

April-June 2024

Celebrating **43** Years

SENIOR HEALTH & RESOURCE FAIR

Wednesday, May 15th • 10:00 am to 1:00 pm

FREE EVENT! OPEN TO ALL OLDER ADULTS & CAREGIVERS



FREE!

**Complimentary
Blood Pressure
and Glucose
Screening**

- Assisted Living**
- Hospice**
- Downsizing Specialists**
- Memory Care**
- Estate Planning**
- Senior Centers**
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- Senior Real Estate**
- County Senior Services**
- Medicare Advisors**
- Social Day Centers**
- Elder Law**
- Medicaid Programs**
- Aging Care Management**
- Senior Care/Living Advisors**

IRONWORKERS BANQUET HALL • 196 Orchard Park Rd • West Seneca, NY 14224

Over 50 vendors will be on hand to answer your questions. Ample parking available.

Resource tables available for members! Reserve yours now!
\$20 check/Venmo @Network-In-Aging
\$22 credit card (pay online)

WWW.NETWORKINAGING.ORG

**Member to Member
Networking
8:30am - 10am**

Apr-Jul 2024



Est. 1981

Network in Aging
of Western New York, Inc.

IN THIS ISSUE

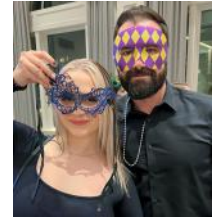
- Senior Health & Resource Fair1
- Highlights January Enchanted Masquerade Ball2
- Highlights: Network with the Network – Venture Forthe.....2
- Highlights: Network with the Network – Rupp Pfalzgraf LLC2
- Vice President’s Message3
- New Board Member3
- New Member Agencies3
- Highlights: Network with the Network – Venture Forthe.....11
- Highlights: Network with the Network – Rupp Pfalzgraf LLC11
- Platinum Members 4-5
- Did You Know: Election Edition.....4
- Committee Info.....6
- Accomplishments and Recognitions..... 10-12
- Welcome New Member Agencies14
- Welcome New Member Members15
- Positions Available22-23
- Volunteer Opportunities.....24
- Looking for Co-Hosts.....26
- October Cocktail Pairing Event needs sponsors.....27
- \$1,000 Scholarship Opportunity28
- How did YOU view the eclipse?29
- Life Lessons for JAN/FEB 2024: “Healthy New Year”31
- Calendar of Events32

SPONSOR ARTICLES

- Amherst Center for Senior Services.....7
- Brothers of Mercy Wellness Campus.....8
- Clarity Group13
- West Falls Center for the Arts.....16
- Brothers of Mercy.....18
- RENY Retired Educators of NY17
- Absolut Care.....17
- The McGuire Group.....18
- Trusted Choice Homecare.....19
- Hospice & Palliative Care Buffalo.....20

HIGHLIGHTS OF JANUARY ENCHANTED MASQUERADE BALL

Bravo to the Special Events committee for planning and executing this event! A big shoutout to the **Red Blazer Chorus** who entertained us during the night! Congratulations to **Ben Kanaley** from **Fallon Health Weinberg PACE**, winner of the 50/50 raffle. Half of the proceeds went to **Friends to the Elderly** charity.



RED BLAZER
MEN'S CHORUS

NETWORK WITH THE NETWORK – VENTURE FORTHE Thursday, February 13th – “Mardi Gras”

Thank you to Venture Forthe for putting together a great “beads and bling” party.



NETWORK WITH THE NETWORK – RUPP PFALZGRAF LLC Thursday, March 14th – “Wine Tasting”

Thank you to Rupp Pfalzgraf LLC for hosting this enjoyable night! A little St. Paddy’s Day mixed in with some great food and wine tasting.





Est. 1981

Network in Aging
of Western New York, Inc.

OFFICERS

President

April Romanowski
Lawley Insurance

V.P. — Community Relations

Paula Venné-Clendening
Walsh Duffield Companies, Inc.

V.P. — Networking

Stephanie Mruzek
Solstice Senior Living at East Amherst

V.P. — Professional Development

Pam Ricksgers Pace
Amazing Home Care

Secretary

Mimi Piciullo
Senior Advocate Services

Treasurer

Suzanne Nawojski
Tennyson Court

Past President

Angie Crawshaw

Founding President

Dr. Evan Calkins

BOARD MEMBERS

Steve Buzzelli

Emerling Floss Murphy & Associates

Dr. Kara Calandrelli, MHSA, DHA, LNHA

Stacy Jasinski

Glenwell, a DePaul Senior Living Community

Ben Kanaley

Fallon Health Weinberg PACE

Thomas Lang, JD, MBA

Rupp Pfalzgraf LLC

Nancy Maira

Erin Mahoney

Erie County Senior Services

Deb Mathur-Reil

Brookdale Niagara

Jane Nogowski

Sacred Heart Home – Brothers of Mercy

Michael Olear

MJ Peterson Real Estate

Sharon Plant

People Inc.

Crystal Selk

West Side Community Services

VICE PRESIDENT'S MESSAGE



Birds are chirping, trees are budding, and Network in Aging is buzzing with activity! I'm welcoming Spring with energy and excitement. I hope you are, too!

Kudos to all who made our January Social a tremendous success. The masquerade theme was carried out with feathery, colorful fun! Special thanks to our sponsors and the Red Blazer Men's Chorus who serenaded us with beautiful harmonies and made the night extra special.

Welcome to our new Platinum Members – Roswell Park Comprehensive Cancer Center and West Herr Automotive Group! And welcome back to the board of directors, Michael Olear from MJ Peterson Real Estate!

Plans for our Senior Resource Fair are in full swing. Hope you've got your table reserved for the event on May 15th. I'm excited to see our new venue – the Ironworkers Banquet Hall in West Seneca. Please do your part to spread the word. A PDF of the flyer is available for you to distribute through your favorite social media channels or to print out and hang around the community!

As you pore through the pages of the newsletter, keep an eye out for a special solar eclipse poll. Joining the poll will enter you into a drawing and give you the opportunity to engage with our excellent NIA Facebook Members Only page!

Finally, I'd like to encourage you to make the most of your membership every month. The Network thrives when our members are active and engaged. Has it been a while since you attended a Network with the Network event? Have you been thinking about joining a committee? Have you submitted an article to the Newsletter to share what makes your organization unique and vital to the community? The Network in Aging is YOURS. Join in! Have fun! Make connections!

With Warm Wishes,

Paula Venné-Clendening, Network in Aging V.P. of Community Relations

WELCOME NEW BOARD MEMBER!



Michael Olear is a Licensed Associate Real Estate Broker with Olear Team/ MJ Peterson Real Estate. He has over 30 yrs. experience and has specialized in helping older adults with transitions since 1999. Michael is a graduate of the University at Buffalo School of Management - CEL and the University School of Social Work Master's Program. His team works throughout Erie and Niagara Counties helping buyers and sellers of residential real estate with specialized services for older adults and their caregivers.

Michael has served on a variety of boards throughout the community including the Network in Aging, the Alzheimer's Association Board, the Ashford Hollow Foundation (Griffis Park) and the UB School of Management – CEL board with 2 years as treasurer and two years as chair as well as the UB School of Management Board. His active pursuits include singing in a chorus, yoga, cycling, listening to live music and giving back through area nonprofits.

WELCOME NEW MEMBER AGENCIES

 Roswell Park	 Maxim Healthcare Services	 Long & Paolo-Lee PLLC
 West Herr	 Catholic Health LIFE	 Town of Hamburg Youth, Recreation & Senior Services
 WNY Manors		

PLATINUM MEMBER AGENCIES



DID YOU KNOW. . . ELECTION EDITION

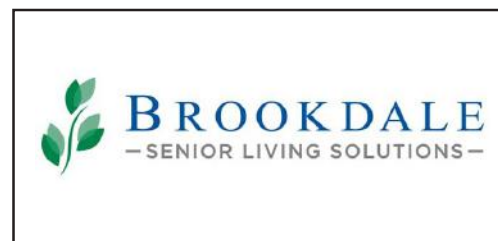
The citizens of Gambia cast their votes for President by using marbles? The marble voting system has been in use since Gambia gained its independence in 1965. Due to low literacy rates, this system has been an effective (and hard to cheat) voting method. Voters are given a choice of marbles in the party color of the candidates with pictures of the candidates posted for ease of identification. The voter then drops their chosen marble into a metal cylinder with a hole on top.



NASA astronauts can vote from space? A 1997 bill passed by the Texas Legislature allows American astronauts to fill out a ballot which is encrypted and transmitted via NASA satellites to the White Sands Complex in Las Cruces, NM. The ballot is then transmitted via ground terminal to the Johnson Space Center in Houston and communicated to the county clerk's office for filing. David Wolf was the first American astronaut to cast his 1997 vote from the Mir Space Station.

The statistical study of elections and voting trends is called psephology? It stems from the Greek word psephos, meaning "pebble." The term was first used in 1952 by Oxford Professor R.B. McCallum. The main goal of a psephologist is to analyze voter behavior, election outcomes and the factors that influence election results.

Ancient Athenians could vote in an ostracophoria, or election to ostracize? In what can best be described as a reverse popularity contest, qualified voters could cast their vote using a piece of pottery (called an ostraca) with the name of the candidate they wanted to see exiled from the city for 10 years. At least 6,000 votes were needed to be successful. Archaeologists in the 1960s discovered a heap of around 8,500 ballots in a landfill in Athens dating back to around 471 B.C.



PLATINUM MEMBER AGENCIES



Get peace of mind.
Make a plan today.



Elder Law Attorneys
716-204-1055 | pbelderlaw.com



Judy N. Cuzzacrea Wagner
Elder Law Attorney
726 Exchange Street, Suite 1000
Buffalo, NY 14210

716-200-5157 | www.harrisbeach.com | jwagner@harrisbeach.com



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 - Email and Website Hosting
 - Content Management Systems
 - Social Media Marketing
 - Search Engine Optimization
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Check out the new NetworkInAging.com/

View a portfolio of our work at www.surdej.com





MAKE THE MOST OF YOUR NETWORK MEMBERSHIP BY JOINING A COMMITTEE TODAY

ALL MEETINGS VIA ZOOM

COMMITTEE CO-CHAIRS & MEETING INFORMATION

Please be sure to verify meeting date, time and location as there are occasional changes!

COMMUNICATIONS COMMITTEE

Establishes and directs the Network's print and online communications with its members and the public. Meetings are on the **second Tuesday** of the month at 10:00am.

CO-CHAIRS

Pamela Pace
pamela@amazinghc.com
716-863-9035

Paula Venné-Clendening
pvenne@walshduffield.com
716-255-1593

EDUCATION COMMITTEE

Plans and carries out educational programs/workshops on aging related issues, along with planning and preparation for the annual meeting. Meetings are on the **second Thursday** of each month at 9:00am.

