecare.com

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and checklists, weekly payment for your personal care aid, compliance check-ins, and more.

Learn more at www.trustedchoicehomecare.com!



Jerry Flaschner Humanitarian Award

**\$1,000 scholarship for the 2023-2024 Academic Award
(2 recipients will be awarded)**

The award was established in 2006 in honor of the late Jerry Flaschner. It is designed to recognize an individual who has demonstrated a concern for older persons in the WNY community. Self-nomination is accepted and encouraged!!

- Must be employed or affiliated with a Network member agency
- Pursue education endeavors which are directly related to current job assignments preparing them for additional responsibilities with field of aging
- Demonstrate stability, innovation, perseverance and commitment to diversity and community

Deadline is Friday, May 26th

Jerry Flaschner award – Go to www.networkinaging.org, select CRITERIA AND NOMINATION form under Awards/Scholarships

(Scholarship awards will be presented at the Taste of the Network on Tuesday, July 18th)



NOW ACCEPTING NOMINATIONS!

FREDONIA PLACE

Fredonia Place of Williamsville is a new Assisted Living and Memory Care community in the heart of the Village of Williamsville that provides an unparalleled Resident experience in an elegant and expansive setting. Located at 201 Reist Street, Fredonia Place opened their doors in 2021 during the heart of the Covid pandemic. Since then, our facility has been recognized as having the lowest rate of covid casualties in the state of New York at zero Resident deaths. We are extremely proud of our team for their continued efforts to keep our Residents, Resident families, and team members safe.

The original Fredonia Place has been in operation for over 20 years in the Village of Fredonia, NY. The managing partners, Nicholas and Nicole Tzetzio of Buffalo, NY, saw an opportunity to open another Assisted Living location sharing the commitment to best-in-class care and Resident experience.

Our Williamsville complex features ninety-nine apartments including seventy-five Assisted Living apartments as well as a self-contained twenty-four suite Memory Care wing. Both feature Enhanced Licensure allowing Residents to continue to age in place. Our pricing is all-inclusive before any Enhanced services should such services be required. Amenities include our Bistro, an in-house Chapel with services performed daily, a private dining room, a Community Kitchen, a Fitness Center, a full Library and a Hair Salon. We also offer separate theater rooms for Assisted Living and Memory Care. Transportation to and from medical appointments is available daily, and our team transports our Residents to area events and shopping via our luxury sixteen passenger bus.

Activities are a priority for our company featuring multiple daily events. Many of our events are inclusive to both the Assisted Living and Memory Care communities, while some are directed more specifically to the needs of our population.

Tours can be scheduled by contacting our Sales Director, Laura Jachimciak, at 716-632-2155 or 508-320-2750 (cell). Information is available on our newly updated website: fredoniaplace.com. 🌸



Enjoy live music by the Scott Celani Band while sampling wine, beer, cider, appetizers and desserts. Participate in the Giving Tree, basket and yeti spirits for seniors raffles and silent auction. Take home a wine glass and a bag of candy from the complimentary candy buffet.

Proceeds fund wish experiences for seniors, HERO boxes for Veterans, gifts for our holiday giving program and various events for seniors throughout the year. The support of community members, vendors and corporate sponsors has allowed us to grant over 400 wishes to date! On behalf of all our wish recipients, "thank you!"

**Pre-sale tickets \$60 through April 19th • At door tickets \$65
FREE VALET PARKING**

Contact Wendy Miller Backman – Senior Wishes
716-508-2121 or wbackman@uchsinc.org

Alzheimer's and Dementia have become more and more common as the general population gets older and lives longer.

Although there is no known "cure" for this disease, it is important to enhance the quality of life and the quality of care of people with this disease.

The ultimate goal of person-centered care is to create partnerships among care home staff, people with dementia and their families, to enhance the quality of life and the quality of care of people with this disease.

Person-centered care means treating patients as individuals and as equal partners in the business of healing; it is personalized, coordinated and enabling.