CO-CHAIRS

Crystal Selk
cselk@wscsbuffalo.org
716-884-6616

Julie Whitbeck-Lewinski
jlewinski@carepatrol.com
716-463-2966

MEMBERSHIP COMMITTEE

Reviews and recommends changes in membership dues and benefits; coordinates ongoing membership recruitment efforts. Meetings are on the **fourth Thursday** of each month at 8:30am. No meetings in August and December.

CO-CHAIRS

Jane Nogowski
jnogowski@brothersofmercy.org

Sue Nawojski
snawojski@tennysoncourt.com
716-632-9496

NETWORKING COMMITTEE

Plans and carries out member-to-member functions, including Networking events. This committee meets the **first Thursday** each month at 8:30am. Additional dates may be scheduled.

CO-CHAIRS

Stacy Jasinski
sjasinski@depaul.org
716-608-7000

Stephanie Mruczek
eastamherstdsm@solsticeseniorliving.com
716-688-7880

Nancy Maira
nlmaira@verizon.net
(317) 727-7532

SPECIAL EVENTS COMMITTEE

Plans social functions for the Network, including the January Social, Taste of the Network and annual meeting venue. Meetings are on the **fourth Tuesday** each month at 8:30am. No meetings in January, July and December.

CO-CHAIRS

Bonnie McMorrow
bmcorrow@feedmorewny.org
716-822-2002

Sharon Plant
splant@people-inc.org
716-817-9229

NOMINATING COMMITTEE

This committee solicits and accepts nominations for positions on the Network in Aging Board of Directors and presents a slate of officers and directors to the membership for their consideration.

CO-CHAIRS


Dr. Kara Calandrelli
karaanncalandrelli@gmail.com
716-689-4195 ext 111

Michael Olear
michael@olear.com
716-481-9959



THANK YOU to all our MEMBER AGENCIES and INDIVIDUALS that renewed for 2024! The Network appreciates your continued support!

We promise to continue providing different ways to encourage networking experiences.



Great Job! We'd like to acknowledge the following member agencies who upgraded their memberships!

Family Choice of New York – Gold
MJ Peterson – The Olear Team – Gold
Retired Educators of New York – Platinum
Trusted Choice Homecare – Platinum




Private Group for Members ONLY

Haven't joined our MEMBERS ONLY Facebook group yet?

- Share resources and expand referral network
- Announce events and post job opportunities at your organization
- Engage in discussions with other NIA members
- Ask for recommendations and pose questions
- Share ideas

This page can only be viewed by other NIA members – not to the public. If you belong to or are associated with a member agency, go to <https://www.facebook.com/groups/niamembers> and request to join! Or go to our home page and click on Join Members Only page at the top.



AMHERST CENTER FOR SENIOR SERVICES

The classes offered at the Amherst Center for Senior Services are targeted to adults 55 and older. Our classes run on a trimester basis and feature over 100 classes in each issue. This represents roughly 3,000 participants.

If you are looking for an affordable way to promote your organization and your target market is adults 55 and older, you may want to consider purchasing an ad in our next catalog.

The ads are: \$375 per issue; ¼ page, 3.75" wide x 4.75" high; black and white; have a shelf life of four months; and available in print and digital. Ads can be produced at no additional charge.

Our catalog is available at the Center and distributed to 19 Independent living facilities, the Amherst libraries, and Williamsville Town Hall. Our catalogs are also listed online at <https://www.amherstcenterforseniorservices.com/> and on the Town of Amherst website, <https://www.amherst.ny.us/>

If you are interested in advertising with us, please contact our public relations coordinator, Christina Yensan, at cyensan@amherst.ny.us.




COURSE CATALOG

ADVERTISEMENTS

- \$375** 1/4 PAGE
 - 3.75" x 4.75"
 - Black and white
- \$700** 1/2 PAGE
 - 7.75" x 4.75" or
 - 3.75" x 9.75"
 - Black and white
- \$1300** FULL PAGE
 - 7.75" x 9.75"
 - Black and white

Our catalog is available at the Center and distributed to:
 Amherst Libraries
 Williamsville Town Hall and online at:
<https://www.amherstcenterforseniorservices.com>
<https://www.amherst.ny.us/>

THE BROTHERS OF MERCY WELLNESS CAMPUS

The Brothers of Mercy Appoints Jennifer Blackchief as Chief Operating Officer.



Senior Living Executive Returns to Western New York from Rochester. The Brothers of Mercy Wellness Campus announced the hiring of Jennifer Blackchief as its Chief Operating Officer.

Blackchief, a health care and senior living executive with 25 years of experience, joins The Brothers of Mercy after serving as Vice President and Chief Strategy Officer at St. Ann's

Community in Rochester for the last seven years, overseeing assisted living, senior housing, adult care services and a captive medical practice.

"We are pleased to welcome Jennifer to our management team. She brings extensive knowledge of our region's senior living care community and her operations expertise will be a great asset in her leadership of the facility administrators on our Wellness Campus," said Peter Eimer, Chief Executive Officer of The Brothers of Mercy. "She will have an integral role in our long-term strategic planning, budgeting, facility census oversight and the continued redevelopment of the new health center in the original Sacred Heart Home."

Blackchief, a Cheektowaga resident, has also served as Senior Vice President of TeamHealth and Vice President and Administrator of The Bristol Homes in her previous positions.

She earned a bachelor of arts in social work with a concentration in geriatrics and biology from the Statue University of New York at Buffalo. She received a master's in business administration with concentrations in operations management and finance from Medaille University. A certified Emergency Medical Technician, Blackchief was named to the Buffalo Business First's Health Care 50 list in 2009 and received the Western Regional EMS Leadership Award in 2011.

The Brothers of Mercy Appoints Cindy Eller as New Board Member.

Development Executive from Roswell Park Joins Leadership Team During Its Centennial Year. The Brothers of Mercy Wellness Campus Board of Directors announced the appointment of new board member, Cindy Eller.

Eller, a long-time development executive in the region, joined the Roswell Park Comprehensive Cancer Center in 1988 and rose to her current position as the Chief Development Officer and Executive Director of the Roswell Park Alliance Foundation.

"I and members of The Brothers of Mercy Board of Directors welcome Cindy. We are pleased to add her skills and experiences to ours in service of our mission to the elderly," said Sister Patricia Burkard, Chairperson of the Board of the Directors for The Brothers of Mercy, which is commemorating its centennial in 2024.

A graduate of Canisius College, Eller was Roswell's first Director of Development to create a development program and establish a private foundation supporting the cancer center. She had previously served as the Annual Fund Director for the Buffalo Philharmonic, Director of Campaign Finances for David Schwartz's Congressional campaign, and as the Director of

Special Events for the Children's Hospital of Buffalo.

"It is a great honor to be selected to the Board of Directors at The Brothers of Mercy, an organization I have long admired for its deep history of providing compassionate care and innovative therapies to Western New Yorkers," Eller said. "I look forward to working with the other Board members as the organization commemorates its centennial anniversary in 2024 while stewarding the continued growth of philanthropic strategies for the Campus Foundation and contributing to the strong tradition of high-quality, specialized care provided to residents and patients on the Wellness Campus."

Eller was recently recognized by Buffalo Business First as a 2023 C-level Executive Award winner and is listed on the top 200 most powerful women in Western New York. She has been recognized with The National Association of Cancer Center Development Officers with its highest award "The Lisa Considine National Service Award."

In the 35 years she has spent as a senior administrator with Roswell Park, Eller has been credited with building a dynamic development program that has realized more than \$600 million dollars, a program which now realizes \$30 million annually. She is also responsible for the Alliance Foundations team that manages the fundraising, endowment, and allocation of funds to research and patient care programs.

The Brothers of Mercy Wellness Campus Board of Directors consists of Sister Patricia Burkard, OSF, Board Chair; Monsignor David Lipuma; Brother Kenneth Thomas, FMMA, House Superior of The Brothers of Mercy; Roopa Chakkappan, Partner at Hodgson Russ, LLP; Cindy Eller, Chief Development Officer at Roswell Park Comprehensive Cancer Center; Thomas Fentner, President of HR Solutions; Brother Matthias Moller, FMMA; David Nasca, President & CEO of Evans Bank; Michael E. McRae, President & CEO of St. Ann's Community in Rochester; David Rogers, Founder of Life Storage, Inc.; Dr. Michael Noe, Clinical Professor Emeritus in the Department of Epidemiology & Environmental Health and Clinical Associate Professor Emeritus in the Department of Medicine at the University at Buffalo; and Peter Eimer, CEO of The Brothers of Mercy (ex-officio).

The Brothers of Mercy Wellness Campus Unveils Art Gallery at Montabaur Heights.

The Brothers of Mercy Wellness Campus announced the opening of a new art gallery at the Montabaur Heights independent living community on its Wellness Campus. The gallery, which will feature up to four exhibits each year, will be open for public viewing seven days a week from 11:00 AM to 3:00 PM, starting Friday, February 9th through Thursday, April 11th.

The inaugural exhibit is called "The Legacy Artists" and features the seven prominent Western New York artists – Bruce Barber, Todd Chalk, Susan Miller, Beth Pedersen, Russell Ram, Richard Rockford, and Catherine Tillou. Each artist has several pieces of art on display.

Visitors who come to see the artwork may also enjoy lunch any day of the week between 11:00 AM – 1:15 PM in the Montabaur Heights dining room by calling 716-507-5102 to make a reservation at least 24 hours in advance. Lunch is \$12 per person, payable by cash or check to Montabaur Heights (no parties larger than 10).

"This is a wonderful opportunity for the greater Buffalo area to visit our beautiful campus and enjoy the gallery as well as the

many talented artists who have displayed their craft,” said Ashlie Kohlhagen, Executive Director of Montabaur Heights Independent Living Apartments. “The gallery will not only become a showcase for regional artists, but also for those aspiring artisans who call The Brothers of Mercy Wellness Campus home. We look forward to hosting many shows and getting to see old and new friends while sharing the mission of The Brothers of Mercy.”

The art gallery is part of an overall “Wellness Through Art” initiative that will take place across The Brothers of Mercy Wellness Campus. The goal of the program is to encourage residents to continue thriving at any age by remaining active in the different forms of art they enjoy creating or viewing. The program will enhance quality of life for patients and residents on campus through a variety of activities, including artist presentations, hands-on demonstrations and trips to other art galleries. The initiative will add to the Clarence community’s rich culture and heritage.

“The Brothers of Mercy Art Committee is thrilled to celebrate the opening of the gallery and the launch of the Arts Initiative on Campus. Thank you to Russell Ram for curating our opening exhibit and bringing together works by distinguished local artists to launch the ‘Wellness Through Art’ initiative on The Brothers of Mercy Wellness Campus,” said Mary Jo Ketchum, Chairperson of the Art Committee. “Art can be a powerful tool to help older adults cope with issues such as isolation, loneliness and stress. We also aim to help residents in memory care at Sacred Heart Home to participate in the new art program, as it can alleviate their focus on aches and pains so they can experience enhanced coordination, improved immune function and reduced pain.”

The Brothers of Mercy thanks its legacy sponsors for their support of the Wellness Campus and the new art gallery: the Clarence Chamber of Commerce, Joe Basil Chevrolet, Buffalo Pharmacy, Family Choice of New York, Highgate Medical Group, ACSI and The David & Joan Rogers Family Foundation. For more information about the art gallery, call 716-407-5100.

The Brothers of Mercy is a nonprofit Catholic provider of comprehensive, compassionate residential, health care and rehabilitation services for Western New Yorkers. The organization operates a 126-acre Wellness Campus in Clarence. With a continuum of lifestyle options, The Brothers of Mercy ministry of care features skilled nursing, inpatient and outpatient therapies, assisted living and memory care, independent living, spiritual care, respite, hospice and at-home companion care. It is the largest retirement community in the region, as ranked by Buffalo Business First, and ranks annually on the U.S. News & World Report and Newsweek “America’s Best Nursing Homes” list.

In 2024, The Brothers of Mercy will commemorate its 100th anniversary of serving seniors seeking their best quality of life. From its origins of riding bicycles through the streets of Buffalo to deliver home care, the mission has remained devoted to serving the essential health needs of the community through the motto of “The Charity of Christ Urges On.” For more information: 716-759-6985, info@brothersofmercy.org or BrothersofMercy.org. 🌸





the BROTHERS of MERCY



Community Health Care Education
Free Presentations on Our Wellness Campus!

Seminar #1:
Update on Hemorrhagic & Ischemic Strokes
Dr. Kenneth Snyder
University at Buffalo Neurosurgery
Monday, April 29, 5:30-7 p.m.




Seminar #2:
Neuromodulation solutions for chronic pain & movement disorders
Dr. Assaf Berger
University at Buffalo Neurosurgery
Thursday, May 2
5:30-7 p.m.

Sacred Heart Home Assisted Living & Memory Care
4526 Ransom Rd., Clarence

- Presentation / Questions & Answers
- Refreshments & Tours

716-759-2644 BrothersofMercy.org

Introducing the **SHEA'S BUFFALO THEATRE**

Five Star Bank 2024-25 Broadway Season



SEPTEMBER 24-29, 2024



NOVEMBER 19-24, 2024



DECEMBER 18, 2024-JANUARY 5, 2025



MARCH 4-9, 2025



MARCH 25-30, 2025



APRIL 8-13, 2025



JUNE 24-29, 2025



SPECIAL SUBSCRIBER ADD-ON
OCTOBER 15-27, 2024

What show are you most excited for?
 2024-25 Five Star Bank Broadway Season tickets are ON SALE!
 Go online or visit our Box Office at <https://www.sheas.org/become-a-subscriber/>

ACCOMPLISHMENTS & RECOGNITION!



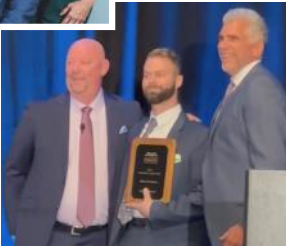
Touching Hearts at Home, Buffalo just received a top 100 recognition in N. America! Ranked #25 in North America

The Top 100 Leader in Experience award is the highest honor we bestow, recognizing the 100 agencies with the highest Overall Satisfaction (OSAT) scores in North America. This annual award is based on the results of your client and caregiver experience surveys.

2024 Award Requirements: attain one of the 100 highest Overall Satisfaction (OSAT) scores in the industry for the year; complete a minimum of 2 client and 2 employee satisfaction surveys per month during the previous 12 months; earn both Provider and Employer of Choice Awards for the year; and actively secure clients and caregivers for at least one calendar year.



Pictured above, left to right: Shannon Bold, Matt Gardiner, and Tracy Reese



Buffalo-Rochester is Franchisee of the Year within the Oasis Senior Advisors System

I am honored and grateful to announce that **Buffalo-Rochester** has been awarded the **Franchisee of the Year** within the Oasis Senior Advisors System. I am privileged to collaborate with Tracy Everett, Shannon Bold, Kari Cameron, and Holly Crocker. Together, we have committed ourselves to providing unwavering support to our professional referral sources and families. I take great pride in the positive impact we have made in our community, growing this service from its inception to its significant influence today. Here's to an incredible first five years, and eagerly anticipating what the future holds. Thank you to the network in aging and its members for such all of your support, education, and friendship you have provided us.

*Matthew Gardiner, CSA®, Owner
Oasis Senior Advisors Buffalo*

Congratulations to Sean Thompson who we've recently promoted to Director of Investment Research. As our firm continues to grow, his expanded role within our practice has help us better serve our clients' needs.



Congratulations to Hospice & Palliative Care Buffalo's Shining Stars, who helped us achieve a 5-star rating for excellence in care! The rating is based on the Family Caregiver Survey that asks family members and friends about the patient's hospice care. We are proud to report HPCB is among 13% of hospices around the country to receive a 5-star rating.



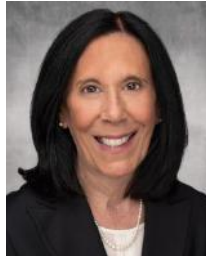
Brookdale Niagara (AL)

Welcome Tamarie! We are excited to welcome **Tamarie as our new executive director**. Residents enjoyed a meet and greet with her during our weekly coffee club! If you're visiting our community, stop in and say hello and get to know her too!



Congratulations to **Mark Buscaglia, new Regional Director of Admissions** for Mary Agnes Manor and Ransomville Manor!

ACCOMPLISHMENTS & RECOGNITION!



Cherie Sugg has been named chief human resources officer of Catholic Charities. In her new role, Sugg will be responsible for shaping and executing human resource strategies for the organization including overseeing the recruitment and retention of a diverse and skilled workforce, managing employee relations, developing and implementing professional development and training programs, and helping agency leaders set goals for diversity, equity and inclusion.

“Cherie’s decades of strategic human resource expertise and relationship building will help us to strengthen and inspire our people in continuing to provide needed programs and services,” said Deacon Steve Schumer, president and CEO, Catholic Charities. “We welcome Cherie to our leadership team as we all work to be a beacon of hope for the most vulnerable in our community.”

Sugg brings more than 35 years of senior human resource leadership experience to her new role with Catholic Charities. She has led the human resource functions of small, local companies as well as large, international companies and was most recently with Windham Professionals, Inc.

An active member of several local and national human resource management associations, Sugg has also volunteered with local charities including Buffalo City Mission and Cornerstone Manor. She resides in Lockport.

Congratulations and welcome, Cherie!

Happy Anniversary to Clarity Group! It was seven years ago today that we opened our first location. What a difference seven years can make! We started in a small two room office with seven agents. We now have 5 locations and 30 agents and we’re still growing. Thank you to our dedicated team and to the thousands of customers who have trusted Clarity Group to help with their Medicare plans.



Thank you ARCH National Respite Network and Resource Center for naming our **Musical Memories Cafe Program** as one of the four respite services from across the country recognized with the highest level of distinction – Innovative and Exemplary.



Brothers of Mercy Honors Your Network in Aging!

Every year, the Brothers of Mercy honors individuals and organizations providing needed services to the WNY community. This year, the Brothers of Mercy Board has selected Network in Aging of WNY as their non-profit organization to receive the Award! Several past NIA Presidents and current Board Members will be in attendance at the Caritas Award Gala on May 9th at Salvatore’s Italian Garden to accept the recognition.

Congratulations!



2024 CARITAS AWARDS GALA

SAVE THE DATE

Thursday, May 9th, 2024

THE BROTHERS OF MERCY CARITAS AWARDS GALA

*At Salvatore’s Italian Gardens Banquet Center
6461 Transit Rd.*

*For information on Corporate Sponsorship Opportunities contact
Tony Fulgenzio, Foundation Director at
(716) 759-7622 or
afulgenzio@brothersofmercy.org*

2024 Caritas Honorees:

Patsy Casilio Humanitarian of the Year Award:
Amy Betros-Founder of St. Luke’s Mission of Mercy

Non-Profit Recipient:
The Network in Aging

The Brothers of Mercy Honoree:
The Behind-the-Scenes team on our wellness campus

Brought to you by our generous corporate partners:



ACCOMPLISHMENTS & RECOGNITION!

Harris Hill Nursing Facility is pleased to announce that it now offers specialized tracheostomy care. Our program is staffed by specialists dedicated to creating the highest quality of life for our residents.



Our physician-directed, multidisciplinary care team includes registered nurses, licensed respiratory care practitioners, and physical, occupational and speech therapists. We focus on exceptional outcomes with a goal of reducing hospital readmissions.

Our services include: airway clearance techniques; nebulizer treatment therapy; nutritional management; oxygenation; speaking valve – Passy Muir Valve (PMV); swallow study and evaluation; and tracheostomy tube and tracheal stoma care.

We are located at Harris Hill Nursing Facility, 2699 Wehrle Dr, Williamsville, NY 14221.



Please join us in welcoming **Jeanine Shell, RN, BSN**, as our Executive Director of Admissions! In this role, Jeanine is responsible for the overall operation of the admissions department at our 19 health care facilities in four portfolios including The McGuire Group, RCA Healthcare Management/Absolut Care, Taconic Health Care and VestraCare. This includes coordination and oversight of the admission processes, supervising admission directors and screeners, and establishing and maintaining communication between the facilities, referral sources and third-party payers to grow the patient census.



Autumn View Health Care Facility is among an elite list of facilities state-wide that has finished in the TOP QUINTILE of New York's Nursing Home Quality Initiative (NHQI).



The NHQI evaluates 600 nursing homes in the state and ranks them by quintile using performance measures in the components of quality, compliance and efficiency.

A high quintile rating highlights a company's long-term commitment to creating healthier communities and meeting a full spectrum of health care needs.

Teamwork makes the dream work! Congratulations to everyone who makes our facility a great place to live and work!



Congratulations to our **president & CEO Tara A. Ellis** of **FeedMore WNY**, as well as **board members Lou Jacobs** and **Tom Wiley**, for being named to the Buffalo Business First #Power250 list!



CLARITY GROUP

Clarity Group Opens New Amherst Location!

Clarity Group continues to grow with our new Amherst location. After six years of being in the BoulevaRoad Mall, Clarity Group is moving to 3140 Sheridan Drive. The new office is conveniently located at the corner of Sheridan and Alberta Drive. Per President Sally Stier, with the uncertainty of the future of BoulevaRoad Mall, we felt it was time to make a move. Of our five locations, the BoulevaRoad Mall office has been the busiest. This new location will give us more space and better parking for our customers, as well as an overall more professional atmosphere, without the noise and distraction of the mall.

Clarity Group is an agency that is dedicated to helping people with all things Medicare related. When someone is new to Medicare, it can be very confusing. We help people understand the entire process including how and when to enroll in Medicare to avoid any penalties. This can vary depending on when you retire, if you plan to work past age 65, the size of your employer and what they offer you for health insurance.