Patient-Centered Care is a great treatment plan geared to those with this disease. It is not a medical model and should be regarded as multidisciplinary, recognizing that a person may need more than one professional to support them.

The four principles of person-centered care are:

- Treat people with dignity, compassion and respect
- Provide coordinated care, support and treatment
- Offer personalized care, support, and treatment
- Enable people to recognize and develop their strengths and abilities for an independent and fulfilling life

Key attributes of Patient-Centered Care include :

- Education and shared knowledge
- Involvement of family and friends
- Collaboration and team management
- Sensitivity to nonmedical and spiritual dimensions of care
- Respect for patient needs and preferences
- Free flow and accessibility of information

The priority should always be the care and dignity of every patient. 🌸



Presented by
GEICO
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FOUNDATION

Sample wine, beer, sweet treats & light bites from local businesses. Featuring music by the Scott Celani Band, silent auction, baskets, raffles, hors d'oeuvres, candy buffet and a souvenir glass!
Free Valet Parking

Thursday, April 20th, 6-9pm
Fox Run at Orchard Park



Tickets are \$60 presale - \$65 at the door
www.seniorwishes.org

HELP
CELEBRATE
THE RETURN
OF OUR
EVENT!

**APRIL 20,
2023**

6-9PM
FOX RUN
AT ORCHARD PARK
TICKETS ON SALE NOW



PLATINUM MEMBER AGENCIES



DID YOU KNOW? . . . ALL THINGS SPRING EDITION!

- Major League Baseball's Spring Training dates as far back as 1870 when the Cincinnati Red Stockings and the Chicago White Stockings held spring camps in New Orleans? Today, all teams hold Spring Training in either Florida (the Grapefruit League) or Arizona (the Cactus League). Batter up!
- Frying Pan Lake in New Zealand is the largest known hot spring in the world? It holds the Guinness World Record at 9.3 acres of surface area and has a maximum depth of 65' 7". The average temperature of the water in the lake is 122°-140° F. Not a great place for a human to relax, but many bacteria and algae find it quite lovely!
- The first coiled spring was patented by Richard Tredwell (possibly Tradwell) in 1763. The British Patent #792 for "Springs For Carriages" was four pages in length and led to improved clock springs, mattress springs and couch springs!
- A riot broke out at the premiere performance of The Rite of Spring in Paris in 1913? Although accounts differ as to what set the audience off – Igor Stravinsky's harsh, loud, rhythmically complex score or Vaslav Nijinsky's jerky, pigeon-toed choreography for the Ballet Russes – the performance was controversial and groundbreaking and led to an uproar throughout the crowd!

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PLATINUM MEMBER AGENCIES



Perry Ciambella

Owner
pciambella@firstlighthomecare.com

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Check out the new NetworkInAging.com/

View a portfolio of our work at
www.surdej.com



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CAREPATROL

Aging Unbound: Celebrating living as we age



“We begin aging at birth. We as a community need to change the narrative and look at ways to ‘age unbound’ through the amazing programs, services and agencies within our communities.”

-Dr. Julie Whitbeck-Lewinski

Established in 1963, Older Americans Month (OAM) is celebrated every May. Led by the Administration for Community Living (ACL), OAM is a time for us to acknowledge the contributions and achievements of older Americans, highlight important trends, and strengthen our commitment to honoring our older citizens. This year’s theme, Aging Unbound, offers an opportunity to explore a wide range of aging experiences and to promote the importance of enjoying independence and fulfillment by paving our own paths as we age.

This May, we recognize the 60th anniversary of OAM and challenge the narrative on aging. Here are some ways we can all participate in Aging Unbound:

- **Embrace the opportunity to change.** Find a new passion, go on an adventure, and push boundaries by not letting age define your limits. Invite creativity and purpose into your life by trying new activities in your community to bring in more growth, joy, and energy.
- **Explore the rewards of growing older.** With age comes knowledge, which provides insight and confidence to understand and experience the world more deeply. Continue to grow that knowledge through reading, listening, classes, and creative activities.
- **Stay engaged in your community.** Everyone benefits when everyone is connected and involved. Stay active by volunteering, working, mentoring, participating in social clubs, and taking part in activities at your local senior center or elsewhere in the community.
- **Form relationships.** As an essential ingredient of well-being, relationships can enhance your quality of life by introducing new ideas and unique perspectives. Invest time with people to discover deeper connections with family, friends, and community members.