We always start with the basics. What is Medicare? What is Part A, B, C and D? Then we will talk about the different types of plans available and the differences between Medicare Advantage and Medicare Supplement Plans. We'll also discuss when you can enroll in a plan and when you can change plans. Once you have chosen the plan that best suits your needs, we handle any paperwork and follow-up that could be involved. We can also help you with any financial assistance you may qualify for. One of the best parts is that our services are always at no cost to you.

That's just the beginning. When you work with Clarity Group, you have an agent for life. We are here to answer your questions all year round. Our clients have the peace of mind knowing they have someone to call, whether it's a simple question or a life-changing health concern. Even if we can't help personally, we have the resources to point you in the right direction. That's one of the great things about being involved with groups such as the Network In Aging.

Clarity Group recently celebrated our seven-year anniversary. We now have five locations including the new Amherst office at 3140 Sheridan Dr. The other locations are at 4976 Transit Road in Depew, The McKinley Mall in Blasdell, 404 Center Road in West Seneca, and 216 E. Main Street in Batavia. Coming soon, there will be an office in Lakewood Ranch, Florida. Visit our website www.claritygroupny.com or call 716-393-3437. 🌸



Have Questions about Medicare? Clarity Group has Answers!

If you or someone you know has Medicare or is turning 65 soon, join the thousands who put their trust in Clarity Group. The Experts at Clarity Group will guide you through the process and help you choose the plan that best suits your needs.

- 5 convenient locations:
- 4976 Transit Rd, Depew
- 3140 Sheridan Dr, Amherst - New!
- McKinley Mall, Blasdell
- 216 E. Main St, Batavia
- 404 Center Rd, West Seneca



CLARITY GROUP
Be clear. Be covered. Be confident.



Call or Stop in!
716-393-3437

We do not offer every plan in your area. Currently, we represent ten organizations which offer seventy-six products in your area. Please contact www.Medicare.gov, 1-800-Medicare or your local State Health Insurance program to get information on all your options.



2024 Hospice Gran Fondo

Registration is officially OPEN for the 2024 Hospice Gran Fondo! Race day is Saturday, August 10, rides start at 7:30am. Post-Race party from 11am-2pm with live music, food, drinks & more!



REGISTRATION
Now Open!

www.hospicegranfondo.com

WELCOME NEW MEMBER AGENCIES!

CATHOLIC HEALTH LIFE



LONG & PAULO-LEE, PLLC. –

OLIVIA PAULO-LEE, ESQ



My name is Olivia Paulo-Lee, Esq. I am the managing partner and owner of Long & Paulo-Lee, PLLC. For over 16 years, our firm has been deeply committed to delivering practical business and legal solutions, a commitment that extends into the vital area of Elder Law.

At Long & Paulo-Lee, PLLC, we understand that the golden years should be cherished and protected. Our mission is to stand up for the rights and dignity of individuals in Western New York, ensuring they receive the respect and legal expertise they deserve. As your partner in navigating the complexities of Elder Law, we're equipped to assist with estate planning, probate matters, and mediation of disputes, safeguarding the interests and legacies of our senior community.



My passion for law extends beyond the courtroom. As a proud alumnus of SUNY Buffalo School of Law, I've honed my skills through competitive trial teams and regional mediation competitions, even achieving first place at a national level. This experience along with my over 14 years of Law Firm experience have sharpened my understanding of the nuances and empathy required in Elder Law matters.

Volunteering as an Advocacy Institute Volunteer Instructor and Judge, I've had the pleasure of coaching and judging budding law professionals. These roles have been a constant reminder of the importance of giving back, an ethos that resonates with the spirit of the Network in Aging.

Our firm, ingrained in diverse legal areas, from civil and commercial litigation to Business Law and real estate law, brings a holistic approach to the challenges faced by individuals within our community. Whether navigating the legal system or fighting for your rights, we pledge to be the reliable, dynamic team you need.

I eagerly look forward to collaborating, sharing insights, and, most importantly, learning from the wealth of knowledge within this community. Together, we can improve the quality of life for our elders, ensuring their days are filled with the peace and security they have earned.

MAXIM SERVICES – DANIELLE DWORZANSKI



Maxim Healthcare has been making a difference in patients' lives across the nation for more than 30 years. In WNY we offer private duty nursing; home and

community support service; school nursing; personal care services; and fiscal intermediary services for individuals with chronic and acute illnesses and disabilities. Across New York we service 2,519 patients, employ 4,766 caregivers and continue to assist additional members in our communities each week. Our commitment to compassionate care and excellent service makes us an established provider wherever healthcare is needed and we love being a resource to the WNY community! Like us on Facebook to see what we are up to, www.facebook.com/MaximHealthcareBuffalo

Maxim Healthcare • 500 Seneca St, Suite 610, Buffalo, NY, 14204
Buffalo@maxhealth.com • 716-881-2800 • Maximhealthcare.com

Danielle Dworzanski, MBA, Operations Manager
dadworza@maxhealth.com

ROSWELL PARK COMPREHENSIVE CANCER CENTER



TOWN OF HAMBURG YOUTH, RECREATION & SENIOR SERVICES



We have the pleasure of providing opportunities for fitness, wellness, socialization, nutrition, education, transportation, and enrichment to senior citizens of Hamburg and neighboring areas. Our center provides a Stay Fit Dining program through Erie County, a staffed fitness center, group exercise classes, and pickleball, as well as a variety of informative workshops, special events, concerts, and lectures. Numerous clubs and groups meet daily at our facility. We also operate our own Senior Van Transportation Service, providing rides to medical appointments, grocery stores, and more five days a week with our fleet of nine vans. Our Adult Day Services program offers a safe, loving environment for those with dementia to remain social with their peers and participate in fun activities while being supervised, and providing some much-needed respite for their caregivers.

- Hamburg Senior Services: Monday-Friday, 4540 Southwestern Blvd, Hamburg NY 14075, 716-646-0665
- Adult Day Services: Monday-Friday, 4540 Southwestern Blvd, Hamburg NY 14075, 716-646-0255

WEST HERR AUTOMOTIVE GROUP



WNY MANORS

Please welcome Mary Agnes Manor and Ransomville Manor to Network in Aging as a new partner this year! As an assisted living program (ALP), WNY Manors is honored to be celebrating 50 years of healthcare service in the WNY region.



WELCOME NEW INDIVIDUALS!

LAURIE BAUCH, ALONGSIDE THEE LLC



Alongside Thee LLC provides dementia care education that enables people to develop awareness, knowledge and skills to improve the quality of life for those living with dementia and for those who support them. It follows the principles developed by Teepa Snow (Positive Approach to Care) in addressing life with neurocognitive changes when dementia enters the picture. Alongside Thee LLC is owned by Laurie M. Bauch, an Occupational Therapist who is the only certified independent Positive Approach to Care® (PAC) Trainer, Advanced Consultant and Engagement Leader in Western New York. As an OT, Laurie has served in acute care, skilled nursing, out patient, and in home care settings. As a volunteer, she coordinates Trinity Lutheran Church Respite Ministry.

PAC Training uses adult experiential learning cycles, role plays and Teepa Snow's expertise to enable learners to build awareness and retain knowledge that can be utilized immediately when supporting people living with neurocognitive changes. By understanding the brain changes that may occur, care-partners build awareness, understanding and skills to better support each person in their journey with dementia.

Laurie is certified to lead trainings with specific PAC content, including community education and care partner workshops. She provides specific training for first responders, professional staff, care providers, faith-based communities, and community living groups. Other speaking engagements can be tailored to needs of the groups or individuals.

Laurie offers an ongoing educational and support series, called the Care Partner Support Series. This 5-part virtual series is designed to educate and support care-partners providing care for a family member or friend.

Consultation can be in person, over the phone or via Zoom. A free 30-minute consultation is available.

Laurie M. Bauch OTR/L, Positive Approach to Care® Certified, Independent Trainer, Consultant and Engagement Leader
www.alongsidethee.com • 716-946-4227 • Lmbauch@gmail.com
Check me out on FB and as Laurie M Bauch on LinkedIn and Instagram.

MARY KNIGHT, AGELESS ATTITUDES

KRISTIN MEYER, RIVERCREST FINANCIAL



Kristin Meyer is the owner and advisor of Rivercrest Financial out of Lewiston NY. Helping individuals and families map out their short-, mid- and long-term goals. And more importantly planning for the unexpected. Think about how many life decisions involve financial decisions. With over 15 years experience, clients are my friends and family.

Relationships are so important to me which is why I am excited to meet new people in Networking in Aging! Feel free to check out my website or even begin

"mapping out your story" with the QR code at the right.

Kristin Meyer, AIF®
765 Center St. Lewiston, NY 14092 • 716-481-4476
rivercrest-financial.com • kristin@rivercrest-financial.com



SEAN MULVEY – PAX CAPRA LLC



My organization, Pax Capra, is dedicated to being a resource to individuals and businesses in several ways.

Regarding healthcare, I helped hundreds of NY residents over the past 5 years enroll in the Medicaid funded CDPAP Program. This program allows Medicaid recipients to stay independent in their place of residence and receive needed healthcare services from someone of their choosing. My consulting agency would be defined as a subcontractor for Lead Fiscal Intermediaries. If you have clients that need assistance with CDPAP or home health, please feel free to connect me with them.

I am a Medicare / Medicaid broker and can help individuals enroll in needed services / benefits through NYS. I am happy to provide education to individuals on how the process works and be a liaison between them and their insurance provider.

As a Financial Services Professional, I am committed to helping individuals reach their personal, professional, and financial goals. I can assist in this regard with recommendations on life, disability, and health insurance options. Building long term, sound, financial strategies for my clients is my primary goal. I love working with professionals and helping people build a roadmap to their ideal retirement while maintaining a focus on enjoying their life in the meantime. I have an extensive background in managing small / medium sized businesses and can assist them in their strategic goals and market expansion. Furthermore, I can help develop competitive benefits packages to retain high quality employees.

Sean Mulvey, CEO • mobile: 716-998-3733
seanmulvey@paxcapra.com

SARAH YOUNG

TOWN OF NEWSTEAD SENIOR CENTER



Sarah has worked for the Town of Newstead Senior Center for almost 10 years, with six of those years as the Senior Director. As the director, she is responsible for running the day-to-day activities of the Center, as well as scheduling educational programs. Sarah loves working with the senior population and is known for being very passionate about her job. "I love keeping the seniors in our town busy and active. I love bringing smiles to their faces".

Sarah can be reached at 716-542-6645 or
syoung@townofnewstead.com



WEST FALLS CENTER FOR THE ARTS

West Falls Center for the Arts provides a nonprofit arts and cultural destination hub offering programs designed to create music-based companionship and connection that give meaning and hope. Along with our incredible concerts, we offer music lessons for Veterans and their families, Kids music mentoring, music therapy for autistic adults (partnering with Nurs'n the Blues), and of course, Musical Memories Cafe.

Musical Memories Cafe is a compassionate and joyful hour of shared musical experience designed to enrich the lives of caregivers and their loved ones as well as isolated adults. We use music, dance and the sharing of a meal to engage caregivers and their loved ones, creating a community, referring to community resources, building a network of support and decreasing stress in caregivers and isolated adults. Music has proven time and again to be a powerful balm for the human soul. When used appropriately, music can shift mood, manage stress-induced agitation, stimulate positive interactions, facilitate cognitive function, and coordinate motor movements.

The Musical Memories Cafe was fortunate enough to be a part of the first cohort three years ago supported by the Exhale initiative. We are also thrilled to be a part of their next project, the Exhale Memory Cafe Collective, providing technical assistance and providing insight into the development, implementation, and sustainability of memory cafes, with the goal of launching additional WNY Musical Memories Cafe locations.

Through the support of partners like Exhale, The Alzheimers Association, Network in Aging, The Dale Association, Amherst Center for Senior Services, The Community Foundation, The Ruth Huppuch Bequest and many more, Musical Memories Cafe has continued to reach and create more communities of caregivers.

Our new website has launched for anyone interested in replicating this model. You can find us at musicalmemoriescafe.org. We offer a licensing model that is focused on creating a community of licensees and caregivers. Our online system will include implementation training, volunteer training, sustainability, webinars, customizable marketing materials and online resources for grant language and evaluation.

Finally we are thrilled to announce that West Falls Center for the Arts and the Musical Memories Cafe has been recognized by the ARCH National Respite Network and Resource Center as an Innovative and Exemplary Program – one of only four respite services chosen nationwide. We will be attending and presenting at the National Lifespan Respite Conference in Albany, NY, May 21-23, 2024.

For questions about any of our programs or to attend a Musical Memories Cafe, just call or email to be put on the email list. We send out an RSVP reminder before each event.

West Falls Center for the Arts • 1863 Davis Rd. West Falls, NY 14170 • 716-570-6520 • westfallsartcenter@gmail.com • carolyn@musicalmemoriescafe.org



UPCOMING FESTIVALS! (APRIL-JUNE)

APRIL

- 19 Buffalo RiverWorks Thawfest, Buffalo
- 20 Buffalo Blues and Roots Festival, Buffalo
- 27-28 WNY Maple Festival, Franklinville
- 27-28 Buffalo Cherry Blossom Festival, Buffalo

MAY

- 4 Bikes, Blues and BBQ, Akron
- 18 Buffalo Porchfest
- 18 Wing A Ding Ding Festival/Mac and Cheese Festival, Buffalo
- 24-27 GlassFest, Corning
- 25-26 Totally Buffalo Festival
- 31-2 Buffalo Greek Fest

JUNE

- 1 Hamburg Music Festival
- 1 Clarence Bark in the Park
- 2 Buffalo Pride Festival
- 8 East Aurora Music Fest
- 8-9 Allentown Art Festival
- 15 Red, White and Brews, Clarence
- 15-16 Lewiston GardenFest
- 21 Taste of Country, Buffalo
- 22 New York State Craft Brewers Festival, Buffalo
- 23 Elmwood Summerfest, Buffalo
- 28-30 4th of July Carnival at The Great Pumpkin Farm, Clarence
- 29-30 The Roycroft Campus Art and Antique Show, East Aurora

RENY RETIRED EDUCATORS OF NY

To: Members of Network in Aging

The Western Zone New York State Retired Teachers' Association is comprised of approximately 2300 local retired educators. On **September 18, 2024** we will convene our 75th Annual Meeting at Alton's Restaurant-The Columns Banquet Facility in Elma.

A highlight of past Annual Meetings has always been the participation of local vendors presenting information regarding their business or organization. Our membership benefits greatly from learning about services and opportunities available to them right within our Western New York Community. This is free to the vendors attending.

This year we cordially invite your business to be represented at our conference. Your participation will be a great opportunity for you to meet local retirees. **You will be provided with an ample table/ display area** to showcase your services and 2 hours' time to make many new contacts.

Please mark your calendar and join us on September 18, 2024. **To reserve your spot** or ask questions please reply to me by email at Traminette966@yahoo.com. Please put "vendor" in the memo line. Upon your registration, you will be provided with specific information regarding your participation.

The membership of Western Zone looks forward to meeting you!

Sincerely,

Carol L. Cascio

First Vice President, Western Zone New York State Retired Teachers' Association

Some of our beliefs and projects are listed below:

- Teacher Grants yearly
- Legislative Support for retirees and our communities
- DeCormier Fund to support retirees in need of financial help
- Donations to Feedmore, Meals on Wheels and other food supporting groups in our 5 counties
- Donations to various 501C3 groups
- Monthly collection of various supplies needed for our communities
- 2-3 trips sponsored by Western Zone Retired Educators
- Friendly Service to our approximately 2300 members
- Western Currents Newsletter published 3 times a year and mailed to you.

Joining is easy! Contact Karen Gembar at kdgg13@gmail.com or 716-714-5944 / 716-698-3702. Our membership is \$39 per year.

Please consider attending our Western Zone Annual Meeting on **September 18, 2024**. Contact Maria Hagar at mhager9115@gmail.com or 716-307-3083. This attendance cost has not been decided, which includes lunch, as of yet. Please call and inquire.

WE WOULD LOVE TO HAVE YOU ATTEND!!

Michelle Claus

Western Zone President, 716-481-5279 



Assisted Living Program (ALP)

Orchard Brooke is funded by New York State's Assisted Living Program (ALP), which pays the cost of services for qualified individuals, making it different from traditional private pay-only facilities.

This is beneficial because it means that if private pay funds run out, or if residents need to apply for Medicaid, they won't need to transfer to a different facility, like most traditional private-pay facilities.



Residents enjoy 3 meals a day, 7 days a week with accommodations made for certain specialized diets.

Rehab & Nursing Options

We're part of an enterprise of 18 sister facilities that provide options for short-term rehabilitation, or long-term care if needed.



ORCHARD BROOKE
ASSISTED LIVING
living legends



LEARN MORE!



www.LivingLegendsHealth.com



Amenities & Features

- ✓ Nursing Staff On-Site 24 hours/day
- ✓ Recently Renovated Game Room & Resident Store
- ✓ Ongoing Activities & Outings
- ✓ Respite Care for Short-Term Stays
- ✓ Easy-to-Navigate Home-Like Environment
- ✓ Beautiful Grounds & Walking Paths
- ✓ Enclosed Outdoor Smoking Area
- ✓ Physical, Occupational, Speech Therapy
- ✓ Specialized Nursing Services Provided by a Certified Home Care Agency
- ✓ Medication Management, Laundry Services, Assistance with Care Needs & More!



Mention this flyer and have your Community Fee Waived!

6050 Armor Duells Rd
Orchard Park, NY 14127
(716) 662-6753

\$1,200 Value!

Offer expires June 2024

THE MCGUIRE GROUP

First Nursing Homes in State Approved for Blood Transfusions

The McGuire Group, operator of highly-ranked skilled nursing and rehabilitative facilities, is excited to announce its approval from the Department of Health to begin providing in-facility blood transfusions at three of its Western New York locations. Garden Gate Health Care Facility in Cheektowaga, Harris Hill Nursing Facility in Williamsville and Northgate Health Care Facility in North Tonawanda are the first and only long-term care facilities in New York State that are authorized to provide this innovative level of care.

The facilities are equipped with dedicated treatment rooms that include pumps, medications, documentation stations, reclining chairs, warming blankets, iPads, televisions and magazines to ensure a safe and enjoyable experience.

Transfusion services are administered by highly trained registered nurses under the direction of a treating physician. The advanced care treatments will begin on March 11 and are available to all patients/residents who meet the criteria and have a chronic or non-urgent need for a blood transfusion. “We’re excited to be pioneering this next-level service for those in the long-term care setting,” stated Chief Nursing Officer Andrea Czora, RN, BSN. “As clinicians, we understand the disruptions associated with a trip to the hospital. Progressive initiatives such as this are part of our clinically strategic plan for reducing avoidable re-hospitalizations and unnecessary emergency room visits by treating residents in place.”

In addition to being more convenient and safer for the resident, in-house transfusions have the added benefit of reducing hospital occupancy and freeing up resources for other acute care services.

This innovative level of treatment is available to all patients/residents who meet the criteria and have a chronic or non-urgent need for a blood transfusion.

Benefits include: limits disruptions associated with a trip to the hospital; reduces avoidable re-hospitalizations and unnecessary




emergency room visits; treatment is provided in a familiar setting; and allows the patient/resident more time to focus on rehab.

“We’re excited to be pioneering this next-level service for those in the long-term care setting,” stated Chief Nursing Officer Andrea Czora, RN, BSN. “As clinicians, we understand the disruptions associated with a trip to the hospital. Progressive initiatives such as this are part of our clinically strategic plan for reducing avoidable re-hospitalizations and unnecessary emergency room visits by treating residents in place.”

In addition to being more convenient and safer for the resident, in-house transfusions have the added benefit of reducing hospital occupancy and freeing up resources for other acute care services.

Transfusions services are available at:

- Garden Gate Health Care Facility, 2365 Union Road, Cheektowaga, NY 14227 (716) 668-8100
- Harris Hill Nursing Facility, 2699 Wehrle Drive, Williamsville, NY 14221 (716) 632-3700
- Northgate Health Care Facility, 7264 Nash Road, North Tonawanda, NY 14120 (716) 694-7700

The McGuire Group facilities provide 24-hour skilled nursing care, subacute rehabilitation, memory care, in-house dialysis, hospice and palliative care, and respite/short-term care. To learn more, visit www.LivingLegendsHealth.com. 



YOUR VOICE MATTERS!

The Education Committee is calling on YOU! We’re currently on the hunt for some new members!

Do you want to contribute to and make decisions as a collective group regarding the annual meeting and other educational events? This would entail things such as brainstorming speakers, topics, ideas, and other decision-making efforts.

Now is the time to be heard!

Give it a trial run and see what it’s all about. The committee meets the **2nd Thursday of each month at 9AM**. Contact me at lisa@networkinaging.org or one of the Education co-chairs listed on page 4.

TRUSTED CHOICE HOMECARE

Success Stories: How CDPAP Changed Lives



The Consumer Directed Personal Assistance Program (CDPA) in New York State offers a unique approach to home care services for individuals who are Medicaid eligible.

This program empowers participants to hire and direct their own caregivers.

Traditional certified home care agencies send strangers to your home to provide care services, often in your most vulnerable moments. With Trusted Choice Homecare, you can choose your own caregiver, to make sure it is someone you already know and trust. This includes friends or family members, who are then paid for their time and efforts. This model promotes independence and personal choice in care arrangements, making it a preferred option for those seeking a more personalized care experience.

CDPA consumer and Western New York resident Valerie Simmons sat down to share her story with her team at Trusted Choice Homecare. Read about her experience switching to the Trusted Choice Homecare CDPA program below!