At CarePatrol, we care about changing the narrative to support seniors to live their best life by starting the conversation regarding the

complexities of senior care and living options as we age. Call us today to learn more about our free services. 🌸

Dr. Julie Whitbeck-Lewinski is a licensed Occupational Therapist, Certified Senior Advisor, Certified Fall Prevention Specialist, Certified Dementia Care Specialist and Owner of CarePatrol of Buffalo/Niagara/Rochester/Syracuse.

To learn more about senior care and living to promote life enrichment, independence and community engagement, reach Julie at (716) 463-2955 or jlewinski@carepatrol.com



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The ONLY family-owned, local placement and referral agency with over 75 years of legal, healthcare, social work, life enrichment, and senior living expertise to support the complexities of senior care transitions.

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PEOPLE, INC.

Many Benefits of Home Health Care

by Jacob Wilkins, RN, Vice President, Home Health Services People Inc.

Home health care can be a great tool for those who live with acute and chronic health conditions. With a heightened focus in health care to transition from facility to home and community-based care, home health bridges this gap. Providing many services only considered accessible through a clinic or inpatient setting, home health delivers nursing care and rehabilitative therapies in the comfort of a person's home.

Home health care nurses provide one-on-one care to persons in the comfort of where they live. Nurses care for elderly, young or people with disabilities, who may have recently experienced a change in their health status. Your home health nurse can provide skilled care such as teaching about your diet and medications, a management of a new disease or disorder, symptoms that require reporting to your doctor and things like wound and catheter care, improving compliance with your medical regime.

People Home Health Care, an affiliate of People Inc., can help patients regain independence, focusing on providing high quality and individualized patient care. Our highly-skilled staff are available to meet specific needs, including occupational, physical and speech therapies.

The CDC estimates that more than 1 in 4 adults over the age of 65 fall annually. They also estimate that 1 of 5 falls result in an injury such as bruising, laceration, broken bone and even death*. A home health physical therapist helps to create and carry out an individualized treatment plan adapted to your own environment. They focus on skills, such as walking, strengthening, stretching, balance and range of motion exercises. These services help to enhance safety and prevent falls, keeping you in your home.

Ways that occupational therapists support you in your home are to provide activities and exercises that focus on upper body strength to enhance self-care skills like dressing, bathing, grooming and even transferring. Occupational therapists help people learn to use adaptive equipment, like reachers, sock aids and more. Like physical therapy, the skills that you learn through occupational therapy visits promote endurance, range of motion and energy conservation, all reducing your risk of falling and increase your likelihood that you stay in your home as long as possible.

Like one might gather from their name, speech therapists specialize in the treatment of communication disorders by employing strategies like oral motor and breathing exercises to produce speech sound. They even teach compensatory strategies for those with cognitive concerns. Speech therapists



Maintain YOUR Independence and Wellbeing with People Home Health Care Services

Physical Therapy • Occupational Therapy • Speech Therapy

Injury, surgery and illness are all difficult to endure, but perhaps one of the most challenging parts is the recovery. People Home Health Care Services, an affiliate of People Inc., can help patients regain independence.

We bring these services to you:



Physical
Therapy



Occupational
Therapy



Speech
Therapy




People Home Health
An affiliate of People Inc.

People Home Health Care Services offers solutions that enable community members to remain in their own apartments and homes. Medicaid, Medicare and most private insurances are accepted.

Contact us today: 716.874.5600

We're here to help you maintain your independence!

can make suggestions to the medical team to improve swallowing and increase safeguards against choking and help others to obtain equipment promoting independence.