Valerie Simmons of Buffalo, NY

Years spent with Trusted Choice Homecare: 5 years

In the realm of personal care, the bond between a consumer and their care provider is not just built on services rendered, but on respect and understanding. At Trusted Choice Homecare, we pride ourselves on fostering these values. One such story that stands out is that of Valerie Simmons, who has been with us since 2018.

Valerie's Switch to Trusted Choice Homecare. Valerie's journey with us began in 2018, a decision prompted by a concerning experience with her previous agency. She had faced issues related to the violation of HIPAA (Health Insurance Portability and Accountability Act) regulations, which govern the privacy and security of personal health information. This breach not only compromised her trust in that agency but also her sense of security. It was then that Valerie turned to Trusted Choice Homecare, seeking a partnership that respected her rights and provided high-quality care.

A Team Like Family. One of the aspects Valerie cherishes most about Trusted Choice Homecare is the accessibility and warmth of our team. She often mentions how the staff are like family to her, always there when she needs them, and going above and beyond in their care. This sense of belonging and support is what we strive to provide to all our consumers, ensuring that they are not just receiving care but are part of a community that genuinely cares for them.

Enhanced Quality of Life. For Valerie, the transition to Trusted Choice Homecare has been life changing. She emphasizes how the quality of her life has significantly improved since she started receiving care from us. The worries and logistical issues that once plagued her experience with her previous agency are no longer a

concern. Now, she can focus on living her life to the fullest, assured that her care needs are being met without hassle.

A High Recommendation. Valerie's experience with our agency has been so positive that she highly recommends Trusted Choice Homecare to anyone considering joining the CDPA program. Her endorsement stems from her firsthand experience with our commitment to providing not just care, but care that respects the dignity, privacy, and needs of our consumers.

Valerie Simmons' story is a powerful testament to the difference that compassionate, respectful, and professional care can make in a person's life. At Trusted Choice Homecare, we are proud to have played a part in enhancing Valerie's quality of life and are committed to continuing to provide exceptional care to all our consumers.

If you or a loved one is considering the CDPA program, we invite you to join our family and experience the Trusted Choice Homecare difference.

Contact Trusted Choice Homecare: 716-431-5550 ext. 61, ccreenan@trustedchoicehomecare.com, or visit our website at www.empireseioradvisors.com.



CDPAP MADE SIMPLE.

Families Caring for Loved Ones

Our agency is dedicated to simplifying the CDPAP enrollment process for consumers and their caregivers.

Consumer Directed Personal Assistance Is A Program Funded By Medicaid.

To participate, a consumer must be eligible for long-term home care and non-skilled home health agency services. A Trusted Choice representative can help you get started!

716-431-5550

cdpap@trustedchoicehomecare.com

www.trustedchoicehomecare.com



HOSPICE & PALLIATIVE CARE BUFFALO



Message from the Medical Director

Debra Luczkiewicz, MD
Medical Director
Hospice & Palliative Care Buffalo

When is it time to call Hospice?

Contacting Hospice can be a difficult and often emotional step for families as well as loved ones experiencing illness. Hospice care is available to anyone with an illness that is more likely than not to lead to the end of life within about 6 months. Examples of illnesses that may apply include:

- Cancer that is no longer being treated or when treatment is not helping.
- Heart disease including congestive heart failure, coronary artery disease.
- Lung disease including COPD, emphysema, pulmonary fibrosis.
- End-stage dementia.
- Neurological conditions such as stroke, ALS.
- Any other illness or combination of medical problems causing a significant and progressive decline.

What are the signs to look for?

Someone eligible for hospice care may be:

- Experiencing more weakness.
- Needing more help to take care of themselves.
- Eating much less.
- Losing weight without intending to.

- No longer receiving or doing well with treatments such as chemotherapy for cancer.
- Frequently in the hospital or emergency room and no longer desiring testing, procedures, and treatments or to return to the hospital.

How do I inquire or enroll?

If you or a loved one is thinking it's time to reach out to Hospice, just call our main number, **(716) 686-8000**, or reach out through our website, hospicebuffalo.com. We will speak to you and your doctor to decide together if the time is right for hospice.

For those living with a serious illness, help starts *here*.

The right time to start the conversation is right now. Connect with us today.

Call (716) 686-8000 or visit HospiceBuffalo.com/Help



**HOSPICE &
PALLIATIVE CARE**
BUFFALO

IMMEDIATE MEMORY CARE OPENING



Looking for a small, secure environment for someone? Glenwell has an immediate memory care opening. With only 12 rooms in memory care, it creates a more intimate setting. Residents are provided medication management, meals, activities and assistance with their daily living tasks.

Call to schedule a tour today!

Providing the highest quality assisted living services and care to seniors. Glenwell has limited availability. Call today to learn more or to schedule a tour! We look forward to hearing from you!

- Quality living at affordable rates
- Welcoming, home-like environment
- Dedicated, caring staff
- Full range of amenities and services
- Long or short-term stays • All-inclusive rates

Stacy Jasinski, Marketing Director, sjasinski@depaul.org
Tina Hagen, Administrator, thagen@depaul.org

Glenwell, A DePaul Senior Living Community
2248 Old Union Road • Cheektowaga, NY 14227
716-608-7000 • 716-608-0151 (Fax)

CELJ: 2023 IN REVIEW



Cases Worked On ↑ 11% (7,953)			
176 Foreclosure	817 MedLaw Partnership	403 Elder Abuse	519 Consumer
553 Healthcare	1,457 Eviction	823 Kinship	22,920 People Served
229 Outreach Events			
14,967 Attendees			

**Total people served through cases & outreach:
22,920**



Announcing West Side Chops!

Announcing West Side Chops, coming soon on April 25! This brand new fundraiser will pit six local nonprofit and corporate chefs against each other in a cooking competition using ingredients commonly found at our food pantry, Provisions 139.

Guests will be invited to try a small plate from each chef, then vote on who will take home the title of People's Choice Chef. A panel of judges will also assess the chefs' offerings and crown a Judges' Choice Chef.

Tickets are on sale now at the link in the comments, where you can also get to know all the competing chefs!



The Food Bank & Meals on Wheels are now
FeedMore wny

The wait is over! Tickets are now available for Sweet Expectations to benefit FeedMore WNY!

Join us on May 8 for an unforgettable evening in the historic and beautiful The Show at Shea's Seneca! Delight in sweet & savory tastings from a variety of local vendors. All tickets include access to tastings, live music, silent auction, chef demos and an open bar!

Get tickets: <https://www.feedmorewny.org/sweet-expectations-2024/> Sweet Expectations is presented by Wegmans and James Desiderio Inc.

POSITIONS AVAILABLE!



We're Hiring Personal Care Aides
Make up to \$20/hr*

Venture Forthe
PERSONALIZED HOME CARE SERVICES

We're Hiring Personal Care Aides!

*Earn up to \$20/ hour!!! Upon hire, the base rate is \$16.20/hour. After 30 days: \$18.00/hour (Must meet Qualifications). Weekend Shifts- \$20.00/hour. Weekend Overnight Shifts- \$20.00/hour

*An employee must be employed for 30 days, and have worked a waiver shift in order to qualify for the increased rate.

Apply through the link below:
<https://www.ventureforthe.com/careers/>



We are adding **NEW** positions across our teams for

2024

Have you heard? Lawley is growing! Due to internal growth and many newly created positions, we are hiring for an insurance large lines marketer and a surety bonds manager in Buffalo, NY! Hybrid opportunities also available! <https://www.lawleyinsurance.com/career-opportunities/>

Lawley

INSURANCE | EMPLOYEE BENEFITS



INDEPENDENT NURSING CARE
Completing your circle of care

HIRING/TRAINING NOW!!! Explore exciting opportunities in healthcare with Independent Nursing Care!

Are you ready to make a positive impact on people's lives? Independent Nursing Care, Western New York's premier Home Health Care and Concierge Care Company, is ****NOW HIRING!****

At INC, we value flexibility and prioritize family-first values. Ideal for stay-at-home parents, nursing students, and those eager to begin their journey in the healthcare industry.

We're seeking individuals who embody: professionalism, reliability, kindness and compassion.

If these qualities resonate with you, take the first step toward a rewarding healthcare career. Join our team and contribute to your community!

Positions Available: Home Health Aides, Registered Nurses, Licensed Practical Nurses, Home Health Care Providers (CNAs, Nursing Students, PCAs).

Ready to start this incredible journey? Visit IndependentNursingCare.com to learn more and kickstart your application. Questions or need assistance? Message us here or call (716) 655-8776.

Your healthcare future begins here. Join the INC family and be part of something extraordinary!

Nascentia Health

WE ARE HIRING

Join our amazing team!

LPN, Clinical Coordinator

\$5,000 Sign-on Bonus
Competitive salary | Excellent benefits
Work/life balance | Generous paid time-off

APPLY NOW

VISIT OUR WEBSITE:
nascentiahealth.org/careers

Are you a **Licensed Practical Nurse** looking to take your career to the next level? **Nascentia Health** is currently seeking a passionate LPN to join us as a Clinical Coordinator. As a Clinical Coordinator with Nascentia Health, you'll have the opportunity to make a real impact on patient care while working alongside a dedicated team of healthcare professionals. Your organizational skills and clinical expertise will be invaluable in ensuring our patients receive the highest quality of care. Interested? Submit an application online at nascentiahealth.org/careers today!

Send us your job posting or employment opportunities!

Join Our Team... **People Inc.**

Buffalo, NY

Personal Outcome Measure Interviewer

- Part-Time Position
- Professional Growth
- Work/Life Balance

\$17.00 | hr

Join Our Team & Apply Today!

Job Title: Personal Outcome Measure Interviewer (POM). Location: Buffalo, NY. Hourly Pay Range: \$17.00

Join Our Team... **People Inc.**

Buffalo, NY

\$75,000 - \$80,000

Home Health Registered Nurse

- Professional growth opportunities
- Work/Life balance
- Individualized care

Become a Vital Part of Our Team Today!

Job Title: **Home Health Registered Nurse**

Location: Buffalo, NY. Competitive Salary Range:

\$75,000 - \$80,000

Why Join Us?

At People Home Health, an affiliate of People Inc., we're not just a team, we're a family dedicated to delivering unparalleled care to those with short-term health needs. As a Home Health Registered Nurse, you'll play a pivotal role in providing holistic, personalized & top-tier patient centered care. Join us in ensuring every person receives the precise care they need, where they need it & when they need it.



POSITIONS AVAILABLE!



<https://www.elderjusticenry.org/job-and-volunteer-openings>



We Invite You to Join Our Team.

Send your cover letter & resume to :
Chandler Jones, HR Manager
cjones@elderjusticenry.org

Positions Available :


- **Social Services Navigator**
Salary range \$40-60k
- **Staff Attorney - Elder Abuse**
Salary range \$65-85k
- **Staff Attorney - Housing**
Salary range \$65-85k
- **Paralegal - Housing/Cattaraugus County**
Salary range \$45-55k

*Salary ranges as of April 1. Salary is based on experience and alignment with steps in union scale.