The People Home Health Care team is ready to help and can be reached at 716-566-4800. If you think someone you assist or a loved one could benefit from in-home care, call their doctor and request that a referral be made to People Home Health Care Services. 

*Centers for Disease Control and Prevention. "Keep on Your Feet – Preventing Older Adult Falls", 9 June 2022, <https://www.cdc.gov/injury/features/older-adult-falls/index.html>



POSITIONS AVAILABLE!



We're Hiring!



Scan the QR above to find out more.

Become part of our team!

- competitive salary
- generous benefits



Apply online today! HospiceBuffalo.com/Careers

Hospice & Palliative Care Buffalo (HPCB) cares for individuals suffering from serious illness, as well as their families and caregivers. We provide an integrative, holistic (physical, emotional, social, and spiritual) approach to care that focuses on the whole person rather than on individual symptoms, enhancing quality-of-life.



JOB OPPORTUNITY

We are filling up our new property! We are in need of dining room servers! Contact Annette Palmerton at 716-320-8200 or apalmerton@fayebrooke.com for more information.

Send us your job posting or employment opportunities!



JOIN OUR FAMILY OF COMPASSIONATE CAREGIVERS!

OPEN INTERVIEWS:

Thursday, March 30, 4:00pm-7:00pm

Saturday, April 15, 10:00am-2:00pm

Niagara Hospice Administration Building

4675 Sunset Drive

Lockport, NY 14094



Available Positions:

Registered Nurses- Hospice House, full & part-time, all shifts

Registered Nurses- Admissions, full-time

Hospice Aides- full & part-time, all shifts

On-call Licensed Practical Nurse

Environmental & Dietary Staff-part-time, all shifts

Please bring your resume.

For information, please contact: Human Resources (716) 280-0770
NiagaraHospice.org



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Have you heard? Lawley is growing! Due to internal growth and many newly created positions, we are hiring for an insurance assistant account manager, insurance certificate assistant, and a loss control consultant in Buffalo. In Rochester, we have openings for an insurance account technician. <https://www.lawleyinsurance.com/career-opportunities/>

VOLUNTEER OPPORTUNITIES



Needed: YOUR help! The NYS Long-Term Care Ombudsman Program, supported by People Inc., connects people to become volunteers to advocate for residents living in nursing homes and assisted living facilities, who are in need of support to resolve complaints. We're looking for professionals and recent retirees to volunteer in Chautauqua, Cattaraugus, Erie and Niagara Counties. Training and support provided. Flexible schedules. To learn about volunteering, call 716-817-9222. people-inc.org/ombudsman

Volunteers Needed

We offer family caregivers a break from the daily tasks of caring for their aging loved ones. Caregivers and aging loved ones each engage in their own separate activities and opportunities. Our program's goal is to give caregivers peace of mind and rejuvenation.

Located at Cradle Beach
8038 Old Lakeshore Road
Angola, NY 14006

Are you looking to make a difference in a senior's life?

Volunteers are partnered with our senior participants to do fun activities on our 66 acre campus, including

- Supervised one-on-one activities with trained volunteers
- Music
- Pet therapy
- Gentle exercise, including walks on our beautiful 66 acre campus
- Lunch and refreshments provided

PATHWAYS for Caregivers meets every third Thursday of the month year-round. 10:30am - 2:30pm starting March 2023, no cost to participants.

Volunteers **do not** need to commit to every session.

Interested? Reach out to Nancy Grimes
Pathways@CradleBeach.org
(716) 549-6307 ext. 203

Volunteer Training Required

Contact Nancy Grimes for training opportunities
(716) 549-6307 ext. 203
ngrimes@CradleBeach.org

Are you a good listener?

We're seeking compassionate volunteers to facilitate Caregiver Support Groups

Support Group Facilitators create a safe space where care partners can share their feelings, concerns, and experiences

Training and mentorship are provided
A one year commitment is requested

Contact Courtney Sipes at
clsipes@alz.org or
716-626-0600 x2044
for more information



ALZHEIMER'S ASSOCIATION
Western New York Chapter

POSITIONS AVAILABLE!



Recruiting for the following clinical positions for **JUNIPER GLEN Assisted Living Memory Care**. We offer great benefits and a competitive wage. Maintenance Director, Caregivers (FT/PT), Medication Technicians (FT/PT), LPN's and an RN Nurse Consultant (1x/month). Kitchen Support, Servers. Apply via Indeed or contact Executive Director Wendy Anzalone at wendy.anzalone@sunshineret.com or 716.568.2099. We offer competitive wages & are looking for seasoned applicants.



Come work for a company that invests in their employees!

For more information, check out our website www.juniperglenret.com



We Are Hiring!



Part-Time and Per Diem Positions Available

- Personal Care Aide
- LPN/RN
- Dietary Aide

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Looking to join our extraordinary team? We're hiring! Our staff is compassionate, knowledgeable, and committed to taking care of the residents.

Bristol Village invests its resources in people by providing good wages and important benefits to the staff. This creates a stable work environment, promoting longevity and satisfaction. Our staff is family.

Join our team today! <https://bristolhome.org/careers/>



5 STAR FACILITY



HIRING NURSES

ATTENTION NURSES: **BROTHERS OF MERCY** HAS NEW, HIGHER PAY RATES TO OFFER YOU! Looking to start your career in nursing or find a position somewhere new? Join our 5 star team of caregivers! Offering shift differentials up to \$3.50/hr, sign on bonuses up to \$5,000, career ladders program for career advancement, tuition assistance, scholarships, free parking, and wide variety of personal benefit options. Visit bomcareers.org to see our current openings and apply!

NEW YEAR, NEW CAREER!
-JOIN THE BOM TEAM-



NURSES & CNAs: START 2023 AT BROTHERS OF MERCY! Join our 5 star team of caregivers! Offering shift differentials up to \$3.50/hr, sign on bonuses up to \$7,000, career ladders program for career advancement, tuition assistance, scholarships, free parking, gym available on-site, and wide variety of personal benefit options.

Visit bomcareers.org to apply!



JOIN OUR 5 STAR TEAM OF CAREGIVERS

LPNs
RNs
CNAs
PCAs
HHAs



HEALTHCARE PROFESSIONALS

ATTENTION HEALTHCARE PROFESSIONALS: Join our 5 star team of caregivers! Offering shift differentials up to \$3.50/hr, sign on bonuses up to \$5,000, career ladders program for career advancement, tuition assistance, scholarships, free parking, and wide variety of personal benefit options. Visit bomcareers.org to see our current openings and apply!

JOIN OUR TEAM!



COOK- SUPERVISOR
\$18.00/hr
COOK
\$15.50/hr
DIETARY AIDES
\$15.00/hr
DINING ROOM SERVERS
\$15.00/hr

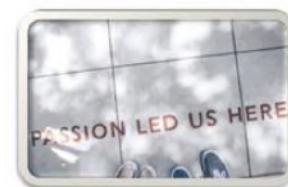
Sign on Bonuses: \$500-\$2,000
Referral Bonuses: \$2,000
Visit bomcareers.org to apply!



FOOD SERVICE

JOIN OUR TEAM! We are looking to add more members to our team in our three kitchens on campus! Many of our team members that are Dietary Aides and Dining Room Servers have gone away to college. We have a careers ladders program, tuition assistance, and multiple bonus opportunities!

Visit bomcareers.org to see our current openings and apply!



We are hiring Registered Nurses & Hospice Aides for home care in Niagara County and Hospice House in Lockport! We offer generous paid time off and a great zero premium medical plan that starts on the first day! Apply at NiagaraHospice.org/Careers or call 716-HOSPICE for more information.

Send us your job posting or employment opportunities!

SAVE THE DATES!

“Taste of the Network”

**TUESDAY, JULY 16, 2023
NOON – 2:00PM • COST \$15**

**Amherst Center for Senior Services
370 John James Audubon Parkway • Amherst, NY 14228**

Come and enjoy the culinary tidbits created by the dining services from many of our member agencies. They will have the opportunity to showcase their culinary talents.