Center for Elder Law & Justice
Full descriptions on our website: <https://www.elderjusticenry.org/job-and-volunteer-openings>



<https://www.elderjusticenry.org/job-and-volunteer-openings>



We Invite You to Join Our Team.

Send your cover letter & resume to :
Chandler Jones, HR Manager
cjones@elderjusticenry.org

Positions Available :

- **Staff Accountant**
Salary range \$48-55k
- **Staff Attorney - Elder Abuse**
Salary range \$65-85k
- **Staff Attorney - Housing**
Salary range \$65-85k
- **Paralegal - Housing/Cattaraugus County**
Salary range \$45-55k

*Salary ranges as of April 1. Salary is based on experience and alignment with steps in union scale.



Start chasing after your goals TODAY! And let Catholic Charities help you on your way. Our Workforce & Education Department offers an array of programs and services to help you take the next step in your schooling or into the workforce. Give us a call today or find out more at ccwny.org and complete an online referral.

Catholic Charities Workforce & Education


- GED/HSE Prep
- Job Readiness Skills Training
- Vocational Training
- Financial Empowerment
- Math & Reading Remediation

100 YEARS OF SERVICE
CATHOLIC CHARITIES
HOPE for all seasons

(716) 893-3500
ccwny.org

Get started today!

"When no one else was able to help me, Catholic Charities provided me the support that I needed."
-Jerry, former student



DO YOU HAVE A PASSION FOR WORKING WITH FAMILIES? **JOIN OUR TEAM!**

Catholic Charities is hiring **Multisystemic Therapists** in Erie and Niagara counties. Employee benefits include:

- ✓ Competitive salary - starting at \$48,690
- ✓ 12+ paid holidays and 25 PTO days per year
- ✓ Comprehensive health, dental and vision coverage
- ✓ 403b retirement plan

APPLY NOW ccwny.org/careers



Catholic Charities is looking for dedicated, compassionate people to join our team as Multisystemic (MST) Therapists in #Erie and #Niagara counties!

As an #MST therapist, you will empower families to address problematic behaviors in youth ages 10 to 17 and make life-transforming changes.

We're Hiring!

Hospice & Palliative Care Buffalo has immediate full-time and part-time openings for caring and compassionate team members.

Current Openings:

- Registered Nurses – all shifts
- LPN & LPN Coordinator
- Application Specialist
- Health Aide and/or Certified Nurse Assistant
- Grief Counselor
- Medical Social Worker
- Nurse Resident

Competitive salary and generous benefits.

Apply online today!
HospiceBuffalo.com/Careers
To learn more, call us: (716) 989-2099





VOLUNTEER OPPORTUNITIES



VOLUNTEER OPPORTUNITIES



We have an urgent need for volunteers for our following food pantry locations:

- Kenmore Pantry: 3370 Delaware Ave., Kenmore, NY 14217, Mondays 9 a.m. to 2:30 p.m.
- Perry-St. Brigid Panty: 305 Perry St., Buffalo, NY 14204 - Wednesdays 9 a.m. to 2:30 p.m.
- Bishop Kmiec Pantry* : 920 Tiftt St., Buffalo, NY 14220 - Thursdays 9 a.m. to 2:30 p.m.
- Lovejoy Pantry* : 136 N. Ogden St., Buffalo, NY 14206 - Fridays 9 a.m. to 2:30 p.m.

*For Bishop Kmiec and Lovejoy pantries, we're looking for volunteers who can stay from 9 a.m. to 2:30 p.m. and be able to do physical work without restrictions.

Those interested in volunteering can reach out to Carolyn Stewart, Program Manager, at (716) 218-1450, ext. 2003.



IS SEEKING WISHES!

Help Bring Joy to a Senior.



- Wish recipients must be 65+ and a resident of WNY
- Annual income under \$38,000 for household of one or \$44,000 for household of two
- Permanent residents of care facilities are exempt from income qualification.
- Recipients must be unable to fulfill the wish on their own or with family assistance.

For more information:

Visit our website: seniorwishes.org
or
call 716-508-2121



Making a new friend is as simple as making a phone call! The Telephone Assurance Program (TAP) serving #Erie County is a free volunteer service providing regular telephone calls to homebound elderly and disabled persons to check on their well-being and to give people an opportunity to socialize.

These friendly calls can alleviate some concerns facing those who live alone, and can help them maintain their independence. Calls are generally 15 – 60 minutes in length and are scheduled at days and times that work best for the volunteer and matched member.

If you're interested in receiving calls as a TAP member or would like to #volunteer to make calls, please contact Catholic Charities at (716) 262-6164 or email TAP@ccwny.org. TAP is funded through a grant from the Erie County Department of Senior Services and the New York State Office for Aging.



We're looking for a few student nurses to volunteer at our Senior Health & Resource fair on Wednesday, May 15th. Supplies for the glucose tests will be provided. Just bring blood pressure cuffs and a stethoscope! If you are willing to do chair yoga, that would be a PLUS! The event is from 10am-1pm. If you know of anyone interested, please email lisa@networkinaging.org.

**Call for Student Nurses!!
Glucose tests and blood
pressure monitoring!**

ALZHEIMER'S ASSOCIATION®



Calling all retired teachers, social workers, healthcare professionals and others!

Make a difference as a **COMMUNITY EDUCATOR**

Community Educators are volunteer public speakers who provide Alzheimer's Association education programs to community audiences. These volunteers deliver presentations using prepared training materials.

Interested in learning more?

Contact Kailea at kalalka@alz.org or 716.241.0352 or apply online at bit.ly/ALZeducator



VOLUNTEERS

The Heart of Hospice

Hospice Volunteer Services

The following are examples of the various services the hospice volunteers can provide for caregivers and patients:

- Respite care for caregivers
- Friendly visitors for patients
- Sit with patients during caregiver appointments or family events
- Provide patient transportation
- Hairdresser
- Pet therapy
- Light housekeeping
- Legacy activities (Life story program, Family tree, etc.)



Apply online today!

HospiceBuffalo.com/Volunteers to learn more.

Contact us at: (716) 989-2063 or
E-mail: seckel@palliativecare.org



DID YOU KNOW?

VS

1981

73% of home buyers were married couples
11% were single women
10% were single men

TODAY

59% of home buyers are married couples
19% are single women
10% are single men



THE OLEAR TEAM

Powered by Nightingale and Conley

MICHAEL OLEAR

LIC. ASSOCIATE REAL ESTATE BROKER
C: 716.481.9959 | michael@olear.com

1244 Niagara Falls Boulevard | Tonawanda, NY 14150



Join the Hospice Helper Community

A Hospice Helper is anyone who holds a fundraiser that benefits Hospice & Palliative Care Buffalo. These fundraisers can be anything from lemonade stands to community fun runs, and the dollars raised are used to help patients and families across WNY. It's a wonderful way to involve kids, adults, schools, companies, and others in your network!

All are welcome to participate as a Hospice Helper -- our foundation team is here to help make your fun event a success. Participate any time throughout the year!

Sign up today and get your fundraiser started!

hospicebuffalo.com/HospiceHelper



225 Como Park Boulevard
Buffalo, New York 14227-1480
(716) 686-8090 | HospiceBuffalo.com



COMING UP!
Network with the Network
Thursday, May 1, 2024
4:30m-6:30pm
Brothers of Mercy – Sacred Heart Home
4526 Ransom Road • Clarence, NY 14031




ATTENTION MEMBERS!!
All Network with the Network
months have been filled!
 Now looking for co-hosts!

- All planning details up to the discretion of the host/co-host (theme, food, etc.)
- Budget, the discretion of the host/co-host

June 20 Oasis Senior Advisors • 4804 Transit Road Building #2, Depew, NY 14043 • 4:30-6:30pm
July TBD Elderwood, St. Greg's
August TBD Trusted Choice Home Care
September TBD Fallon Health Weinberg
November TBD Tennyson Court
December TBD Solstice Senior Living, East Amherst

For more info, contact one of the following:
 Lisa Boron, lisa@networkinaging.org
 Stacy Jasinski, sjasinski@depaul.org
 Stephanie Mruzcek, eastamherstdsm@solsticeseniorliving.com



Hospice MEMORIAL Walk
 Presented by *Wegmans*

5K Walk or 1 Mile Fun Walk

Sunday, May 19 at Canalside
 Join us in celebrating the lasting memories of your loved ones for the annual Hospice Memorial Walk!

- \$35 registration fee for all walkers. Fee counts toward your fundraising goal and includes a t-shirt
- Picnic lunch on Walk Day

Registration now open!
HospiceMemorialWalk.com





Community Speaker's Bureau

We are here to provide education, care, and support to those faced with serious illness. Learn about the programs we offer to help best advocate.

PRESENTATION OFFERINGS:

- Family/Caregiver Resources & Support
- Care Options for Those Faced with Serious Illness
- Spiritual Care: Finding Peace, Meaning, and Comfort
- Hospice Care versus Palliative Care
- Sharing Healthcare Wishes: A Gift for Yourself and Your Loved Ones
- Self-Care Tips
- Coping with Grief and Loss

Request a speaker for your workplace, faith community, service organization, library, senior center, school, or club.

To request a speaker, call (716) 901-0294 or visit HospiceBuffalo.com.

We provide care, support, advocacy, and education for the Western New York community.



LOOKING TO SPONSOR?

LOOKING TO SPONSOR?

Promote your business even further?

The October Cocktail Pairing Event is the perfect one!

\$250 sponsorship includes:

- 1 free ticket
- Signage at event
- Highlighted on website, social media, newsletter
- Opportunity to speak to attendees
- Opportunity to set up a sponsor table/banner



Is this rain is making us think about SPRING!

Start planning your garden now. Order your seeds & bulbs today at Niagarahospice.fpfundraising.com where 50% of your order will be donated back to Niagara Hospice! Available for purchase until May 15th.



JOIN US FOR 2024 ELDER LAW DAY



Wednesday, June 5th

8:00 am-3:00 pm

The Buffalo Niagara Marriott

1340 Millersport Hwy Amherst NY 14221



BE A VENDOR!

AS A VENDOR AT ELDER LAW DAY YOU WILL:

- ✓ Share your expertise
- ✓ Meet with over 500 older adults and caregivers
- ✓ Promote your programs and services
- ✓ Receive a complimentary lunch
- ✓ Have your logo advertised in day of program booklet



SPACE IS LIMITED RSVP no later than 4/30/24!!!!

For more information please contact:

Christy McKenzie, Assistant Coordinator of Neighborhood Services, Erie County Department of Senior Services

Erie.gov/ELD



716.858.7532

Christine.McKenzie@erie.gov



NEED A RIDE? The Going Places Transportation Program provides curb-to-curb van service for seniors.