DETAILS TO COME!

Annual Meeting & Conference 2023

**THURSDAY, NOVEMBER 2, 2023
8:00AM – 2:30PM**

M Hotel Buffalo (formerly Millenium)

UPCOMING NETWORK WITH THE NETWORK EVENTS

Get ready for a fun-filled year!

Thursday, May 25, 2023 • 4:30 – 6:30 pm

Fredonia Place *Details coming soon!*

Thursday, June 22 2023 • 4:30 – 6:30 pm

FayeBrooke on Youngs in Williamsville *(co-sponsor needed)*

Details coming soon!

JULY

Brookdale Kenmore *(co-sponsor Fallon Health Weinberg PACE)*

AUGUST

Glenwell in Cheektowaga *(NO co-sponsors needed)*

SEPTEMBER

Brompton Heights in Williamsville *(co-sponsors needed)*

OCTOBER

Juniper Glen in East Amherst *(co-sponsors needed)*

NOVEMBER

2nd Progressive Networking Event

(Informal. Location TBD. Sponsors needed)*

** Benefits include logos on website/emails,
signage and table at event, and opportunity to speak to members*

DECEMBER

Solstice Senior Living at East Amherst

(co-sponsored by The Olear Team and Venture Forthe)

**Interested in co-sponsoring? Contact Lisa at
lisa@networkinaging.org for more information.**

Musical Memories Cafe

Where Music Connects Community

Musical Memories Cafe is a joyful gathering place for caregivers and their loved ones to relax, socialize, enjoy a meal and some great music!

West Falls Center

for the Arts
1863 Davis Rd.
West Falls 14170

**1st & 3rd
Wednesdays**
noon - 1pm

Amherst Senior Center

370 John James
Audubon Pkwy
Buffalo 14228

1st & 3rd Tuesdays
2pm - 3pm

The Dale Association

33 Ontario St.
Lockport 14094

**2nd & 4th
Wednesdays**
11:30am - 12:30pm

Canopy of Neighbors at Temple Beth Zion

805 Delaware Ave.
Buffalo 14209

**February 14th
April 11th
June 13th**
noon - 1pm

716-570-6520 FOR INFORMATION OR TO RESERVE A SPOT.



WESTFALLSARTCENTER.ORG



SUBMIT YOUR OWN EVENT!

- On home page www.networkinaging.org, under EVENTS, Submit Your Event! It's EASY!
- Just fill in Title, Date/Time, Description, Cost, Venue and add an image!
- It gets added to our website calendar of events on the home page. We'll also post to Facebook!



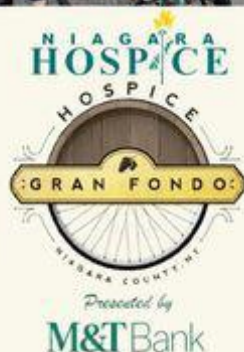
It's officially spring WNY which means, more sunshine, warmer weather & bike riding! We're gearing up for this year's Gran Fondo presented by M&T Bank, Saturday, August 5th at our Lockport campus! Can't wait to see everyone there!

**Register today
at HospiceGranFondo.com.**

Join us Saturday, August 5!

Big Ride...
BIGGER PARTY!

→ HospiceGranFondo.com





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Wednesday, May 17th • 10:00 am to 1:00 pm

FREE EVENT! OPEN TO ALL OLDER ADULTS & CAREGIVERS



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- Social Day Centers
- Geriatric Care
- Downsizing Specialists
- Senior Centers
- Erie County Senior Services
- Elder Law
- Senior Care Advisors

M HOTEL BUFFALO (the former Millennium)
2040 Walden Avenue • Buffalo, NY 14225

OVER 75 vendors will be on hand to answer questions. • Ample parking available

www.networkinaging.org

Day of Event - 10:00am – 1:00pm
(8:30am-10:00am – setup and member to member networking)
Tuesday (May 16th) setup from 3:00pm-5:00pm

Complimentary coffee/water and light breakfast items for vendors only

Pathways FOR CAREGIVERS

A Social Day Respite for Caregivers and Their Aging Loved Ones

Join Our Caregivers' Community of Support

We offer family caregivers a break from the daily tasks of caring for their aging loved ones. Caregivers and aging loved ones each engage in their own separate activities and opportunities. Our program's goal is to give caregivers peace of mind and rejuvenation.

Pathways for Caregivers is offered the third Thursday of every month from 10:30am to 2:30pm year-round beginning March 2023.



Are YOU 60+?
Take our community
assessment survey today

The New York State Office for the Aging (NYSOFA) recently launched the state's first-ever comprehensive survey of older adults and their needs. If you are 60+, please take the survey today. Your feedback will help inform future state policies to support New York's 4.6 million older adults. The survey is anonymous and only takes 10-15 minutes of your time. <https://polco.us/ny23op>



For caregivers, we offer:

- Support group
- Fun, stress reducing activities on campus
- Health and wellness opportunities
- Nature walks and beautiful beach views and access
- A place to make new friends and gain resources
- Lunch and refreshments provided
- Opportunity to tend to their own needs and well-being off-campus

For aging loved ones, we offer:

- Supervised one-on-one activities with trained volunteers
- Music
- Pet therapy
- Gentle exercise, including walks on our beautiful 66 acre campus
- Lunch and refreshments provided

Caregivers Support Group
10:45 am to 11:45 am
Facilitated by Harmonia Collaborative Care, a New York State Licensed Facility

Program Location

Cradle Beach
8038 Old Lakeshore Road
Angola, New York 14006

To begin enrollment, contact Nancy Grimes
(716) 549-6307 ext. 203
Pathways@CradleBeach.org

A collaborative
partnership



**Lisa Rood
Consultant**

The **Red Blazers Men Chorus** will be performing songs from the 60's and 70's including show tunes, folk numbers, Disney songs, patriotic favorites and much more. This group has been performing for over 70 years. Some members have belonged to the chorus for over 40 years. This is the group's annual fundraiser; the rest of the year we perform approximately 2 free shows a month around the community. Here is a video of past shows: <https://youtu.be/bP0rfC0DjBY-2015>



**Saturday, April 22 & Sunday, April 23
2:00PM-3:30PM
General admission tickets are \$20
Students are \$10**

For more information, contact
Michael Olear 716-481-9959
<https://www.redblazermenschorus.com/>

Besides the annual Red Blazer Varieties musical revue, the Chorus entertains various community groups, fraternal organizations, and retirement communities.

NETWORK WITH THE NETWORK



"February Fiesta" February 16th

A big thanks to Sue Nawojski for hosting
at your beautiful place!



SAVE THE DATE! Join us on June 1 for our unique dining event, Around Your Table. Enjoy a variety of dishes from WNY's best restaurants and chefs in the comfort of your own home and bid on great items in our online auction. Don't miss out on one of our most popular events! For more information, visit AYT23.givesmart.com.



Invite family and friends to join you "Around Your Table"



NETWORKING OF WESTERN NEW YORK, INC.

EST. 1981

Private Group for Members ONLY

Haven't joined our MEMBERS ONLY Facebook group yet? Here's what you're missing. . .

- Connect directly with fellow NIA members to share resources and expand your referral network
- Pose questions, ask for recommendations, announce events
- Post job openings at your organization
- Engage in discussions and polls about senior care in WNY
- Share your ideas for making Network in Aging even better!

This page can only be viewed by your fellow NIA members – not the general public. If you belong to, or are associated with, a member agency, just search <https://www.facebook.com/groups/niamembers> and request to join. Make the most of your membership!



Over the past two years Mar-Bon Social Club has hosted several types of events from baby showers, birthday celebrations, retirement parties, bereavement breakfasts/lunches, business meetings, etc. We are able to host up to 92 people, depending on the type of event.