NEED A RIDE? The Going Places Transportation Program provides curb-to-curb van service for seniors aged 60+ who are independent but unable to use conventional means of transportation.

Request transportation for non-emergency health related visits such as doctors visits, counseling and prescription pick ups, trips to dining programs or grocery stores, personal errands such as banking or HEAP outreach sites, or social and recreational activities.

One to two week advance scheduling is required. call (716)858-RIDE for more information.

COST: Contributions are voluntary. All contributions are confidential and no one will be denied service if they are unable to donate. The suggested contribution is \$8 per one-way trip, or \$16 per round-trip. Any amount you wish to give is greatly appreciated and will be used to support the transportation program.



\$1,000 SCHOLARSHIP OPPORTUNITY

The Special Events committee is pleased to announce a \$1,000 scholarship opportunity for you to share with your associates and colleagues!



One recipient will receive the award.

Applications are currently being accepted for the "Jerry Flaschner Humanitarian Award" - an award established in 2006 in honor of the late Jerry Flaschner. It is designed to recognize an individual who has demonstrated the same concern for older persons in the WNY community as exemplified by Jerry and his "no problem" attitude.

This is a great opportunity for individuals who are currently enrolled in educational programs of undergraduate or graduate level at an approved college or university.

Go to: <https://networkinaging.org/award-criteria/> to apply and view the criteria. **Applications are due by May 24th.** Winner will be awarded at our Taste of the Network event on July 23rd.

\$1,000 SCHOLARSHIP OPPORTUNITY!

Visit our website to apply and view the criteria:
<https://networkinaging.org/award-criteria/>

*Applications are due by **May 24th.**
*Winner awarded on July 23rd at Taste of the Network event.

JERRY FLASCHNER HUMANITARIAN AWARD

FOR MORE INFORMATION PLEASE CONTACT :

Lisa Boron
lisa@networkinaging.org



IS YOUR LOGO CORRECT ON OUR WEBSITE?

Is it linked to your own website?

Go to our home page and check it out!

Email lisa@networkinaging.org if you need it updated.

SUBMIT YOUR EVENTS

Let Us Help You To SPREAD THE WORD!

Did you know you can submit your own event?

- On home page www.networkinaging.org, under EVENTS, Submit Your Event! It's EASY!
- Just fill in Title, Date/Time, Description, Cost, Venue and add an image!
- It gets added to our website calendar of events on the home page. We'll also post to Facebook!



UNLV | SCHOOL OF PUBLIC HEALTH

SAGE's Center of Excellence is conducting a survey.

SAGE's Center of Excellence is conducting a survey to better understand the current experiences, needs, and resiliencies of older people in the U.S. who identify as LGBTQ+. Learn how you can participate - and help spread the word. <https://lnkd.in/eqDPrtGg>

PLATINUM MEMBERS!

Promotional Email Blast!

- Act today! Reserve your spot!
- Topic/Ad/Layout of your choosing
- Emailed to the entire membership (500+)
- Contact Lisa at lisa@networkinaging.org to schedule

Take advantage of your **NEWSLETTER BENEFITS today!**

Submissions include:

- Articles (no word limit), include images and pictures
- Business card size ad
- Quarter page ads – Platinum/Gold members
- Job postings
- Acknowledgements and Recognitions

Looking for
**ARTICLE AND
AD SUBMISSIONS**
for the
Jul-Sept 2024
edition!

Email Lisa Boron at
lisa@networkinaging.org
to reserve your spots.



Join us! **WALK
TO END
ALZHEIMER'S**
ALZHEIMER'S ASSOCIATION

SEPT. 7 - Orleans County
State Street Park, Medina

SEPT. 14 - Genesee/Wyoming
Centennial Park, Batavia

SEPT. 21 - Niagara County
Reservoir State Park, Niagara Falls

SEPT. 28 - Buffalo
Outer Harbor, Buffalo

OCT. 5 - Chautauqua County
Point Gratiot Park, Dunkirk

OCT. 5 - Southern Tier
JCC Campus, Olean

Register at alz.org/wnywalk

How did YOU view the April 8th solar eclipse?



Scan the QR code to join the poll and
get entered to win a \$25 gift card!

Please include your name for the drawing.
(No one is going to be a winner if they don't leave their name!)



RED BLAZER
MEN'S CHORUS PRESENTS



RED BLAZER VARIETIES

OUR 75TH ANNIVERSARY SPECIAL

Saturday, April 20, 2024, 2:00 pm

Sunday, April 21, 2024, 2:00 pm

SWEET HOME MIDDLE SCHOOL AUDITORIUM

4150 Maple Road, Amherst



Tickets: Adult \$20 / Student \$10

RedBlazerMensChorus.com/tickets

Phone: (716) 406-7262

56 Wellington Court, Williamsville, NY 14221

Tickets available at the door



Facebook Members Only –
Your opinions and feedback count!

- **Did you attend a Network event?** Share your thoughts so we can make every event better!
- **Did another NIA member help you recently?** Tell your referral success stories and demonstrate the power of networking!
- **Have you noticed a new trend in your industry?** Give us your best resources/websites for learning new skills and keeping up on the latest information!
- **Is there a must-see Netflix/Amazon Prime, etc. show you've binged on?** Let us know your favorites (bonus points if they cover senior or healthcare topics)!
- **What are your best travel tips/vacation spots?** We all need some down time!



Sips, Suds & Sweets

presented by



M&T Bank



WILMINGTON TRUST

April 18, 2024 • 6:00-9:00 pm

Fox Run at Orchard Park

Sips, Suds & Sweets on April 18th

ONE WEEK from today the Silent Auction goes "live." You may register to bid now (bidding starting April 14th) whether you attend Sips, Suds & Sweets or not.

Starting April 14 you can bid on these great auction items. Register for the silent auction with mobile bidding. Registration will prompt you to enter your credit card, but you will only be charged if you purchase an item.

Haven't bought your tickets to Sips, Suds & Sweets or Yeti Raffle yet? Purchase here:

<https://seniorwishes.networkforgood.com/events/66401-sips-suds-and-sweets-2024-presented-by-m-t-bank-wilmington-trust>



NEW
Register Now
for the Silent Auction

Sponsored by



Silent Auction opens Sunday April

14th @ 4:00pm

View and/or Start Bidding

on our 60 items!

Spirits for Seniors Yeti Raffle

Sponsored by



PRATT COLLARD BUCK
ADVISORY GROUP



LIFE LESSONS

LIFE LESSON – JANUARY & FEBRUARY 2024

“HEALTHY NEW YEAR”

Winner of the \$25 Amazon gift card was Wendy Greenwood from Touching Hearts at Home



Tracy Reese – Oasis Senior Advisors
Hello Charlee and I have been on A Healthy Salad kick!!! Eating better and feeling healthier!!!

Charlie Battaglia
My goal is to increase my overall strength and well-being 2024. I will strive to increase my workouts at the gym to a minimum of three, one-hour sessions per week.

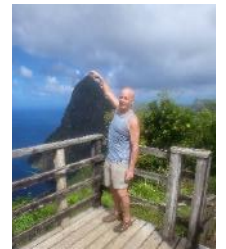


Judy Wagner – Harris Beach PLLC
Who needs a chair lift when you can hike to the top of Holiday Valley?? Combine that with healthy eating.



Paula Venne-Clendening – Walsh Duffield
I’m starting a new routine of drinking a cup of Japanese matcha tea every day. Besides boosting energy, matcha is high in antioxidants, can help lower blood pressure and LDL cholesterol.

Michael Olear – MJ Peterson Real Estate
More hiking for sure this year.



Karen Marsch – Tennyson Court

Each year, rather than making resolutions, I carefully choose a single word to serve as my guiding principle for the upcoming year. This practice allows me to channel my mental focus towards whatever situations or emotions I may encounter, be they physical or emotional. The process of selecting this guiding word involves thoughtful reflection on my goals, needs, aspirations and challenges that the new year may bring.

In a particular year, after extensive contemplation about the past and the future, I settled on the word “GRACE.” Moving forward, my intention was to extend more grace to those I interacted with, including those who posed challenges, and most importantly, to myself. I often share thoughts about grace with the families I work with, recognizing that they find themselves thrust into a daunting world. I consistently encourage them to offer grace to the family members they care for and to themselves as they navigate through challenging times.

This year, my chosen word is “JOY.” As I step into 2024, my aim is to embrace and cultivate more joy in my own life and to bring joy to others. Joy has a way of subtly weaving into our daily experiences, and when we recognize or encounter it, it’s crucial to seize and cherish those moments. Here’s to a joy-filled 2024 for all!

Wendy Greenwood – Touching Hearts at Home

This year I have challenged my staff and team to starting and ending each day with positivity.

Studies have shown that a positive mental attitude jump starts how you think about each day.

In January and going forward, we begin each staff meeting every morning, with each of us sharing one positive thing that happened the day before. We tie them to our Touching Hearts at Home CORE values. It has truly changed the momentum of our meetings.

I like to quote “in a world full of hate, be the light!”

LIFE LESSON – MARCH/APRIL 2024

“Paw-somely” Spring

Happy Spring! Spring is in the air and even our furry, feathered and scaly friends get excited too! It’s the “pawfect” time to take pictures of your pets. What do you and your pet have planned? Let’s celebrate the spring season by sharing photos of our pets! Glamorous or silly? We’ll post them all on our Facebook page you’ll be entered to win a **\$25 PetSmart GIFT CARD**. We’ll randomly pick one submission. Send your info to lisa@networkinaging.org. Winner will be announced on **APRIL 30th**. One entry per person.





Network in Aging
of Western New York, Inc.

7954 Transit Road, #254
Williamsville, NY 14221



SAVE THE DATE! TASTE OF THE NETWORK

TUESDAY, JULY 23, 2024 • 12:00-2:00PM
Cost: \$15

Amherst Center for Senior Services
370 John James Audubon Parkway, Amherst 14228

More info coming soon!

The Network in Aging of Western New York, Inc. is a non-profit, voluntary corporation, which brings together individuals and organizations involved in aging and long-term care. Our diverse membership includes educators, health and social service professionals, community leaders, government agencies and area businesses. **Our mission is "To help our members by providing opportunities for resource exchange, professional development and interdisciplinary collaboration through networking events, educational programs, strategic partnerships and promoting public awareness of the organization and its mission."**

For more information about the Network in Aging of WNY, contact Lisa Boron at 716-954-3075 or go online to www.networkinaging.org.

CALENDAR OF EVENTS

NETWORK WITH THE NETWORK • WEDNESDAY, MAY 1, 2024 • 4:30 – 6:30pm
Sacred Heart Home (Brothers of Mercy) • 4526 Ransom Road • Clarence, NY 14031

SENIOR RESOURCE FAIR • WEDNESDAY, MAY 15, 2024 • 10:00am – 1:00pm

TASTE OF THE NETWORK • TUESDAY, JULY 23, 2024 • NOON – 2:00pm