If there are any class reunions, family celebrations (wedding/baby showers, communions, etc.) in the planning stage and you are looking for a beautiful, clean venue, with great service for your event (or any celebration) we would appreciate the opportunity to talk with you. We also have our Wine/Beer & Cider license.

Please give us a call for any questions or if you would like to schedule a tour, 716-406-4577 ask for Laurie or Vicky. We look forward to meeting you and helping to make your celebration a memorable one. www.marbonsocialclub.com

Mar-Bon
social club



- It's time to start planning your week/month for 2023!
- Topic/Ad/Layout of your choosing
- Emailed to the entire membership (500+)
- Contact Lisa at lisa@networkingaging.org to schedule

WHAT TO DO IF TRAFFIC SIGNALS ARE NOT OPERATING



NO SIGNAL LIGHTS

Lights should be treated as a four way stop

FLASHING RED

Lights should be treated as a stop sign

FLASHING YELLOW

Drivers should proceed with caution only when traffic permits

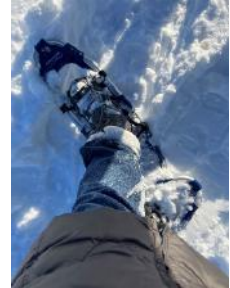
LIFE LESSONS

LIFE LESSONS for JANUARY & FEBRUARY 2023 “WAYS TO ENJOY THE WINTER MONTHS”

Winner of the \$25 Amazon gift card is Dana Dee!



Dana Dee and friend John



Submitted by Paula Venne from Walsh Duffield.



Submitted by Ben Kanaley
with Sugar from Fallon
Health Weinberg.



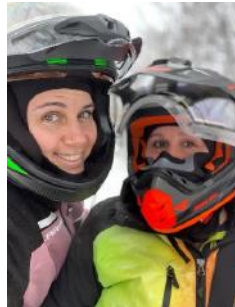
Submitted by Cindy Wischerath
during 77" snowfall.



Submitted by Alyssa
Collins from Clarity
Group.



Submitted by Shannon Radlich from
Heritage Manor of Lockport.



Submitted by
Tracy Reese from
Oasis Senior
Advisors.



Submitted by
Lisa Boron from
Network in Aging.



Submitted by Kalie
Mackenna from Venture
Forth.



LIFE LESSON – March & April “Celebrating Spring”

Show us your spring activity and you could win a \$25 Amazon Gift Card! Submit your pics and we'll share them on our social media page. Email to lisa@networkinaging.org Winner will be selected on April 28th!



Network in Aging of Western New York, Inc.

7954 Transit Road, #254
Williamsville, NY 14221

The Network in Aging of Western New York, Inc. is a non-profit, voluntary corporation, which brings together individuals and organizations involved in aging and long-term care. Our diverse membership includes educators, health and social service professionals, community leaders, government agencies and area businesses. **Our mission is “To help our members by providing opportunities for resource exchange, professional development and interdisciplinary collaboration through networking events, educational programs, strategic partnerships and promoting public awareness of the organization and its mission.”**

For more information about the Network in Aging of WNY, contact Lisa Boron at (716) 954-3075 or go online to www.networkinaging.org.

CALENDAR OF EVENTS

PROGRESSIVE DINNER • Thurs, April 27, 2023 • 4:30 – 7:00 pm
The Reikart Ballroom • 5000 Main Street • Amherst, NY 14226

TASTE OF THE NETWORK • Tuesday, July 25, 2023
Amherst Center for Senior Services • 370 John James Audubon Pkwy • Amherst, NY 14228

NETWORK WITH THE NETWORK • Thursday, May 25, 2023 • 4:30 – 6:30 pm
Fredonia Place

NETWORK WITH THE NETWORK • Thursday, June 22, 2023 • 4:30 – 6:30 pm
FayeBrooke on Youngs in Williamsville

TASTE OF THE NETWORK • Tuesday, July 16, 2023 • Noon – 2:00pm
Amherst Center for Senior Services in Amherst

ANNUAL MEETING & CONFERENCE 2023 • Thursday, November 2, 2023 • 8:00 am – 2:30 pm